

Sunday

- **2:00pm** Mid Day N.A. (L, H)
Edge Hill Recovery Retreat Center
315 E. Cork St. Winchester, VA
- **7:00pm** NO A.N.D.A. (LS)
Market St. United Methodist Church
131 S. Cameron St. Winchester, VA
- **7:00pm** Finding a New Way to Live (D,R)
St. Paul United Church of Christ
235 S. Main St. Woodstock, VA

Monday

- **12:00pm** Mid Day N.A. (D,H)
Edge Hill Recovery Retreat Center
315 E. Cork St. Winchester, VA
- **7:00pm** New Freedom (R,H)
Winchester Bible Church
501 S Cameron St., Winchester, VA

Tuesday

- **12:00pm** Mid Day N.A. (R,H)
Edge Hill Recovery Retreat Center
315 E. Cork St. Winchester, VA
- **6:00pm** Solution Seekers (L,H)
The Recovery Connection
320 Westside Station Drive
- **6:30pm** Recovery & Beyond (R,H)
Ruritan Community & Senior Center
3223 Northwestern Pike Capon Bridge, WV
- **7:00pm** Eyes to the Sky (R)
John Mann United Methodist Church
119 E. Cork St. Winchester, VA
- **7:00pm** Welcome Home in Recovery
75 min (R)
Well House Ministry
5488 Main St. Stephens City, VA

Wednesday

- **12:00pm** Mid Day N.A. (D,H)
Edge Hill Recovery Retreat Center
Cork St. Winchester, VA
- **6:00-7:00pm** Warrior Womens Wednesday (W)
501 S Cameron St., Winchester, VA
- **7:00pm** Last Connection (D,H)
Market St. United Methodist Church
131 S. Cameron St., Winchester, VA

Thursday

- **12:00pm** Mid Day N.A. (L,H)
Edge Hill Recovery Retreat Center
315 E. Cork St. Winchester, VA
- **7:00pm** New Chance (R,H)(HB)
75 min
Zoom ID: 84685781924
PW 632386
Canvas Community Church
2333 Roosevelt Blvd. Winchester, VA

Friday

- **12:00pm** Mid Day N.A. (LS,H)
Edge Hill Recovery Retreat Center
315 E. Cork St. Winchester, VA
- **6:30-7:30pm** Brothers in Recovery (M)
501 S Cameron St., Winchester VA
- **7:00pm** Save Uranus (L,H)
First Baptist Church
14 W. 1st St. Front Royal, VA
- **8:00-9:15pm** Renegade (R,H)
75 min
501 S Cameron St., Winchester, VA 22601

Saturday

- **12:00pm** Mid Day N.A. (Rap,H)
Edge Hill Recovery Retreat Center
315 E. Cork St. Winchester, VA
- **7:00pm** Experience, Strength & Hope(HB)
75 min (Z,R,H)
Macedonia United Methodist Church
1941 Macedonia Church Rd. White Post, VA
Zoom ID: 897 6535 8069 PW:1QbcU4
- **8:00pm** N.A. @ Mill Creek (D,H)
Grace United Church of Christ
10492 Orkney Grade Mt. Jackson, VA
- **9:00pm** Fire, Faith & Fellowship (D,H,LS)
Rivendell Recovery Center
96 Marsh Lane White Post, VA

Legend

All Meetings Open to Addicts & Non-Addicts
LS = Lead Share Meeting

W = Women's Meeting
R = Meeting Format Rotates
H = Handicap Accessible
D = Discussion Meeting
L = Literature Meeting
LCB = Living Clean Book Study
Rap = No Rules Limiting Sharing
Z = Zoom Option Available
HB = Hybrid

Neighboring Areas:

Almost Heaven
www.almostheavenareana.org

Blue Ridge
www.brana.org

Dulles Corridor
www.dcana.org

Gateway
www.gatewaytofreedomna.org

Northern Virginia
www.cprna.org/norvana

Battlefield
www.cprna.org/bana

Neighboring Regions:

Chesapeake and Potomac (DC)
www.cprna.org (800) 543-4670

Free State (Baltimore, MD)
www.fsrna.org (800) 317-3222

North Carolina Region
www.ncregion-na.org (855) 227-6262

What is the Narcotics Anonymous Program?

NA is a nonprofit fellowship or society of men

and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings **regularly** stay clean.

Who Is an Addict?

Most of us do not have to think twice about this question. *We know!* Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death.

Get Phone Numbers!!!

Dial them - don't file them!

**Shenandoah Valley
Area**
of Narcotics Anonymous



Meeting List Spring 2026

**Phone Help Line
1-800-777-1515**

Contact Information:

Shenandoah Valley Area:

PO Box 2436, Winchester, VA 22604
www.shevana.org (Latest Area Information)

Central Atlantic Region:

PO Box 1959, Chesterfield, VA 23832
www.car-na.org (Regional Information)

Narcotics Anonymous World Services:
(818) 773-9999

PO Box 9999, Van Nuys, California 91409
www.na.org (Meetings Worldwide)

For the most up to date meeting times and locations,
scan the QR code below.

