



SheVANA ASC Minutes (Approved)

Meeting opened by Meredith S-C. @ 6:30 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Frank Y.

The 12 Concepts for NA Service were read by Norman.

The SheVANA Purpose was read by Bailey.

First ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery	William	
Experience Strength & Hope	Sam	
Eyes To the Sky	Frank	
Finding a New Way to Live	Phil	
Fire, Faith and Fellowship	Chef John	
Last Connection	Mercedes	
Midday NA	Norman	
NA at Millcreek		INACTIVE
New Chance	Danny	
New Freedom		
N.O.A.N.D.A.	Steve	
Recovery and Beyond		INACTIVE
Renegade	Kevin	
Save Uranus		INACTIVE
Solution Seekers	Archer	
Welcome Home in Recovery		
Women Warriors Wednesdays	Tara	

Quorum Met for the first roll call with 12 groups present. 3 home groups are inactive.

Motion to approve January minutes with amendments made by Norman. Seconded by Steve.

1 – abstentions

10 – yes

0 – no

REPORTS:

- **Chair: Meredith S-C** – Present, read the following report
Good Evening ASC,

Hope everyone enjoyed the Super Bowl last night!

I checked the PO Box this morning and for the second month in a row, the Special Events bank statement was not in the box. I called the bank this afternoon to let them know that we have not received the bank statements for Special Events the last two months. The banker told me that there was some sort

of "note" on the account but did not explain to me what the note was. She said she marked on the account that the PO Box address is accurate and we should receive statements next month. I am not sure if someone from Special Events had contact with the bank but I wanted to reach out to have bank statements for the sub committee . I have two printed bank statements for Special Events that were emailed to me by the bank this afternoon and will give them to the Special Events Chair tonight. I brought the Area's bank statement and NOANDA's this evening. Also, based on elections this evening, we may need to coordinate with the bank to have appropriate signatures on our area bank accounts next month. Stay tuned for more information and I greatly appreciate your assistance with this if needed.

Next month, I will not be able to attend Area Service due to a professional obligation. Our Vice Chair, David T. will chair next month's meeting.

In Loving Service,
Meredith S-C

- **Vice Chair: David T.** – Present, no report
- **Secretary: Liz C.** – Present, no report
- **RCM: Heather R.** – Present and read the following report

I will attend The next Regional meeting on February 21 at 11am in Charlottesville at Central Library. I attended MARLCNA for CAR/CAT workshop. Also AVCNA CAR/CAT workshop.

CAR/CAT WORKSHOP
Trinity Episcopal Church
825 College Ave
Fredericksburg, VA 22401
When:
March 28, 2026
11:00 to 3:00

April 18,19 regional two day event day event will be in Almost Heaven Area in Martinsburg WV

We have Regional Motion to vote on tonight under old business

Heather Rollins

- **RCM Alt: - Chris M.** – Absent, submitted the following report
Hello Everyone,
I will not be able to attend tonight I have nothing new to report. I will be attending RSC on February 21st.

Thank you

In service
Chris M.

- **VRCC: Bailey R** – Present, read the following report
Hi Everyone,
I attended the AVCNA in January. I will have numbers and more information on the convention after the next meeting in March.

In loving service, Bailey R.

- **VRCC AIt: OPEN**
- **H & I Chair: Stephen P.** - Present, read the following report

Hello family! All is well in the H&I land. My report is as follows,
We successfully held our first Handbook study and guideline review via zoom followed by our regularly scheduled meeting. We are in motion with the Learning day, more will be revealed in the upcoming months. We have not literature order at this time. We are growing and the members are coming even from neighboring Areas, so exciting. Thank you for allowing us to be of Service. Our next scheduled meeting will be held March 2, at 7pm, 303 S Loudon Street.

Sincerely yours,
Stephen P.

- **Newsletter: OPEN**
- **Outreach: OPEN**
- **Parliamentarian: Frank Y** – Present, no report
- **Public Relations: Wendy D.** – Absent, Liz read the following report
Hello ASC. Unfortunately, due to the cold weather and frozen pipes, I will not be able to attend area tonight.

PR did not meet in January due to the snow. We will next meet February 23 @ Wellhouse Ministries.

All calendar updates have been made.

Meeting lists are in, I am very sorry I'm not there to distribute. Our treasurer called and paid via debit card.

ILS
Wendy D

- **Special Events: Kevin I** – Present, oral report

- **Literature Chair: Cat Bell** – Present and read the attached report
- **Financial Reconciliation Ad Hoc**

To: SheVANA ASC

From: Norman C. a/nd Frank Y., Reconciliation Ad Hoc

Re: February 2026 Report

Dear ASC,

We have finished the reconciliations for the Literature and Special Events Subcommittees. There were no problems found.

Unfortunately, due to weather, we had to reschedule the reconciliation of the Area's account until tomorrow at 5..

Thank you for allowing us to serve.

ILS,

Norman C. and Frank Y.

QUESTIONS ON REPORTS:

Just for clarity, is the Special Events chair withdrawing his nomination? Yes.

Are the meeting lists that just got ordered corrected? Yes

NON-STANDING BUDGET REQUESTS: None

OPEN FORUM:

Concept of the month read by Norman.

Two quick things, it is a 1st time in a long time that the GSR assembly is held in driving distance, it is in Martinsburg. April 18th, 11 am, 549 N. Queen Street.

Also, we will be voting on World Service motions and I encourage homegroups to get those motions and go over them with your groups.

The Superbowl party was a huge success. There was more than enough food, we left the place spotless. We did squares instead of 50/50. All winners donated the money back to the Special Events committee.

H&I – Zoom is very successful for us, anyone can join at anytime. Almost Heaven joined last month. Thank you for supporting us with that!

When I go back to RCM on 21st and I am still RCM. March is when the positions switch.

This is for GSRs, the idea is that either PR or the area purchases a printer, ink subscription to print our own documents, eg flyers and meeting lists. The costs are not too expensive. I will put together a financial proposal for this.

Please be sure there is a plan for storage, etc.

Have you witnessed this in other areas? Yes. Bring all the information because there will definitely be questions.

Have a unity event on the border between other areas. To get other areas to mix and fellowship. It will be positive and toward our 5th tradition.

The meeting list discussion was in the minutes under New Business.

Meeting list was printed last less than 6 months ago. They were not printed wrong, the homegroups just switched meeting space.

Linda was nominated for RDA 2

*******10 MINUTE BREAK*******

Meredith S-C called the meeting back to order at 7:17 with a moment of silence and the Serenity Prayer.

Second ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery	William	
Experience Strength & Hope	Sam	
Eyes To the Sky	Frank	
Finding a New Way to Live	Phil	
Fire, Faith and Fellowship	Chef John	
Last Connection	Mercedes	
Midday NA	Norman	
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New Chance	Danny	
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Recovery and Beyond		INACTIVE
Renegade	Kevin	
Save Uranus		INACTIVE
Solution Seekers	Archer	
Welcome Home in Recovery		
Women Warriors Wednesday	Tara	

Quorum met for the second roll call with 12 groups
Liz C. read the announcements.

• **ANNOUNCEMENTS**

- Heather R. – 4 years – 3/5 – New Chance
- Kim S. – 23 years – 3/12 – New Chance
- Linda A. – 34 years – 2/26 – New Chance
- Bill M. – 40 years – 2/26 – New Chance
- Luke T. – 4 years – 2/26 – New Chance
- Lisa G. – 1 year – 2/15 – NOANDA
- Chef John – 2 years – 3/14 – Fire, Faith and Fellowship
- Sammy W. – 11 years – 2/16 – New Freedom
- Paul C. – 22 years – 3/28 – Experience, Strength and Hope
- Kathy E. – 37 years – 3/28 – Experience, Strength and Hope
- CARNA RSC – 2/21 – 11am – 5pm – hybrid – zoom and in-person in Charlottesville, VA info@CAR-NA.org
- Stephen P. – 14 years - 3/7 – Experience, Strength and Hope

- Sherri H. – 3/21 – Experience, Strength and Hope
- Christy B. – 6 years – 3/1 – NOANDA
- Tiffany E. – 10 years – 3/8/26 – NOANDA
- Sean D – 1 year – 3/15/26 – NOANDA
- Victoria M – 2 years – 2/14/26 – Fire, Faith and Fellowship
- Norman C – 1 year – 4/5/26 – Midday
- Meredith S-C – 17 years – 3/17/26 – Solution Seekers
- Josh R – 2 years – 2/21/26 – Experience, Strength and Hope
- Shaunna L – 1 year – 2/21/26 – Experience, Strength and Hope

- **PLANNED SUBCOMMITTEE MEETINGS:**

- PR Subcommittee meeting is 2/23 , 7-830pm – Wellhouse Ministry – 5488 Main Street, Stephens City
- Special Events subcommittee meetings – 3:15 at Edgehill – Third Sunday of the month,
- H&I Subcommittee – 1st Monday of every month at the Adams Nelson building – 303 Loudoun, Winchester, VA
- Literature subcommittee – Every Saturday after area – 1:30 pm at Edgehill

- **OLD BUSINESS:**

1. **Area Nominations/Elections:**

Chair: Meredith S-C
 Vice Chair: David T
 Secretary: Liz C
 Treasurer: Michelle M
 RCM: Chris M
 RCM Alt: Julian L
 VRCC: Bailey R.
 VRCC Alt: Paul C
 H & I Chair: Stephen P.
 Newsletter: VACANT
 Outreach: Danny M
 Parliamentarian: Heather R
 Public Relations: Wendy D
 Special Events: VACANT
 Literature Chair: Cat Bell

2. **Area Motions: None**

3. **Regional Motions:**

Motion # - 235-2

Date: 10/22/25

Motion maker: Finance Ad hoc

Seconded: Linda C.

Motion to change section 4A Treasurer Duties

8. After expenses are paid and the prudent reserve is met all remaining contributions will be forwarded to Naws.

To:

8. After paying current expenses and earmarking anticipated budgeted expenses due before the next 3 RSC meetings, any funds above prudent reserve and these costs will be sent to NAWs through the Dec 2026 RSC.

Intent: To observe true obligations approaching CARNA during this WSC year and to aid in making sure these budgeted events don't drain our account as a result of us not properly preparing financially for these upcoming events i.e. WSC2026, April GSR assembly.

Amendment: After paying current expenses and earmarking anticipated budgeted expenses within the period of the next 3 RSC meetings, any funds above prudent reserve and these costs will be sent to NAWs through the Dec 2026 RSC.

Amendment mover: Peter from Brana

Amendment seconded by: Mary from New Dominion

1 - Abstentions

8 - Yes

2 - No

Motion Passes

Linda C for RDA 2

2 - Abstentions

8 - Yes

0 - No

Motion passes

- **NEW BUSINESS:**
 - **REGIONAL MOTIONS: None**

 - **AREA NOMINATIONS:**
 - Special events chair -Mercedes nominated by Norman. Mercedes accepts.
 - Newsletter chair still open.

 - **AREA MOTIONS: NONE**

Discussion: Can we pro temp Mercedes into special events? No, there is a vice chair and pro temp requires a nomination to go back to groups.

- **TREASURERS REPORT Michelle M** - Present and read the following report

Beginning balance \$ 1500.00
Auto Debits
 Paper statement fee \$2.00
 Storage Solutions \$108
 Zoom \$24.99
Debit card purchase commercial press \$131.50
Checks written
 1021 Adams Nelson \$25
 1022 Canvas Community Church \$50
 1023 Bailey R (VRCC Reimbursement) \$500
 1024 H&I Literature \$17-22
Total Debits \$ 858.71
Donations: \$ 295
Ending Balance: \$ 936.29
Under Prudent \$ 563.71

Questions:

- **NEXT ASC MEETING:** Next Area Service Meeting will be held on Monday, March 9, 2026 at 6:30 pm. at Canvas Community Church, 2333 Roosevelt Blvd. Winchester VA 22601

MOTION TO CLOSE – Made by Danny, Norman seconded. Meeting adjourned at 7:39.



ASC MEMBER CONTACT INFORMATION – ALPHABETICAL ORDER BY FIRST