



SheVANA ASC Minutes June 2026

Meeting opened by Meredith S-C @ 6:30 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by David.

The 12 Concepts for NA Service were read by Heather.

The SheVANA Purpose was read by Archer.

First ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery		Inactive
Come Alive		Inactive
Experience Strength & Hope		
Eyes To the Sky	Amanda	
Finding a New Way to Live		Inactive
Fire, Faith and Fellowship	Chef John	
Last Connection	Mercedes	
Midday NA		
NA at Millcreek		Inactive
Never Alone	Amy	
New Chance	Heather	
New Freedom	Lee	
N.O.A.N.D.A.	Steve	
Recovery and Beyond		
Renegade		Inactive
Save Uranus		
Solution Seekers	Archer	
Welcome Home in Recovery		
Women Warriors Wednesdays		

Quorum met for the first roll call with 8 groups present. 3 home groups are inactive.

Motion to approve April and May minutes made by Heather , seconded by Chef John

1 – abstentions

6 – yes

0 – no

REPORTS:

- **Chair: Meredith S-C** – Present, read the following report
Good Morning Family,

Hope everyone is having a peaceful Monday morning.

SHEVANA Area Service meets tonight at Canvas Community Church, 2333 Roosevelt Boulevard, Winchester, VA. We will start promptly at 6:30 pm.

GSR's and GSR Alternates: Please make sure to attend this evening. Last month we were unable to conduct business because we did not meet quorum.

Hope to see everyone tonight!

In Loving Service,
Meredith S-C

- **Vice Chair: David T.** – Present, no report
- **Secretary: Liz C.** – Present, no report
- **RCM: Chris M.** – Present, no report
- **RCM Alt: - Julian L.** – Absent, no report
- **VRCC: Bailey R** – Present, no report
- **VRCC Alt: Paul C** – Absent, Bailey read the following report

Report for 6/8/2026 SHEVANA ASC from VRCC Alternate-Director:

"What's VRCC?"

The VRCC is the corporation created to support our regional convention. Our Region is the Central Atlantic Region of NA.

The VRCC most recently met 5/17 with 13 persons attending, 7 of whom were Area Directors.

Each of the 17 Areas of our Region may have a Director on the board of the Corporation.

We are seeking active participation from all 17 Areas of our Region!

Actions taken at May mtg:

-New Corporate Treasurer elected! Fred H., New Dominion Area.

-Accepted bid-to-host from Beach Area!

Our 43rd Regional Convention will be hosted by the Beach Area, in VA Beach in January of 2028! (19 months from now)

-Created 2 ad-hoc committees, PR, & IT.

-Voted to change the name of the Corporation from Virginia Regional Convention Corporation (VRCC), to:

Central Atlantic Regional Convention Corporation. (CARCC).

[Some Explanation:

The Central Atlantic Region includes Areas/Groups in Maryland, West Virginia, and North Carolina, not just Virginia.]

Corporation has no outstanding debts,

~\$35,000 in the bank and all taxes are up to date.

Corporation has an attorney in place, and are seeking an accountant.

Corporation also seeking a Member to serve in position of Secretary!

Next Meeting:

July 19th, 2026

11:00a: Policy Meeting

12:00p: Open Forum

1:00p: Business Meeting

UVA Hospital

1215 Lee St, Charlottesville, VA 22903

All welcome and encourage to attend!

Please feel free to contact me with questions/concerns or better yet, to get-involved with OUR Regional Convention!

Ancora Imparo,

-Paul

- **H & I Chair: Stephen P.** – Absent, Meredith read the following report

Good evening Family,

I am sorry for my absence. Everything is well with H&I. We are putting together a learning day and we have flyers for you next month. The H&I subcommittee has taken it upon themselves to fund this learning day since the area is tight on

funds, but we are still requesting our \$25 check for Adams Nelson rent. I will get with Michelle to get that check. The learning day is slated for August 15 at Market Steet United Methodist Church. We've extended our invitation to PR but PR has not been able to connect with H&I so we are moving forward with the learning day on our own. Thank you for allowing me to be of service. Please do not forget to pay literature for our order last month.

Sincerely Yours,
Stephen P.

- **Newsletter: OPEN**
- **Outreach: Danny M.** – Present and read the following report

Outreach met as scheduled on 5-18 we had 4 members in attendance, we discussed our past business as well as what the area asked us to discuss which was going to some home groups and discussing NA's money flow and matters of shevana money issues at this time, our next subcommittee will be on Monday June 15th at 6pm at 809 north loudoun.

ILS, Danny M

- **Parliamentarian: Heather R.** – Present, no report
- **Public Relations: Wendy D.** – Present, report as follows

May 2026 Public Relations Report

PR was unable to meet for May due to personal life issues. I apologize to the body. Our next subcommittee meeting will be June 22nd at The Wellhouse Ministry 7-830.

PR Business handled throughout the month:

- Verified all celebrations currently known & updated on calendar. Reminder, we post 6 weeks or less for celebrations.
- Uploaded ASC & H&I - minutes to website
- **Discussed H&I learning day potentially 6/13 @ Handley Library (or decided venue) from 11-4**
- **Discussed presentations to present with H&I**
- I have the check from May for rent, I will not need standing budget for June.

- Please note that there is already an address change; Come Alive is meeting at 502 S Royal Street, Front Royal VA . please keep an eye on the website because this address is not permanent .
- **PR is working on printer pricing, concerns associated with our area purchasing a printer and conversing with other areas who already print their own meeting lists. We ask for another month to complete our research, as we are awaiting neighboring area feedback.**

I am sending my report to our secretary in case I am late arriving at ASC, but will definitely be there!!! Thank you for letting me serve!!

ILS Wendy

- **Special Events: Mercedes T** – Present and read the following report
Hello family!
Special events subcommittee met on May 17. We discussed preparation for the upcoming game night, which was held on June 6 from 5:00-9:00 pm at Winchester Bible church. We discussed making the event potluck and the possibility of having a raffle.

The annual NA picnic was also discussed. The picnic will be held on 8/22 at Jim Barnett park and the site has been confirmed.

We had Elections:

- A.Vice Chair: Jason E.
- B.Secretary: Norman C.
- C.Treasurer: Elections postponed until June
- D.Events: Barbara S.

Voted on change to meeting time: Consensus to change subcommittee meeting time to the first Sunday of the month at 3:15 pm

3 checks have been written:

\$20 to Edgehill's for meeting space rent, \$25.00 to Winchester Bible church for game night, and \$50 to Market St church for the speaker jam held leaving the balance at \$861.28

In loving service,

Mercedes T

- **Literature Chair: Cat Bell** – Present and read the attached report, also added the following information.

I would like to add this information based on questions raised at ASC. I hope this helps....

I checked the Freestate website, and if I order (1) basic text, the cost is exactly the same as WSC

$15.65 + 6.00 \text{ S\&H} = 21.65$

By placing literature orders over \$500, we can save on S&H as well as receiving a discount. Since we are only selling an average of \$200-\$300/month at area, we cannot take advantage of this discount every month. I do try to order every other month as much as possible but this is difficult when I run out of literature in stock.

To order literature from the WSC. This is their policy

Shipping and Handling (S&H) Fee Schedule

(These are automatically added based on the total dollar amount of your order)

$\$.01 - \$25.00 = \$6.00 \text{ S\&H}$

$\$25.01 - \$50.00 = \$9.00 \text{ S\&H}$

$\$50.01 - \$150.00 = 17\% \text{ S\&H}$

$\$150.01 - \$500.00 = 12\% \text{ S\&H}$

$\$500.01 - \text{and up} = 8\% \text{ S\&H}$

We specifically state "Best Way" for shipping method, as we use multiple carriers and strive to find the most efficient way to get the order to our customer.

Expedited Shipping is available. If you require expedited shipping, please enter a note in the comments section of your order and we will contact you. If there are any adjustments necessary due to a request for special shipping and handling or other reasons, we will contact you prior to placing an additional charge on your credit card.

Single Purchase Discounts:

(These are automatically applied based on the total dollar amount of your order)

$\$.01 - \$499.00 = 0\%$

$\$500.00 - \$2,499.00 = 6.5\%$

$\$2,500.00 - \$4,999.00 = 8\%$

Cat
>^;^<

QUESTIONS ON REPORTS:

Could our RCM tell us where the next regional meeting will be? 6/20 at 11 am at Louisa Library more info CAR-NA.org

What does it mean when H&I said that they took on the funding themselves for the learning day? The members took on the financial responsibility.

NON-STANDING BUDGET REQUESTS: None**OPEN FORUM:**

Concept of the month read by David.

Read by a member

I appreciate each and every one of you, for your service to NA and to yourselves.

My reason I'm asking for your and your group's attention is our area's fund flow and it's issues. I'm not here to place fault or point fingers but to submit NA information coming from our NA literature regarding our personal and group's responsibility for help keeping our fellowship solvent and to improve our primary purpose.

Having access to our minutes, this has been an issue that seems to stay stagnant, or it gets to a point where it becomes almost unmanageable.

Taking a broad look, starting with Covid, everything seems to have taken an unpredictable turn with the platform of Zoom. In a lot of ways very useful but it has affected not only our meeting attendance but our 7th Tradition fund flow. It gave us an option to zoom in when we didn't or couldn't physically go but it caused a great dent in our 7th Tradition donations. It has gotten better with the online donation apps but seemly hurt us when it comes to our responsibility to give back financially. I think this example has caused part of our situation.

The following comes from our literature:

11th Concept: Our group, service boards and committees must make prudent use of the money we (the groups and individuals) give them, refusing to spend money frivolously or self-indulgently.....In (groups) setting priorities, we may be tempted to look only at our own needs, tightly holding on to funds, spending money only on our own projects, and neglecting our role in providing needed funds to all levels of service. That kind of thinking is contrary to the Eleventh Concept.

7th Tradition It Works How and Why: Tradition seven speaks of the group as being self-supporting, not of one or two well-off group members paying all the groups expenses or doing all the work.....The 7th Tradition encourages the NA group as a whole to support itself, avoiding financial dependence on one member or another. We each do our own part towards the group's self support obligations without making the group overly dependent on individual contributions.

IP #24 Money Matters Self Support in NA: The stability of our resources is only part of the story. Taking care of what we have is also an important part of self support in NA. Our resources are limited, so they must also be used wisely. If we want our service system to be successful, we must provide it with time and money needed to accomplish the work. As well as the time and energy to make the work possible. The funds we pass along to the service system do not belong to any particular committee. They belong to NA. Our Concepts remind us "when all levels of our services structure receive direct financial support from our groups, the bonds of mutual responsibilities are strengthened between them"

I ask my area to take a look at where we have caused fault and how we can improve. What my home group does with our 7th Tradition money is important to me. We all have a say but one thing I deeply believe is 7th Tradition bucket money does not belong to me, does not belong to my group. It's collected for one reason: To carry the message-that same message that has saved our lives, one day at a time. We all know that message.....PS: a dollar isn't what it used to be!

Here are some proposals I ask my area and its groups to consider. We can't forever kick this can down the road.

1: If our groups are sitting on more than 2 months of rent and supply money. Pass it on. It does not help to stockpile money because the more we get, the harder it is to pass on. It becomes mine.

2: If subcommittee has a prudent reserve that never falls below half of that reserve, amend the guidelines and pass it on. It doesn't belong to the subcommittee.

3: That we ask our groups what ideas they might have. I ask that either our vice chair and friends or/and our Outreach subcommittee to attend as many if not all our areas group consciences as possible to further a solution. We can....,I can't.

4: We talk about it more-in groups, our service committees and individually.

I love you and appreciate your time.

Straight Ahead

I was trying to figure out why basic texts were so expensive? I looked it up and world says it is cheaper than what we are charging. We order to from NAWs. We pay shipping on every single order. We are currently adding 10% for shipping and it is not enough. I try to place bigger orders to save money, but it is hard when we do not sell that much per month.

Outreach did go to a homegroup and discussed the 7th tradition. We are going to go to other homegroups, as well to have discussions.

I thought prudent reserve was 3 months for homegroups. I think the money flow should go to region.

Money does get sent to region when we are over prudent reserve.

Does the area have a need to discuss this? Yes.

Maybe there are other suggestions that we can come up with to get money back to the area.

In order to get things to change, it might be that some guidelines need to change.

Is there a way to donate with something other than cash?

There are 6 groups that have been carrying the area. I don't know what needs to happen to get other groups to donate. There is a way to do it electronically. I can create a QR code that will link straight to the area bank account.

We need to have learning days yearly. Every time we get a new GSR, they are like a deer in the headlights. They need to be trained.

Many people are saying groups are autonomous, but they forgot the second part, except for matters affecting NA as a whole

There seems to be a disconnect between what is put in the minutes and what is being brought back to the groups. We may need to get back to the exact nature of how we got to such a low balance.

Motion to hear treasure's report out of order made by Heather, seconded by Wendy. GSRs voted yes. Treasurer report will be heard after the break.

*******10 MINUTE BREAK*******

Meredith S-C called the meeting back to order at 7:29 with a moment of silence

and the Serenity Prayer.

Second ROLL CALL		
Group Name	Representative	Status
Come Alive		Inactive
Experience Strength & Hope		
Eyes To the Sky	Amanda	
Finding a New Way to Live		
Fire, Faith and Fellowship	Chef John	
Last Connection	Mercedes	
Midday NA	Heath	
NA at Millcreek		INACTIVE
Never Alone	Amy	
New Chance		
New Freedom		
N.O.A.N.D.A.	Steve	
Recovery and Beyond		
Renegade	Kevin	
Save Uranus		
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesday		

Quorum met for the second roll call with 9 groups present
Liz C. read the announcements.

• ANNOUNCEMENTS

- New Meeting – Come Alive – The Landing at 501 S. Royal Street, Front Royal, VA 22630. Thursday 7-8 pm, rotating format, open meeting – please keep an eye on the website as this address is not permanent
- New Meeting – Starts 3/8 – every Wednesday – 6:30 pm – 7:30 pm – St. Stephens Church, Main Street, Romney, WV
- Archer C – 9 years – 6/9 - Solution Seekers
- Game Night – 501 S. Cameron St. – 6/6 – time TBD
- Never Alone – 530-630 on Mondays, Strausburg 165 High Street , step meeting, open meeting, first meeting 4/27
- Mercedes T – 21 Years – 6/17 – Last Connection
- Camp Jam – 9/18 – 9/20 Hosted by Gateway to Freedom Area at Camp Minco, Mineral County, WV – info at CAR-NA.org
- BRANA Camp Out Event – 7/17-7/19, Mt. Salon, VA – info at Branacampout.org
- 35th Annual Spring Fling Picnic – 6/13 12pm-5pm at Berkley County War Memorial Park, Martinsburg, WV – info at AlmostHeavenAreana.org
- Hughie M. – 56 years – 6/13 – Fire, Faith and Fellowship
- Taylor B – 6 years – 6/22 – New Freedom

- Frank Y – 27 years – 6/16 – Eyes to the Sky
- Roscoe M – 3 years – 6/23 – Eyes to the Sky
- Nathan D – 1 year – 7/7 – Eyes to the Sky
- Karla S -1 year – 7/25 – Fire, Faith and Fellowship
- Michelle M – 14 years – 7/14 – Solution Seekers
- Angie P – 5 years – 6/24 – Last Connections
- Kevin I – 10 years – 7/17 – Renegade
- Amber – 3 eayrs – 7/2 – New Chance
- Service Conference – 6/20 – 11 am - ? – Louisa Library
- Amanda S – 3 years - 7/21 – Eyes to the Sky
- Key tag Round up – 7/10 – Renegade

• **PLANNED SUBCOMMITTEE MEETINGS:**

- PR Subcommittee meeting is, 7-830pm – 6/22 - Wellhouse Ministry – 5488 Main Street, Stephens City
- Special Events subcommittee meetings – 1st Sunday of the month at 3:15 at Edgehill –
- H&I Subcommittee – 1st Monday of every month at the Adams Nelson building – 303 Loudoun, Winchester, VA
- Literature subcommittee – Every Saturday after area – 1:30 pm at Edgehill
- Outreach Subcommittee – Monday, 6/15 at 6 pm – 809 N. Loudoun St.

• **OLD BUSINESS:**

1. Area Nominations/Elections:

2. Area Motions:

04-01-26

Motion Maker: Heather R

Seconded by: Wendy D.4

Article 4, Section 2, Item 4

Re: Open Forum

From: Not to exceed twenty (20) minutes. This open forum shall include but not be limited to a discussion about the Twelve Concepts and one per ASCCC.

To: Not to exceed twenty (20) minutes. Purpose of open forum is to discuss the Twelve Concepts correlated with the month, bring topics for discussion, i.e. informal observations or concerns on how to better serve.

Intent: Bring clarity to this section of the guidelines for the body and the newcomer.

0- Abstentions

8 - Yes

1- No

3. Regional Motions: None

- **NEW BUSINESS**

- **REGIONAL MOTIONS: NONE**

- **NOMINTATIONS: NONE**

- **AREA MOTIONS:**

06-01-26

Motion Maker: Heather

Seconded by: Chef John

Motion: To create a virtual option for area donations to electronically donate money with a QR code for Shevana area.

Intent: To be inclusive. Many people do not carry cash and people do not have time to stop and get cash.

Is it going to be universal? I think it should be universal?

I think zelle has a qr code and you do not need a zelle account to use it.

Can we put the zelle on a QR code.

I just wanted to see if we can do the research before we bring this back to groups. Maybe the trusted servant can figure out the best option.

This is up to the group, correct? Yes

Cash can still be donated, correct? Yes.

How will we have accountability?

If this area has QR can anyone donate at any time? Yes. It is for everyone and anyone at any time.

It will go straight to our bank.

Will it make your work as a treasurer even harder? I don't think so, but if no one puts notes then we will not know which group it comes from. Each transaction will be separate.

Pro:

It makes it all inclusive

Open the opportunity for groups to donate even if they cannot make it to area

Con:

You cannot use cash app or venmo to pay to zelle – it has to be debit or credit card

It needs more research

- **TREASURERS REPORT Michelle M** – Present, read the following report

Hi Family,

Beginning balance \$ 302.00

Auto Debits

Paper statement fee \$2.00

Storage Solutions \$108

Zoom \$24.99

Checks written

1039 Canvas Church \$50

1040 Adams Nelson \$25

1041 PR Standing \$20

1042 void

1043 H&I literature \$70.30

Total Debits \$ 298.29

Donations: \$ 600

Ending Balance: \$ 603.71

Under Prudent \$ 755.69

ILS,

Michelle M

Questions:

How much under prudent are we? \$755.69

I thought it climbed to \$2000 after the motion passed to the 2 -days.

We pay how much for zoom? \$24.99. It comes out of H&I budget.

How many groups donated? 6

January minutes, motion to increase prudent reserve by \$500. It passed. Prudent reserve is \$1500. We will verify.

When we had the bank account fraud, you showed me an itemized statement. It happened in July/August.

When can we get the QR code to donate to area.

We did increase our prudent reserve, with that

Michelle will research this and bring this back to the body.

January prudent was raised from \$1600 to \$2100
Under \$1355.69

- **NEXT ASC MEETING:** Next Area Service Meeting will be held on Monday, July 13, 2026 at 6:30 pm. at Canvas Community Church, 2333 Roosevelt Blvd. Winchester VA 22601

MOTION TO CLOSE – Made by Steve. Seconded by Chef John Meeting adjourned at 8:16 .

