



SheVANA ASC Minutes August 2026

Meeting opened by David T @ 6:30 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Taylor.

The 12 Concepts for NA Service were read by Steve

The SheVANA Purpose was read by David.

First ROLL CALL		
Group Name	Representative	Status
Come Alive		INACTIVE
Experience Strength & Hope	Barbara	
Eyes To the Sky	Shirley	
Finding a New Way to Live		INACTIVE
Fire, Faith and Fellowship	Chef John	
Last Connection	Mercedes	
Midday NA	Heath	
NA at Millcreek		INACTIVE
Never Alone		
New Chance	Danny	
New Freedom		
N.O.A.N.D.A.	Steve	
Recovery and Beyond		INACTIVE
Renegade	Amy	
Save Uranus		
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesdays	Taylor	

Quorum met for the first roll call with 11 groups present. 4 home groups are inactive.

Motion to approve July minutes made by Danny. Seconded by Steve .

0 – abstentions

11– yes

0 – no

REPORTS:

- **Chair: Meredith S-C** – Absent, the following report was read by David.
Good Evening ASC,

I am grateful that David will serve as our Chair this evening. I am out of town for a work obligation. Thank you to our amazing Outreach Committee for visiting recent group consciences. Our area is in a much better financial position than it was just a few months ago. Everyone's passion, dedication, and commitment to this area and Narcotics Anonymous are seen and appreciated.

See you soon!
In Loving Service,
Meredith S-C

- **Vice Chair: David T.** – Present, read the following report
Addict named David-

I was able to attend Outreach Sub-Committee meeting in July. I met with Outreach Chair and one other member to attend one group conscience at Experience Strength and Hope meeting, in an effort to provide info and seek feedback regarding recent financial issues in our area.

I appreciate groups/members being receptive to what we are trying to accomplish through the Outreach Sub-committee and all groups support in helping to further carry the message and keep the Shevana Area moving forward.

Much love to you all-

ILS,
David Traub
(540) 514-5077
dtcustombuilds@gmail.com

- **Secretary: Liz C.** – Present, no report
- **RCM: Chris M.** – Present, read the following report

Nothing to report
The next RSC is august 15th at 11:00am
At the crozet library
2020 library ave.
Crozet VA, 22932
Or on zoom
I will be attending one way or another

Thank you
in service
Chris M

- **RCM Alt: - Julian L.** – Present, read the following report

Hello,

Planning on attending next Regional meeting on Sunday August 16th.

Nothing else to report.

- **VRCC: Bailey R** – Absent, no report
- **VRCC Alt: Paul C** – Absent, no report – position vacated
- **H & I Chair: Stephen P.** – Absent, report read by Liz C.

Good evening Family as I'm sure everyone is aware the learning day has been postponed until either the 12th or 26th. Hopefully I'll have confirmation of that this week and will update the area as soon as I know. We had our H&I handbook study, and the monthly subcommittee meeting last week. We will need the \$25.00 for rent and that's it! Hope all is well!

In loving service,
Stephen P.

- **Newsletter: OPEN**
- **Outreach: Danny M.** – Present, read the following report

Hi family, outreach met on 7-20-26 as scheduled, we had 3 members present. We are continuing to discuss how to get to as many meetings as possible, we planned on going to 3 meetings however one had there group conscious earlier than we thought and one has there's the week after area so we will be going to that one then and we did get to experience strength and hope , we continue to get great feedback and support. Our next meeting will be Monday August 17 at 6 at 809 north loudoun.

ILS, Danny M

- **Parliamentarian: Heather R.** – Absent, Liz C. following report

Good evening family. Guidelines are current for August 2026 and PR has them.
Thank you.
Loving service Heather

- **Public Relations: Wendy D.** – Present, read the following report

July 27, 2026 Public Relations Report

PR held the monthly subcommittee meeting on July 27th at The Wellhouse Ministry 7-830. Our next meeting is August 27th 7-830 at Wellhouse Ministry. We had 2 in attendance.

We read from the PR Handbook for the literature study, page 73-79, starting at Training & Preparing Trusted Servants and ending at the end of the chapter.

PR Business handled throughout the month:

- Verified all celebrations currently known & updated on calendar.
- Uploaded ASC & H&I - minutes to website
- I used the check from June for rent (check #1043), and I do need standing budget this ASC for August rent please.
- We did some updates on the phone line – PR would like a show of hands for general interest in us having another Phone Line training day
- Revised current Guidelines on website

I am sending my report to our secretary as I may be late, and possibly unable to attend due to some work overload.

ILS, Wendy D.

- **Special Events: Mercedes T** – Present, read the following report

Hello family!

At our meeting on 6/14 we voted on change to meeting time: Consensus to change subcommittee meeting time to the second Sunday of the month at 3:15 pm to better accommodate subcommittee members. Due to the change of date of the subcommittee meeting, SE has had 2 subcommittee meetings since area service last met: June 14 and July 12.

We discussed the game night we had on June 6. The game night was semi successful. Unfortunately, there wasn't a large turn out, but the few people that did come appreciated it and enjoyed themselves. There were no donations collected and the planned raffle didn't happen due to the lack of attendance and donations. All foods and drinks were donated by members, so our only loss as a committee is the cost of rent for the facility.

We discussed the picnic to be held on Saturday August 22 at Jim Barnett park. This event will be potluck but hot dogs, hamburgers, condiments, soda and water will be provided.

We also discussed ideas for other possible upcoming events, including a hike in September and dance in October.

We discussed having Thanksgiving and Christmas marathon meetings. More info to be provided after Norman secures location.

At the time of receiving the statement, the balance was \$859.75. We discussed donating \$200 to the area and consensus was mixed. There were concerns that we are currently under our present reserve and concerns about being able to cover our upcoming events, most importantly the picnic. A motion to vote was not made, and we decided to re-visit this idea after the picnic.

The next subcommittee meeting will meet Sunday August 9 at 3:15.

In loving service,
Mercedes T

- **Literature Chair: Cat Bell** – Present, read the attached report

QUESTIONS ON REPORTS: None

NON-STANDING BUDGET REQUESTS: None

OPEN FORUM:

Concept of the month read by David.

General show of interest if PR did another phone line training day.

One thing that has been discussed in Outreach is doing a learning day. I think it is a great idea and is needed. I am not able to be the chairperson of that. I know there is an H&I learning day coming up and the PR phone line training. Would anyone be interested in heading up a learning day for Outreach? It has constantly come in Outreach and it has been awhile since this area has had a service learning day.

The women's meeting on Wednesday attracts a lot newcomers. We are not getting a lot of turn out from women with continuous clean time. If you are able to come out and support the women's meeting, please do!

I just wanted to say something about H&I, I was really looking forward to the learning day! If I can be of any help, please let me know!

What options does a group have if the group is struggling. Maybe we can put something in the guidelines about helping out struggling groups. Perhaps something along the lines of the area giving them the equivalent of 3 months rent. How receptive is the area to this? I love that idea. I think a motion would need to be made and taken back to groups and then we would need to adjust the area budget accordingly. Our groups are paying into the area, so they should be able to come to the area to ask for help.

I have been in groups where the topic of a learning day has come up. Several group consciences that I have been in have talked about the financial situations of the area and the groups themselves. There is a lack of fund flow. There is literature out there to help new meetings. Sometimes people just don't know what to do when a meeting is started. If we did this learning day we might be able to bring attention to the fact there are resources to help.

Right now our prudent reserve sits at \$2100, perhaps we should think about lowering it again. We kicked it up for the travel for the RCM and VRCC. I do not think that need still exists.

The region has fixed their financial constraints. VRCC works the whole time they are there. There will be no convention for 2027. We will not have a convention until 2028. That would just be a motion to change it, right?

Please consider that for months we were not able to pay our bills. Keeping a higher prudent reserve would help prevent that.

Qualifications for Newsletter Chair was not in the minutes.

*******10 MINUTE BREAK*******

David T called the meeting back to order at 7:31 with a moment of silence and the Serenity Prayer.

Second ROLL CALL		
Group Name	Representative	Status
Come Alive		INACTIVE
Experience Strength & Hope	Barbara	
Eyes To the Sky	Shirley	
Finding a New Way to Live		INACTIVE
Fire, Faith and Fellowship	Chef John	
Last Connection	Mercedes	
Midday NA	Heath	
NA at Millcreek		INACTIVE
Never Alone		
New Chance	Danny	
New Freedom		
N.O.A.N.D.A.	Steve	
Recovery and Beyond		INACTIVE
Renegade	Amy	
Save Uranus		
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesday	Taylor	

Quorum met for the second roll call with 11 groups present
Liz C read the announcements.

• **ANNOUNCEMENTS**

- Camp Jam – 9/18 – 9/20 Hosted by Gateway to Freedom Area at Camp Minco, Mineral County, WV – info at CAR-NA.org
- Chris M – 12 years – 8/12 – Last Connection
- Jamel – 1 year – 8/15 – Fire, Faith and Fellowship
- Jess – 2 years – 8/22 – Fire, Faith and Fellowship
- Christina H – 14 years – 8/22 - Fire, Faith and Fellowship
- Jess K – 2 years – 8/22 – Fire, Faith and Fellowship
- SHEVANA Picnic – 8/ 22 - Jim Barnett Park – Rotary Pavillion – 12pm – 5 pm
- Danny M – 16 years – 9/17 – New Chance
- John W – 3 years – 8/17 – New Freedom
- Duane F – 11 years – 9/19 – Experience, Strength and Hope
- T.C. – 22 years – 9/19 – Experience, Strength and Hope
- Bobbi D – 1 year – 8/18 – Eyes to the Sky

- Ginny A – 3 years – 9/21 – New Freedom

- **PLANNED SUBCOMMITTEE MEETINGS:**

- PR Subcommittee meeting is, , 7-830pm – - Wellhouse Ministry – 5488 Main Street, Stephens City
- Special Events subcommittee meetings – 2nd Sunday of the month at 3:15 at Edgehill –
- H&I Subcommittee – 1st Monday of every month at the Adams Nelson building – 303 Loudoun, Winchester, VA
- Literature subcommittee – Every Saturday after area – 1:30 pm at Edgehill
- Outreach Subcommittee – 8/17 at 6 pm – 809 N. Loudoun St.

- **OLD BUSINESS:**

1. **Area Nominations/Elections:**

Newsletter chair – Shirley

Shirley is voted in as newsletter chair

***I neglected to include her qualifications in last month's minutes...although she has already been elected, I am including them now!

Hello Narcotics Anonymous Family,

My name is Shirley J. and I am an addict. I began attending various home groups in our area on March 14, 2024. Curious about the inner workings of our organization, I started attending area service meetings and taking on different positions within my home group.

Driven by a desire to deepen my knowledge of Narcotics Anonymous and a commitment to my recovery and helping others, I am currently involved in several committees. My roles include participating in Special Events, H&I, Outreach, and Public Relations. I also serve as the GSR and the keyholder for my home group.

It brings me great joy to be a trusted servant of Narcotics Anonymous for our area. I would be honored to carry our message and will do my very best to fulfill the requirements of any service position I am called to perform.

Best regards,

Shirley J.

2. Area Motions:

3. Regional Motions:

Motion 238-2

Motion maker: Mary – New Dominion

Second: Marla G – Gateway 2 Freedom

Motion: Under 6a Regional Delegate Duties

I propose we add a line for a timeline/deadline change from December to a 6-month minimum to notify all RCMs via @ regional as well as a letter or email that that year's April 2-day event will be held in their quadrant. This would mean October at the latest.

Intent: To ensure the RCMs have enough time to be able to let Region/RD team know if their area would like it held in their area.

4 – Abstentions

5 - Yes

1- No

Motion does not pass

Motion 239-1: by policy

seconded by Mark

To add to Section VIII, Additional Guidelines #11 - "Except on conference year" (i.e., car, cat strategic planning)

Intent: To allow delegate team to engage with areas of planning GSR Assembly.

Pro: gives discretion

- 6 - Abstentions

Abstention due to lack of information

- **NEW BUSINESS**

- **REGIONAL MOTIONS: None**

- **NOMINTATIONS:**

VRCC ALT is open – please bring that back to your groups

- **AREA MOTIONS:**

08-01-26

Motion Maker: Barbara

Seconded by: Danny M

Motion: That the area add \$100 to their budget so that if a homegroup is struggling to pay rent and have no other options that they can come to area to request up to three months of group rent (not to exceed \$100).

Intent: Our area is here for support to groups and this is a way they can show this.

(if passed – request parliamentarian to determine where it would fit.)

Is there a timeline on how long you can request? Is there a cutoff point? I think it needs to be the point of desperation. I really thought, one time. It could be seasonality. I think the motion is pretty clear. It says once, for up to 3 months of rent not to exceed \$100. Also, Outreach is here to help struggling meetings. The ask is for area to add to budget for a group to come and ask for help. This is just adding money to the budget for this purpose.

Pros:

Allows the group to stay open

Supports the primary purpose

Cons:

Budget is big already and we sometimes struggle to keep up

- **TREASURERS REPORT Michelle M – Present, read the following report**

Hi Family,

Beginning Balance:\$1923.10

Auto Debits
Paper statement fee \$2.00
Storage Solutions \$108
Zoom \$24.99
Checks written
1051 CARNA \$353.11
1050 Canvas Church \$50
1049 Adams Bejson \$25
1048 Well house ministries
Total Debits \$ 229.99
Donations: \$ 760.00
Ending Balance: \$ 1923.10
Over Prudent \$ 353.11

Unfortunately, was incorrect and there is no Zelle for business accounts . I have created a square account and a pay pal account and have QR codes for both. I have tested both payment systems and they are working . I will attach them to my report to be included in the minutes and will bring some copies next ASC.
ILS,
Michelle M

Questions:

What is our current prudent reserve? \$2100. How much are we over? \$353.11.
We will donate to CARNA \$353.11.

- **NEXT ASC MEETING:** Next Area Service Meeting will be held on Monday, September 14, 2026 at 6:30 pm. at Canvas Community Church, 2333 Roosevelt Blvd. Winchester VA 22601

MOTION TO CLOSE – Made by Danny. Seconded by Shirley. Closed at 8:03 pm

