



SheVANA ASC Minutes (Approved)

Meeting opened by David T. @ 6:30 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Norman.

The 12 Concepts for NA Service were read by Zachary

The SheVANA Purpose was read by Archer

First ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery		
Experience Strength & Hope	Sam	
Eyes To the Sky	Frank	
Finding a New Way to Live	Phil	
Fire, Faith and Fellowship		
Last Connection	Mercedes	
Midday NA	Norman	
NA at Millcreek		INACTIVE
New Chance	Danny M.	
New Freedom		INACTIVE
N.O.A.N.D.A.	Rich	
Recovery and Beyond	Danny	INACTIVE
Renegade		
Save Uranus	Kenny	INACTIVE
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesdays		

Quorum Met for the first roll call with 11 groups present. 4 home groups are inactive.

Motion to approve minutes made by Danny, seconded by Norman

1 – abstentions

8 – yes

0 – no

REPORTS:

- **Outgoing/Incoming Chair: Meredith S-C – Absent**
- **Outgoing/Incoming Vice Chair: David T. – Present, read the following report**

March 2026

Vice Chair Report

Addict named David-

I don't have much to report. I've enjoyed serving as Vice Chair over the last year, and appreciate all of you who serve here as well. I appreciate the nomination to serve as VC again, and look forward to another year in service with you all.
Over the last year, I have not been as active as I would like to be in area events or sub-committee's , and I hope to be much more active in our area this coming year.
Again, Thank you all for the service you do here.

ILS,
David T –

- **Outgoing/Incoming Secretary: Liz C.** – Present, no report
- **Outgoing RCM:** Heather R – Present and read the following report

Hello family, I attended the 237 RSC on February 21st, 2026 in Charlottesville. For a full reports request to be added to the email or visit car-na.org. We have 17 areas with 11 RCMs present.

There is a CAR/CAT workshop coming up March 28 in Fredericksburg.

The two gsr assembly will be in Almost Heaven Area April 18 &19.

Open positions:

Vice chair

Vice Treasure

Policy

H&I

Speaker Jam

Motion 235-2 passes

No new motions

No new nominations

There is a survey on na.org to have your voice heard for the CAR/CAT for the world service conference in May. Also if you would like to read the full world report that would be the place to do so the budget is also included.

<https://www.surveymonkey.com/r/2026CAR>

<https://www.surveymonkey.com/r/2026CAT>

There is a karaoke pajama party in Fredericksburg march 14

The is a chili cookout in Cumberland MD march 28

In loving service

Heather

Hello family it has been a pleasure being of service as RCM this last year. I have attended every RSC in person. Total donations i carried to region from Shevana is 1495.93. I loving turn this position over to Chris M.

In loving service

Heather

- **Outgoing RCM Alt:** Chris M – Present and read the following report

Hello,

I attended the 237th RSC on zoom. Vacant positions are vice chair, HNI, policy chair, speaker jam chair, vice treasurer. There were 11 areas present, quorum was met and minutes were approved.

The region is currently \$5,311.71 under prudent reserve.

The GSR assembly will be on April 18th at Otterbien UMC in Martinsburg, WV, 10 am – 4 pm.

The RSC will be on the 19th at the Holiday Inn at 301 Foxcroft Ave. Martinsburg, WV. I will be attending both in person. More information is available on CAR-NA.org

Motion 235-2 passed.

Thank you in service
Chris M.

- **Incoming RCM: Chris M.** – Present and read the previous report
- **Incoming RCM Alt: - Julian L.** – Absent
- **Outgoing/Incoming VRCC: Bailey R** – Present, read the following report
Hi everyone! I have served as the VRCC Director for the past year. I have attended all but one meeting either in person or virtually. I attended the convention this past January. I plan to attend the next meeting this Sunday. I am excited to serve my second term as the VRCC Director.

In loving service,
Bailey R.

- **Incoming VRCC Alt: Paul C** – Absent
- **Outgoing/Incoming H & I Chair: Stephen P.** - Present, read the following report

Hey family! All is well in H&I land! We are carrying the message strong! 📺 Zoom is going wonderfully and we are so excited to offer and keep this platform. We are requesting a check to Literature in the amount of \$87.77. Our next meeting will be held on April 6th @6pm for our handbook study and 7pm for the scheduled meeting.

303 S. Loudon Street. Thank you for allowing us to be of service!

Sincerely yours,
Stephen P.

- **Newsletter: OPEN**
- **Incoming Outreach: Danny M.** – Present and gave an oral report
- **Outgoing Parliamentarian: Frank Y** – Present and read the following report
Thank you for letting me serve!

- **Incoming Parliamentarian: Heather R.** – Present and read the following report

Thank you for the election to this position. I have received the word doc file. I have also printed the newest guidelines and have a copy that I will make and keep copies for the area. I will start gathering guidelines from other areas. As per the description as ways to improve.

In loving service

Heather Rollins

- **Outgoing/Incoming Public Relations: Wendy D.** – Present and read the following report

February 2026 Public Relations Report

PR met Feb. 23 at Wellhouse Ministry. We had 3 in attendance. Our next subcommittee meeting will be March 23rd at The Wellhouse Ministry 7-830.

We read from the PR Handbook for the literature study, pages 65-top of 67

PR Business handled throughout the month:

- Verified all celebrations currently known & updated on calendar. Reminder, we post 6 weeks or less for celebrations.
- Uploaded ASC & H&I - minutes to website
- Discussed H&I learning day potentially 6/13 @ Handley Library (or decided venue) from 11-4
- Discussed possible presentations to present with H&I
- Next PR Subcommittee meeting is March. 23rd from 7-830pm
- I used the October rent check for February, so will need standing budget for March
- Our meeting lists are here! Please see me for distribution.
- I have updated guidelines; I apologize for taking so long.
- We need to discuss meeting lists order – we are out of the business cards and have just a few meeting lists left.

I am sending my report to our secretary in case I am late arriving at ASC, but will definitely be there!!! Thank you for letting me serve!!

- **Outgoing Special Events: Kevin I** - Absent

- **Outgoing/Incoming Literature Chair: Cat Bell** – Present and read the attached report

QUESTIONS ON REPORTS:

Danny did you say your subcommittee would meet the 3rd Monday of the month at 6 pm? Yes

This is for outgoing RCM, H&I and VRCC. According to the guidelines were you able to spend money from your budget? RCM, yes, VRCC, yes and H&I, yes spent standing budget.

Stephen, can you tell much H&I needed for literature? \$87.77

For the financial Ad Hoc, for the reconciliation, what is it? Check bank statements against the receipts, check 7th tradition receipts to the deposits and check bank statements to the checks written.

NON-STANDING BUDGET REQUESTS: None

OPEN FORUM:

Concept of the month read by Norman.

We are out of meeting lists and cards. I would like feedback from the body. 500 lists did not last long. The business cards flew out, we would like more. I also think the one page to put numbers would be great with a QR code. My homegroup did not care about the cards, but we do like meeting lists with the space for numbers. H&I needs more lists.

Are the homegroups running out of lists?

Do we get discounts when we order more at a time? Yes, there is a discount when more are ordered.

Would it be advantageous to print out 1500 lists and 500 cards to give to outside facilities? More lists, less cards.

Are the cards and the meeting lists the same price? I can find that.

Cards –

250 – \$45.50

500 – \$54.54

1000 – \$66.50

Lists –

500 – \$131.60

1000 – \$194.95

1500- \$248.25

We give meeting lists to newcomers with phone numbers.

We do give the business cards to people too.

The discussion needs to happen about a printer if that is the route we want to take.

If something like this were going to happen an Ad Hoc might need to be created.

What does the body want to do about ordering new lists/cards. It will eventually fall back on PR once we decide how we want to continue on this.

If there are people in the fellowship who were willing to always give out there number, can it go on the QR code? This QR goes to our website.

There is a QR on the meeting list. I like getting the meeting list.

The discussion about the printer started last month and I do not think we should discuss the printer until the person brings the information about this printer.

Can we discuss a new meeting? 23 Oak Street, Front Royal. Called Come Alive every Thursday 7-8 pm, rotating format, open meeting. I came up with come alive because we come back alive after we put down drugs. With this new meeting he gets \$40 of literature to start his new meeting.

*******10 MINUTE BREAK*******

Meredith S-C called the meeting back to order at 7:17 with a moment of silence and the Serenity Prayer.

Second ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery		
Experience Strength & Hope	Sam	
Eyes To the Sky	Frank	
Finding a New Way to Live	Phil	
Fire, Faith and Fellowship		
Last Connection	Mercedes	
Midday NA	Norman	
NA at Millcreek		INACTIVE
New Chance	Danny	
New Freedom	Lee	
N.O.A.N.D.A.	Rich	
Recovery and Beyond	Danny	INACTIVE
Renegade		
Save Uranus	Kenny	INACTIVE
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesday		

Quorum met for the second roll call with 12 groups
Liz C. read the announcements.

• ANNOUNCEMENTS

- Kim S. – 23 years – 3/12 – New Chance
- Chef John – 2 years – 3/14 – Fire, Faith and Fellowship
- Paul C. – 22 years – 3/28 – Experience, Strength and Hope
- Kathy E. – 37 years – 3/28 – Experience, Strength and Hope
- Sherri H. – 5 years - 3/21 – Experience, Strength and Hope
- Tiffany E. – 10 years – 3/8/26 – NOANDA
- Sean D – 1 year – 3/15/26 – NOANDA
- Norman C – 1 year – 4/5/26 – Midday
- Meredith S-C – 17 years – 3/17/26 – Solution Seekers
- J.F.T NA Speaker Jam – 4/25/26 – Market Street United Methodist Church, 131 S. Cameron Street, Winchester, VA 22601
- John A – 27 years – 3/24/26 – Eyes to the Sky
- Marlene C – 1 year – 3/10/26 – Eyes to the Sky
- New Meeting – Come Alive - 23 Oak Street, Front Royal, VA 22630. Thursday 7-8 pm, rotating format, open meeting
- Emmett h – 8 years – 3/22/26 – NOANDA
- Page M – 15 years – 3/29/26 – NOANDA
- Liz C – 15 years – 4/12/26 – NOANDA

- GSR Assembly – 4/18/26 – Otterbien United Methodist Church – Martinsburg, WV.
- New Meeting – Starts 3/8 – every Wednesday – 6:30 pm – 7:30 pm – St. Stephens Church, Main Street, Romney, WV
- CARNA/CAT Workshop – 3/28/26 – Trinity Episcopal Church – Fredericksburg, VA or on ZOOM – see car-na.org for details

● **PLANNED SUBCOMMITTEE MEETINGS:**

- PR Subcommittee meeting is , 7-830pm – Wellhouse Ministry – 5488 Main Street, Stephens City
- Special Events subcommittee meetings – 3/15/26 - 3:15 at Edgehill –
- H&I Subcommittee – 1st Monday of every month at the Adams Nelson building – 303 Loudoun, Winchester, VA
- Literature subcommittee – Every Saturday after area – 1:30 pm at Edgehill
- Outreach Subcommittee -

● **OLD BUSINESS:**

1. **Area Nominations/Elections:**
Mercedes elected as Special Events Chair
2. **Area Motions: None**
3. **Regional Motions: None**

● **NEW BUSINESS**

- **REGIONAL MOTIONS: NONE**

- **AREA MOTIONS:**

3-9-2026

Motion maker: Ken D.

Seconded by: Wendy D

Motion: To up the start up packet from \$40 to \$80.

Intent: To account for the rise in literature costs.

Questions: I am trying to understand. The intent is to raise the threshold due to the rising cost in literature. Has the literature gone up 50%? I cannot say that, everything went up different amounts. This budget has been made since the beginning of the area. Do we know what is in the starter kit? The \$40 was put into the guidelines in 1990. Today the value of \$40 is \$99. When we do the start up kit, the meeting starter is able to pick their own literature within that budget. A variety of literature to help the group get started, including a 7th tradition basket.

Pros:

- Accommodating for the increase in literature cost.

- Set up the homegroup to get them started to bring the message to the newcomer.

Cons: None

- **NOMINTATIONS: NONE**
- **TREASURERS REPORT Michelle M** - Present and read the following report
Beginning balance \$ 936.29
Auto Debits
Paper statement fee \$2.00
Storage Solutions \$108
Zoom \$24.99
Checks written
1020 PR Standing Budget \$20
1025 Canvas Community Church \$50
1026 Adams nelson \$25
1027 H&I Lit \$87.77
1028 RCM Reimbursement \$ 95.59
1029 Come Alive New Meeting Lit \$40
1030 H&I Literature \$ 12.44
Total Debits \$ 465.79
Donations: \$ 752.20
Ending Balance: \$ 1222.70
Under Prudent \$ 277.30

ILS,
Michelle M

Questions: What is the area's prudent reserve? \$1500. Now that Mercedes is the new Special Events chair do we need to go to the bank? No, we have Docusign.

- **NEXT ASC MEETING:** Next Area Service Meeting will be held on Monday, April 13, 2026 at 6:30 pm. at Canvas Community Church, 2333 Roosevelt Blvd. Winchester VA 22601

MOTION TO CLOSE – Made by Danny. Seconded by Danny. Meeting adjourned at 7:56 .