



### SheVANA ASC Minutes May 2026

Meeting opened by Meredith S-C @ 6:30 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Rich.

The 12 Concepts for NA Service were read by Bailey.

The SheVANA Purpose was read by David.

First ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery		Inactive
Come Alive		
Experience Strength & Hope	Sam	
Eyes To the Sky		
Finding a New Way to Live		
Fire, Faith and Fellowship	Chef John	
Last Connection	Chris	
Midday NA		
NA at Millcreek		Inactive
Never Alone		
New Chance		
New Freedom		
N.O.A.N.D.A.	Rich	
Recovery and Beyond		
Renegade		Inactive
Save Uranus		
Solution Seekers	Bailey	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesdays		

**Quorum not met for the first roll call with 6 groups present. 3 home groups are inactive.**

Motion to approve minutes made by, seconded by

- abstentions
- yes
- no

#### REPORTS:

- **Chair: Meredith S-C** – Present, oral report
- **Vice Chair: David T.** – Present, read the following report

Addict named David,

I apologize for my absence last month.

Big thanks to Chris for covering for me covering for Michelle..  
Don't have much to report this month, other than I was able to attend the Shevana Speaker Jam for a short while last month. Thank you to all involved in making it happen, seemed like a really great turnout.  
I did complete the Docusign documents I received from our Chair.

ILS,  
David T-

- **Secretary: Liz C.** – Present, no report
- **RCM: Chris M.** – Present, read the following report

Hello,  
I attended part of the GSR assembly on 4/18/26  
We went over the CAR/CAT survey for the time I was there CAR- all CAR questions were approved all CAT motions were approved. I attended RSC #238 on 4/19/26 there were 7 areas present open positions are vice chair, HNI, speaker jam, and PR chair.  
Richard V from south side was acclimated to vice Treasurer this is the first time that position has been filled since its creation.  
Kim C was acclimated to policy chair  
An adhoc was created for Virginia institute on addiction studies.  
An adhoc was also created to do a planning session for the October 2day.  
There are two motions I am attaching to my report 238-1 238-2

- **RCM Alt: - Julian L.** – Present, read the following report

Hello,

First I wanted to apologize for my last two absences, and thank everyone for their patience.

First time I forgot, second time I got confused. Neither should happen again.

I do want to let the area know that I will be out of town next month, but will return in July.

I attended the regional meeting in person on Sunday April 19th. I introduced myself and was added to the email list, and I'm looking forward to going back in June.

Nothing else to add.

- **VRCC: Bailey R** – Present, read the following report

Hi Everyone,

I don't have anything new to report. I will be attending the VRCC meeting on Sunday hopefully in person.

In loving service,  
Bailey R

- **VRCC Alt: Paul C** – Present, oral report
- **H & I Chair: Stephen P.** - Present, read the following report
- **Newsletter: OPEN**
- **Outreach: Danny M.** – Present and read the following report

Hi family, outreach met on 4-20-26 with four members present, we read the guidelines and discussed them. We also discussed which meeting to go to first and it was decided that we would go to the newest meeting on Monday which was their first I believe, I was not able to make it but the subcommittee did represent with 3 other members present just to show support and offer any help needed. Our next meeting will be next Monday the 18th at 6:30pm at 809 north Loudoun.

In service, Danny M

- **Parliamentarian: Heather R.** – Absent, no report
- **Public Relations: Wendy D.** – Present and read the following report

### **April 2026 Public Relations Report**

PR met April 27<sup>th</sup> at Wellhouse Ministry. We had 6 in attendance, happily welcoming multiple new members!!! Our next subcommittee meeting will be May 25<sup>th</sup> at The Wellhouse Ministry 7-830.

We read from the PR Handbook for the literature study, page 69-71 starting at Putting your plan into action and ending at Chapter 8, health care.

PR Business handled throughout the month:

- Verified all celebrations currently known & updated on calendar. Reminder, we post 6 weeks or less for celebrations.

- Uploaded multiple other areas events onto Events page (thank you Heather!)
- Uploaded ASC & H&I - minutes to website
- Discussed H&I learning day potentially 6/13 @ Handley Library (or decided venue) from 11-4
- Discussed possible presentations to present with H&I
- Next PR Subcommittee meeting is May 25<sup>th</sup> from 7-830pm
- I used check # 1031 for rent, I will need standing budget for May.
- Our new meeting lists & cards are here! Please see me for distribution.
- Please note that there is already an address change; Come Alive is meeting at 502 S Royal Street, Front Royal VA . please keep an eye on the website because this address is not permanent .
- PR is working on printer pricing, concerns associated with our area purchasing a printer and conversing with other areas who already print their own meeting lists. We ask for another month to complete our research, as we are awaiting neighboring area feedback.

I am sending my report to our secretary in case I am late arriving at ASC, but will definitely be there!!! Thank you for letting me serve!!

ILS, Wendy D.

- **Special Events: Mercedes T** – Absent, report was read by Liz  
Hello family!

Sorry to miss tonight but I am attending my daughter's senior awards ceremony.

Special events met on April 19. I was unable to attend as I was out of town, and Norman C chaired the meeting in my absence.

Per the minutes special events discussed preparation for speaker jam on April 25, which turned out to be a huge success. The speakers were great and we consistently had between 60-70 people present throughout the day.

The committee also discussed the upcoming game night, which will be held on June 6 from 5:00-9:00 at Winchester Bible Church, 501 S. Loudoun Street, Winchester. This event will be potluck and the possibility of having a raffle is being considered.

The annual NA picnic was also discussed. The picnic will be held on 8/22 at Jim Barnett park and the site has been confirmed.

Changing the special events meeting day was mentioned as some members are not able to attend on Sunday. This will be discussed further at the upcoming subcommittee mtg on May 17.

Linda A, treasurer, was absent from the subcommittee meeting and a treasurer report was not provided, but we have not had any changes since last month, so balance should still be \$891.27.

We are in need of volunteers! If you are interested and would like to be of service, please show up to the subcommittee meeting on May 17, 2026, at 3:15 pm in the meeting room at Edgehill.

In loving service,  
Mercedes T

- **Literature Chair: Cat Bell** – Present and read the attached report

#### **QUESTIONS ON REPORTS:**

**NON-STANDING BUDGET REQUESTS: None**

#### **OPEN FORUM:**

Concept of the month read by Bailey.

What are our monthly bills? \$227.99 for just the area are. However, H&I has a request for literature, we cannot pay this, if there is any PR we cannot pay that, no non-standing budget requests can be paid. Why is the literature not getting paid? Actively, right now, we can, but next month we cannot pay our bills. I am afraid if we write a check for H&I literature that we cannot pay our bills.

So, what can H&I do to get literature? Can we get a front?

I have not seen this since I have been a part of the area, my thoughts are that we are in uncharted territory and we need to make some hard decisions about what we are going to do financially. Maybe we will need to freeze our assets. We need to try to get donations from our homegroups. The treasurer suggested that we not donate to CARNA, but the body voted to send the \$1000 plus to CARNA. Please remember this when a trusted servant makes a suggestion.

H&I – are you out of literature or can we revisit this next month?

Maybe we need to change policy on that.

Literature has enough money to cover H&I this month.

Would it be against anything to do a fundraiser for area?

I feel like Déjà vu from a couple years ago and we needed to make sure the groups were donating. I think it was sent back to groups to push to get donations for area. We have never been in a financial situations this dire.

Would outreach be willing to attend meetings to encourage ASC attendance and 7<sup>th</sup> tradition donations?

PR wants to apologize to H&I. I was supposed to come to your meeting this month and totally forgot.

So, the are, we have money, we have literature and special events money. Is there any way we can transfer money from one account to the next? Technically, ASC is the umbrella.

As of right now, we cannot conduct any business.

Treasurer will make sure nothing bounces.

Thanks to the treasurer and everyone. A few things, like, this is the perfect storm of not meeting quorum, the groups that typically donate big are not here. Take this back to your homegroups with the financial stress we are going through. Every group is autonomous and can decide how to spend their money. Because of inflation everywhere, less money is coming into this building. Groups have done fundraisers. In doing fundraisers you are networking, and creating a way to support your group and then the area.

I think we spend about \$1300 on the storage unit. It is my understanding that special events uses the storage unit. Has anyone accessed the storage unit recently? Perhaps we can look at a different solution for storage.

In re to the storage unit, is this is the only place that has kept the rent the same for the duration of the contract. We have tried storing it at someone's house. The storage unit is a necessity. I implore anyone to find a more affordable storage unit.

Where is it at? Battille Dr in Winchester.

Liz C. read the announcements.

- **ANNOUNCEMENTS**

- New Meeting – Come Alive – The Landing at 501 S. Royal Street, Front Royal, VA 22630. Thursday 7-8 pm, rotating format, open meeting – please keep an eye on the website as this address is not permanent
- New Meeting – Starts 3/8 – every Wednesday – 6:30 pm – 7:30 pm – St. Stephens Church, Main Street, Romney, WV
- Archer C – 9 years – 6/9 - Solution Seekers
- Game Night – 501 S. Cameron St. – 6/6 – time TBD
- Never Alone – 530-630 on Mondays, Strausburg 165 High Street , step meeting, open meeting, first meeting 4/27
- David T – 21 Years – 6/7 – NOANDA
- Mercedes T – 21 Years – 6/17 – Last Connection
- Camp Jam – 9/18 – 9/20 Hosted by Gateway to Freedom Area at Camp Minco, Mineral County, WV – info at CAR-NA.org
- BRANA Camp Out Event – 7/17-7/19, Mt. Salon, VA – info at Branacampout.org
- 35th Annual Spring Fling Picnic – 6/13 12pm-5pm at Berkley County War Memorial Park, Martinsburg, WV – info at AlmostHeavenAreana.org
- Memorial Day Cookout – 5/25 – 12pm – 6 pm at Izaak Walton League, 8721 Snouffer School Rd., Gaithersburg, MD info at CPRNA.org
- Building the Fire Camp Out – hosted by New Dominion Area at

Christopher Run Campground, Mineral, VA, 6/5 – 6/8 info at CAR-NA.org

- Shane S – 1 year – 5/16 – Fire, Faith and Fellowship
- Richard – 24 years – 6/6 – Fire, Faith and Fellowship
- Hughie M. – 56 years – 6/13 – Fire, Faith and Fellowship
- Bre F – 3 years – 5/27 – Warrior Women Wednesday
- Julia B – 3 years – 6/8 – New Freedom
- Taylor B – 6 years – 6/22 – New Freedom
- The Friday Night Group, Brothers in Recovery, is no longer meeting.

- **PLANNED SUBCOMMITTEE MEETINGS:**

- PR Subcommittee meeting is, 7-830pm – Wellhouse Ministry – 5488 Main Street, Stephens City
- Special Events subcommittee meetings – 5/17 at 3:15 at Edgehill –
- H&I Subcommittee – 1<sup>st</sup> Monday of every month at the Adams Nelson building – 303 Loudoun, Winchester, VA
- Literature subcommittee – Every Saturday after area – 1:30 pm at Edgehill
- Outreach Subcommittee – 5/18 at 6:30pm at 809 north Loudoun

- **OLD BUSINESS:**

1. **Area Nominations/Elections:**

2. **Area Motions:**

3. **Regional Motions: None**

- **NEW BUSINESS**

- **REGIONAL MOTIONS: NONE**

- **NOMINTATIONS: NONE**

- **AREA MOTIONS:**

- **TREASURERS REPORT Michelle M – Present, read the following report**

Hi Family,  
Beginning balance \$ 405.02  
Auto Debits  
Paper statement fee \$2.00  
Storage Solutions \$108

Zoom \$24.99  
Checks written  
1036 PR Standing \$20  
1037 adams nelson \$25  
1038 Canvas Community Church \$50  
Total Debits \$ 229.99  
Donations: \$ 177 ( with personal members money)  
Ending Balance: \$ 352.00  
Under Prudent \$ 1148.97

ILS,  
Michelle M

- **NEXT ASC MEETING:** Next Area Service Meeting will be held on Monday, June, 8 2026 at 6:30 pm. at Canvas Community Church, 2333 Roosevelt Blvd. Winchester VA 22601

**MOTION TO CLOSE** – Made by. Seconded by Meeting adjourned at .



**ASC MEMBER CONTACT INFORMATION – ALPHABETICAL ORDER BY FIRST  
NAME**