



SheVANA ASC Minutes September 2026

Meeting opened by Chris M @ 6:30 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Heather.

The 12 Concepts for NA Service were read by Danny M.

The SheVANA Purpose was read by Chris M.

First ROLL CALL		
Group Name	Representative	Status
Come Alive		INACTIVE
Experience Strength & Hope	Barbara	
Eyes To the Sky	Shirley	
Finding a New Way to Live		INACTIVE
Fire, Faith and Fellowship		
Last Connection	Mercedes	
Midday NA	Heath	
NA at Millcreek		INACTIVE
Never Alone	Amy	
New Chance	Heather	
New Freedom	Melissa	
N.O.A.N.D.A.		
Recovery and Beyond	Danny	
Renegade	Amy	
Save Uranus	Kenny	
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesdays	Taylor	

Quorum met for the first roll call with 13 groups present. 3 home groups are inactive.

Motion to approve August minutes made by Heather. Seconded by Archer.

0 – abstentions

12– yes

1 – no

REPORTS:

- **Chair: Meredith S-C** – Absent, no report
- **Vice Chair: David T.** – Absent, report read by Liz C.
Addict named David-

Sorry I could not be there tonight..

I was unable to attend the Outreach sub-committee meeting in August, but I plan to be there this month.

Thank you all for your service..

ILS,

David T.

- **Secretary: Liz C.** – Present, no report
- **RCM: Chris M.** – Present, read the following report

Hello,

I virtually attended the 240th RSC

Open positions- vice chair, vice treasurer, HNI chair, and speaker jam chair.

Motion 238-2 passed

Motion 239-1 goes back to groups I will attach to my report

Anthony from tidewater nominated himself for vice chair. I will attach qualifications also..

October 2-day starts on October 17th in Roanoke, VA with a planning session on Saturday followed by the 241st RSC on Sunday the 18th

More info available at car-N.A.org

Thank you

In service

Chris M

- **RCM Alt: - Julian L.** – Present, read the following report
I attended the regional meeting online.
Nothing additional to report.

Julian L

- **VRCC: Bailey R** – Present, oral report
- **VRCC Alt:**

- **H & I Chair: Stephen P.** – Absent, report read by Liz C.

Good evening, Family I am sorry for my absence this month and last month just a quick report. The learning day was a success and we hope to see more of the ASE body there next year as we could've really used the support from the area please make a check out to literature tonight and the amount that we owe And I still haven't been able to link up and receive the check for last month for HNI so please just hold onto the two checks and I will get with the treasurer. We are continuing to carry a clear message of recovery into the institutions. Thank you for allowing us to be of service

Stephen P.

- **Newsletter: Shirley J.** – Present, read the following report
Good evening NA family,

Thank you so much for allowing me to be a part of the newsletter team.

It has been an exciting challenge. It was incredible to look through the history of our past newsletters dating all the way back to 1984. Our research revealed just how historic that year was, capturing NA's global explosion as the World Convention went international for the first time. We got a firsthand look at the famous Basic Text debates of the era, the creation of the very first newsletter guidelines and the deeply moving personal recovery stories shared by early members.

Six of us gathered for our first meeting to collect information, as we met again the following day to put the final touches on the newsletter.

Your trusting servant,

Shirley J

- **Outreach: Danny M.** – Present, read the following report
Hi family, we did meet as scheduled however there was no meetings attended this month, we will be meeting next Monday the 21st as scheduled at 809 north loudoun at 6pm.

ILS, Danny M

- **Parliamentarian: Heather R.** – Present, read the following report

If anyone wants me to print copies of the guidelines I am willing. I went to staples and it is 10 cent per page so I didn't know what to do. In loving service.

- **Public Relations: Wendy D.** – Present, read the following report

August 27, 2026 Public Relations Report

PR held the monthly subcommittee meeting on August 27th at The Wellhouse Ministry 7-830. Our next meeting is September 28th 7-830 at Wellhouse Ministry. We had 3 in attendance.

We read from the PR Handbook for the literature study, page 81- 83, stopping at the top of the page at Training and preparing trusted servants.

PR Business handled throughout the month:

- Verified all celebrations currently known & updated on calendar.
- Uploaded ASC & H&I - minutes to website
- I used the check received for rent (check #1048), and I do need standing budget this ASC for September rent please.
- We are going to plan a Phone Line Training Day; stay tuned!! It will probably be in October or November.
- The annual Addicted to Hope rally is October 3rd @ 4 pm at 329 N. Cameron Street, Winchester and Public Relations will have an information table and welcome volunteers!!!
- If anyone has any event flyers or celebrations to add to the calendar or website, please email them to me at wj_horton@yahoo.com or publicrelations@shevana.org

I am sending my report to our secretary as I may be late, and possibly unable to attend due to some work overload.

ILS, Wendy D.

- **Special Events: Mercedes T** – Present, read the following report
Hello family!

SE met on 9/13. We had 7 in attendance, including myself.

We discussed the picnic, held on 8/22. We had a decent turnout with lots of food, as well as games and live music. Everyone seemed to have a great time. We spent a total of \$265 on expenses and collected \$238 in donations, so we pretty much broke even.

We discussed the upcoming spiritual hike to happen on 9/26. Everyone will meet at Buzzard's Rock in Front Royal at 11:00. We do have flyers to take back to your home groups.

We also discussed our upcoming dance, which will be held 10/24, from 6-11 at the Market Street Methodist Church. We have secured the church and are in the process of securing a DJ.

Current balance in the SE bank account is \$785.06, with two outstanding checks: one check of \$50 for payment to the church to secure space for the dance, and another check to Barbara S for reimbursement of picnic supplies in the amount of \$238.00. I do not have the statement to attach at this time as I have not received it. Once I do have it, I will send to Liz to include in the minutes.

The next SE meeting will take place 10/11 at 3:15. We welcome anyone who would like to attend.

In loving service,
Mercedes T

- **Literature Chair: Cat Bell** – Present, read the attached report

QUESTIONS ON REPORTS:

Can you tell me how much H&I owes you? \$129.94

Is there anyone else here from H&I? What has happened since Adams Nelson has not gotten their donation in 3 months? They are ok and patient.

NON-STANDING BUDGET REQUESTS: None

OPEN FORUM:

Taylor read the concept of the month.

Do you guys want me to continue doing this job? I have not received a letter from the secretary. I have been fulfilling the duties. I am a clean member of narcotics anonymous. Do you want me to serve? I would love for you to serve if you were going to fulfill all of your duties, including attending ASC. That you will be available to read a report and answer questions. Maybe in a less contentious way, we say this is a mis-communication and we start with a clean slate.

The VRCC has intentions of stepping down, she is unable to fulfill the commitments. When it comes to learning the things, there is a lot. There is a lot to learn. Since Paul has come on he has taught me a lot. A lot of what VRCC does is not reportable. I have enjoyed it, I just can't do it anymore.

What does concern me is removing a servant for non-fulfillment of duties by a group that did not fulfill their duties.

Any elected servant may be removed, absences could result in the loss of the position. I want to be part of a team. I want to serve.

No one on this committee did anything, we followed policy by practice. A letter was sent, whether it was received or not. If we take a position, we should try to fulfill it to the best of our abilities. We are a team.

You can redress and you can appeal

When we start asking for proof from our trusted servants, I think we have a bigger problem.

Moment of silence for why we do this.

Can we just call for a vote?

It sounds like you will not be able to be here sometimes. Is it against policy to just send a report? Yes.

We don't have anyone to ask questions if you are not here.

I was hoping we could deal with this informally. It sounds like it was confusing. Can we just move on from here.

Are you planning on being here every month? No.

Respectfully, I do not need to fulfill this position. Yes, we would love you to if you are able to fulfill the requirements of this position.

Public relations will be passing out meeting lists for those who need to make corrections to homegroup information.

I appreciate your support with the newsletter. We will preface any "advice" with a notation that this is just a suggestion, not a replacement for a sponsor or anything like that. We want to make that clear!

*****10 MINUTE BREAK*****

Chris M called the meeting back to order at 7:30 with a moment of silence and the Serenity Prayer.

Second ROLL CALL		
Group Name	Representative	Status
Come Alive		INACTIVE
Experience Strength & Hope	Barabara	

Eyes To the Sky	Shirley	
Finding a New Way to Live		INACTIVE
Fire, Faith and Fellowship	Chef John	
Last Connection	Mercedes	
Midday NA	Heath	
NA at Millcreek		INACTIVE
Never Alone		
New Chance	Heather	
New Freedom	Melissa	
N.O.A.N.D.A.		
Recovery and Beyond	Danny	
Renegade	Amy	
Save Uranus		
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesday	Taylor	

Quorum met for the second roll call with 12 groups present
Liz C read the announcements.

- **ANNOUNCEMENTS**

- Camp Jam – 9/18 – 9/20 Hosted by Gateway to Freedom Area at Camp Minco, Mineral County, WV – info at CAR-NA.org
- Danny M – 16 years – 9/17 – New Chance
- Duane F – 11 years – 9/19 – Experience, Strength and Hope
- T.C. – 22 years – 9/19 – Experience, Strength and Hope
- Ginny A – 3 years – 9/21 – New Freedom
- Bekah B – 3 years – 9/28 – New Freedom
- Jade O – 3 years – 9/30 – Warrior Women Wednesday
- Chris S – 1 year- 10/19 – New Freedom
- Brian M – 3 years – 9/15 – Recovery and Beyond
- Danny C – 26 years – 9/22 – Recovery and Beyond
- Cat Bell – 5 years – 11/5 – New Chance
- Murphy P – 2 years – 10/29 – New Chance
- Bailey R – 7 years – 10/6 – Solution Seekers
- JR – 8 years – 10/3 - Fire, Faith and Fellowship
- Dereck – 1 year – 10/26 – Eyes To the Sky

- **PLANNED SUBCOMMITTEE MEETINGS:**

- PR Subcommittee meeting is 9/28 at 7-830pm – - Wellhouse Ministry – 5488 Main Street, Stephens City

- Special Events subcommittee meetings – 2nd Sunday of the month at 3:15 at Edgehill
- H&I Subcommittee – 1st Monday of every month at the Adams Nelson building – 303 Loudoun, Winchester, VA
- Literature subcommittee – Every Saturday after area – 1:30 pm at Edgehill
- Outreach Subcommittee – 9/21 at 6 pm – 809 N. Loudoun St.

Request to change the order of business for the treasurer to read her report.
12 – yes

TREASURERS REPORT Michelle M – Present and read the following report:

Hi Family,

Beginning Balance:\$2100

Auto Debits

Paper statement fee \$2.00

Storage Solutions \$108

Zoom \$24.99

Checks written

1052 Canvas Church \$50

1053 Adams Nelson \$25

1054 Wellhouse \$20

Total Debits \$ 229.99

Donations: \$236.61

Ending Balance: \$ 2106.62

Over Prudent \$ 6.62

My apologies I did not have time to print the electronic payment cards. I will complete this task for the next ASC.

ILS,

Michelle M

Questions:

When you do the pay pal, when I got to the end of it, does it prompt you to pay extra to cover the service charge? Yes. Pay Pal has that function, do you want to cover the fee? If you check yes, you will cover the fee. Square does not have that function.

How has the electronic payment helped? We got \$48 from homegroups that are not here. Come back in three months and I can give you a better answer.

Archer made a motion to restore the order of business. Chef John seconded.

- **OLD BUSINESS:**

1. Area Nominations/Elections:
08-01-26

Motion Maker: Barbara
Seconded by: Danny M

Motion: That the area add \$100 to their budget so that if a homegroup is struggling to pay rent and have no other options that they can come to area to request up to three months of group rent (not to exceed \$100).

Intent: Our area is here for support to groups and this is a way they can show this.

(if passed – request parliamentarian to determine where it would fit.)

0 – Abstentions

11 – yes

1 – No

Motion passes

2. Area Motions:

3. Regional Motions:

238-2: Under 6a Regional Delegate Duties

To send notice to all RCM no less than 6 months minimum via at regional meetings, letter, email that the April 2 day will be held in their quadrant

1- Abstention

1- No

6- Yes

Motion passes

239-1 is going back to home groups due to abstentions

- **NEW BUSINESS**

- **REGIONAL MOTIONS:**

- Motion 239-1: by policy**
seconded by Mark

To add to Section VIII, Additional Guidelines #11 - "Except on conference year" (i.e., car, cat strategic planning)

Intent: To allow delegate team to engage with areas of planning GSR Assembly.

Pro: gives discretion

This was to include RCMs 6 months in advance so they can be included in the planning

Original wording:

9. All Regional events to be held at handicap accessible facilities. (133rd)

10. To require all fliers for events funded by the region to include the full name of the region. (133rd)

11. For any Regional Event/Workshop being held in all four quadrants of the Region (i.e. CAR, CAT, strategic planning) that the RCMs of the particular quadrant be included in the decisions making as to which area will host the event. If more than one area is interested in hosting the event and has a location that meets the required criteria for meeting space, i.e. Wi-Fi, etc, that a ballot be performed at the Regional Service Conference. (200th)

12. Motion 230-1 All in person regional meetings(RSC, GSR Assembly, Ad Hoc, or other meetings) will

○ **REGIONAL NOMINATIONS:**

Anthony A from Tidewater for Vice Chair

Cons: Does not meet the criteria for experience with voted service positions.

He responded that while he does not currently meet the requirement of holding a position as reflected on the resume, he has been an active part of service. He will redo the resume to provide an accurate reflection of his service experience because some service history was left off.

Has only been: GSR, RCM jumping to vice chair

Pros:

- Good character

- Acknowledges and has service experience

Anthony A. - Candidate Statement

Anthony A

Suffolk, VA

757-589-3153

aduanhabea@gmail.com

I have over 11 years of continuous clean time since 11/24/2014. My NA home group is Enjoying the Journey in Virginia Beach, VA, which I attend weekly.

I have a sponsor, have worked all 12 Steps of Narcotics Anonymous

twice, and am currently working the 12 Traditions with my sponsor. I am familiar with the 12 Concepts of NA Service and am a sponsor for men in NA.

I live my life according to the spiritual principles of Narcotics Anonymous and am passionate about giving back to the program that has saved my life. I strongly believe in fulfilling our primary purpose of carrying the message to the addict who still suffers and furthering the growth and unity of the Narcotics Anonymous Fellowship.

Throughout my service experience, I have completed my commitments without being asked to leave a trusted servant position before my term was completed. I have maintained a strong record of accountability and responsible handling of NA funds. I have developed strong relationships with NA members across multiple areas and regularly attend NA meetings throughout a wide geographical range.

Trusted Servant Experience

July 2025 - June 2026

Regional Committee Member (RCM)

Tidewater Area to the Central Atlantic Region

January 2025 - June 2025

Group Service Representative (GSR)

Enjoying the Journey Group Service Representative to Beach Area of NA

July 2023 - June 2024

Secretary

Hospitals and Institutions Subcommittee

Tidewater Area Service of NA

July 2022 - June 2024

Member

Hospitals and Institutions Subcommittee

Tidewater Area Service of NA

2022

Group Service Representative (GSR)

Sunday Meeting

2022

Helped start the "Love Is Love" meeting, taught trusted servants, and served as GSR.

Additional NA Service Experience

2016 - 2023

- Traveled across the country for work.

- Assisted various home groups and area service committees whenever possible while traveling.
- Remained active in fellowship support, meeting participation, and NA service involvement across multiple regions.
- Maintained relationships with NA members and service bodies outside of my home area, gaining experience with different approaches to carrying the NA message and conducting service.

Summer 2019 and Summer 2020

- Helped start and carry the NA message in Northern Wisconsin by holding meetings and carrying the message into hospitals and Native American reservations.

OXFORD HOUSE EXPERIENCE

2014

Moved into Lake Smith Oxford House.

2015

Transferred to Salem House.

Late 2015

Opened Oxford House New Horizons and moved into the house.

2015 - 2017

Served as Oxford House State Chair for Virginia.

2017 - Present

Started the Oxford House Virginia Alumni organization and remain actively involved.

Held every house and chapter-level position multiple times, gaining experience in leadership, group decision making, accountability, and conflict resolution.

Opened two Oxford Houses:

- New Horizons
- Gosport

Assisted men in finding safe, clean living environments that supported their continued recovery.

Continue to be called upon to help defuse delicate situations and resolve conflicts in high-stress environments.

OTHER NON-NA EXPERIENCE

Developed extensive experience working with individuals and groups during difficult or emotionally charged situations while maintaining a focus on communication, accountability, and practical solutions.

Continue to assist men in finding safe, clean living situations in order to further their recovery and involvement in the Fellowship of Narcotics Anonymous. I remain available to help in difficult situations where experience, communication, patience, and the ability to remain calm under pressure are needed.

My experience in NA service, Oxford House, sponsorship, and recovery has taught me the importance of humility, accountability, communication, and putting principles before personalities. I am committed to continuing to serve the Fellowship to the best of my ability.

Volunteered at soup kitchens, supervised overnight shelter efforts at churches when individuals experiencing homelessness needed a safe and warm place to stay, and helped provide essential supplies such as toiletry kits and basic clothing.

Does he meet the regional vice-chair qualifications? No. He does not have regional experience.

○ **NOMINTATIONS:**

○ **AREA MOTIONS:**

VRCC Alt – Paul, can you be here every other month? I can
The guidelines state you should be here every month. If you can be here every other month, I can Pro Tem you in to the position. Paul can commit to being here at least every other month.

Bailey, are you now stepping down due to Paul's Pro Tem nomination? Yes.

Since the name is changing, should the name of the position be changed? Yes, more information will be sent out once it is all confirmed!

- **NEXT ASC MEETING:** Next Area Service Meeting will be held on Monday, October 12, 2026 at 6:30 pm. at Canvas Community Church, 2333 Roosevelt Blvd. Winchester VA 22601

MOTION TO CLOSE – Made by Danny C. Seconded by Danny M.