

## Sunday

- **2:00pm** Mid Day N.A. (L, H)  
Edge Hill Recovery Retreat Center  
315 E. Cork St. Winchester, VA
- **7:00pm** NO A.N.D.A. (LS)  
Market St. United Methodist Church  
131 S. Cameron St. Winchester, VA
- **7:00pm** Finding a New Way to Live (D,R)  
St. Paul United Church of Christ  
235 S. Main St. Woodstock, VA

## Monday

- **12:00pm** Mid Day N.A. (D,H)  
Edge Hill Recovery Retreat Center  
315 E. Cork St. Winchester, VA
- **7:00pm** New Freedom (R,H)  
Winchester Bible Church  
501 S Cameron St., Winchester, VA

## Tuesday

- **12:00pm** Mid Day N.A. (R,H)  
Edge Hill Recovery Retreat Center  
315 E. Cork St. Winchester, VA
- **6:00pm** Solution Seekers (L,H)  
The Recovery Connection  
320 Westside Station Drive
- **6:30pm** Recovery & Beyond (R,H)  
Ruritan Community & Senior Center  
3223 Northwestern Pike Capon Bridge, WV
- **7:00pm** Eyes to the Sky (R)  
John Mann United Methodist Church  
119 E. Cork St. Winchester, VA
- **7:00pm** Welcome Home in Recovery  
75 min (R)  
Well House Ministry  
5488 Main St. Stephens City, VA

## Wednesday

- **12:00pm** Mid Day N.A. (D,H)  
Edge Hill Recovery Retreat Center  
Cork St. Winchester, VA
- **5:45-6:45pm** Warrior Womens Wednesday (W)  
501 S Cameron St., Winchester, VA
- **7:00pm** Last Connection (D,H)  
Market St. United Methodist Church  
131 S. Cameron St., Winchester, VA

## Thursday

- **12:00pm** Mid Day N.A. (L,H)  
Edge Hill Recovery Retreat Center  
315 E. Cork St. Winchester, VA
- **7:00pm** New Chance (R,H)(HB)  
75 min  
Zoom ID: 84685781924  
PW 632386  
Canvas Community Church  
2333 Roosevelt Blvd. Winchester, VA

W = Women's Meeting

R = Meeting Format Rotates

H = Handicap Accessible

D = Discussion Meeting

L = Literature Meeting

LCB = Living Clean Book Study

Rap = No Rules Limiting Sharing

Z = Zoom Option Available

HB = Hybrid

## Neighboring Areas:

### Almost Heaven

[www.almostheavenareana.org](http://www.almostheavenareana.org)

### Blue Ridge

[www.brana.org](http://www.brana.org)

### Dulles Corridor

[www.danca.org](http://www.danca.org)

### Gateway

[www.gatewayoffreedomna.org](http://www.gatewayoffreedomna.org)

### Northern Virginia

[www.cprna.org/norvana](http://www.cprna.org/norvana)

### Battlefield

[www.cprna.org/bana](http://www.cprna.org/bana)

## Neighboring Regions:

### Chesapeake and Potomac (DC)

[www.cprna.org](http://www.cprna.org) (800) 543-4670

### Free State (Baltimore, MD)

[www.fsrna.org](http://www.fsrna.org) (800) 317-3222

### North Carolina Region

[www.ncregion-na.org](http://www.ncregion-na.org) (855) 227-6262

## Legend

All Meetings Open to Addicts & Non-Addicts  
LS = Lead Share Meeting

## What is the Narcotics Anonymous Program?

NA is a nonprofit fellowship or society of men

and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings **regularly** stay clean.

## Who Is an Addict?

Most of us do not have to think twice about this question. *We know!* Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death.

## Get Phone Numbers!!!

### *Dial them - don't file them.*



# Meeting List

## Spring 2026

**Phone Help Line  
1-800-777-1515**

## Contact Information:

**Shenandoah Valley Area:**  
PO Box 2436, Winchester, VA 22604  
[www.shevana.org](http://www.shevana.org) (Latest Area Information)

## **Central Atlantic Region:**

PO Box 1959, Chesterfield, VA 23832  
[www.car-na.org](http://www.car-na.org) (Regional Information)

**Narcotics Anonymous World Services:  
(818) 773-9999**  
PO Box 9999, Van Nuys, California 91409  
[www.na.org](http://www.na.org) (Meetings Worldwide)

For the most up to date meeting times and locations,  
scan the QR code below.



# **Shenandoah Valley Area of Narcotics Anonymous**