



Hospitals & Institutions
Subcommittee Minutes
January 5, 2026

Call to Order by Stephen P. @ 7:05pm

Moment of Silence: Who WE Serve

- **Reading of the 12 Traditions:** Read by **Cat Bell**
- **Reading of the 12 Concepts:** Read by **Kim S.**

Members in Attendance (11): Amber R., Cat Bell, Danny M., Kim S., Logan O., Mike H., Murphy P., Peyton C., Randy D., Stephen P., Steve H.

Members made Inactive (1): Amanda S., Shirley J.

New Attendees (0): Kayla W. ****Welcome!****

Motion to approve previous month's minutes by Amber R., 2nd by Steve H.
In Favor (11); Opposed (0); Abstains (0); **Motion Passes**

Trusted Servant Reports

- **Chair** (Stephen P. - Written) *Hey everyone. All is well. Stamp is here!! All is well. Please be patient tonight as it is elections. Thanks for allowing me to be of service. ILS, Stephen P. H&I Chair*
- **Vice-Chair** (Randy D. - Written) *I honored my commitment to WATTS on December 5, 2025 with Steve H. I sent to NRADC on December 10, 2025. We did not carry a meeting into the facility because one of our volunteers did not show up. I told the control center that there will not be an NA meeting tonight and called the panel coordinator and left a message stating these facts. Public Relations cancelled their meeting on the day of the meeting due to the church using the space. I will try to attend this month., I have not found the papers I had from our last learning day to propose to the subcommittee. I typed my report last night and that computer has crashed. I can do the NRADC on the 14th and JDC on the 27th. I cancelled my JDC commitment on the 16th of December.*

In Loving Service to NA, Randy D. Vice Chair H&I Shevana Area

- **Secretary** (Cat Bell – Verbal) *Hello family. I did not make my commitment to WATTS on 12/5 but Randy was able to fill in for me. I did make it to the BHU on 12/25. It was a good meeting. I forgot to bring up the topic of having a Google Drive for each subcommittee at the last ASC. I will make sure to bring it up at the next ASC on 1/12. Thank you for letting me serve. Cat Bell*
- **Literature Coordinator** (Danny M. – Verbal) *We are fully stocked. I need to order a Spanish basic text and will take care of that. I honored my commitment to JDC with Kim on 12/23. That is all I have to report at this time. ILS,*

- *Randy D: Did we get a Just for Today book for NRADC?*
 - *Danny M: They did have one but it disappeared. I will take care of that too.*
- **NRADC Panel Coordinator** (Steve H. - Written) *Hey family, On 12/25 Cat Bell & Steve H. went to the BHU. I went to WATTS on 12/5 with Randy D. We were not able to fulfill any of our commitments to NRADC this month. I was sick for almost 10 days and I tried to stay on top of things. I was not able to find replacements and had people not able to go. We are always looking for people to join our group. In Loving Service, Steve H.*
- **JDC Panel Coordinator** (Peyton C. – Written) *Good evening family I hope all are well and had a good holiday season. My report is as follows for the month of December. On December 9th, myself & Kim S. took a great meeting into 5 residents at the JDC. Following that on the 23rd, Danny M. & Kim S. took another excellent meeting into 6 residents at the JDC. I look forward to continuing to schedule meetings for the 2nd and 4th Tuesday. And allowing those that are willing and available to fill other weeks as they choose. Thank you to all volunteers for your service. And thank you for allowing me to serve. ILS, Peyton C.*
- **BHU Panel Coordinator** (Amber R. – Written) *Hi Family, I was able to fulfill my commitments at the BHU and WATTS this month. On 12/4, Amber R. & Murphy P. took a meeting in. On 12/11, Amber R. & Murphy P. took a meeting in. On 12/18, Johnny C. & Murphy P. took a meeting in. On 12/25, Cat Bell & Steve H. took a meeting in. On 1/1/26, a member was sick and I could not find a replacement so a meeting was not held. We do need meeting lists. In loving service, Amber R.*
- **RSWDC Panel Coordinator** (N/A)
- **WATTS Panel Coordinator** (Johnny C. – Written) *Hi y'all. 12/5 Steve H. & Randy D. fulfilled their commitment but had no clients. 12/12 Amber R. & Johnny C. fulfilled their commitment but had no clients. 12/19 Amber R. & Johnny C. fulfilled their commitment but had no clients/ 12/26 Amber R. & Kim S. fulfilled their commitment but had no clients. 1/2/26 Johnny C. & Steve H. did not hold a meeting due to personal scheduling conflicts. I spoke to WATTS manager Molly and they are looking forward to seeing us next week. We more than fulfilled our commitment to WATTS of 2 meetings per month. Having zero clients attend all month was disappointing. I remember feeling discouraged last year around this time with the meeting attendance, so I went back on the reports and saw last year for the same month we only had 1 client. Maybe it's just something about December. Thank you, ILS, Johnny C.*

NA H&I Handbook Review

- Read paragraph under **Long-Term Facilities** on page 40, **Adolescents**

Open Forum (10 minutes)

- Stephen P: We have Zoom now. I have an extra cord and microphone that I can bring in the future. Johnny C. might have a microphone that he can donate. I was here early but could not connect to the wifi or hotspot. The facility representative was kind enough to help me get connected. The stamp is here and has been given to Danny M., so we can use it.
- Danny M: As far as elections, I have been the literature chair for 2 years in a row. In the spirit of rotation, I will be passing the position on to someone else.

- Amber R: Does this position require the person to attend ASC?
 - Stephen P: Yes
- Randy D: Almost Heaven H&I task group meets the second Friday of every month at 5pm on Zoom. Meeting ID # 942 1882 8969; Password AHA
 - Danny M: How does a task group work as far as following guidelines and things like that?
 - Randy D: We are going to find out by attending their meeting.
- Randy D: Did anyone listen to the H&I Online Presentation? (3) people did. We can use this for our presentation. The link will be in the minutes again. Please listen and bring your feedback to our next meeting. Then we will organize a presentation for NRADC with PR. After which we can talk with RSW. Presentation Link: <https://wszf.org/hi-online-and-more>

- **Old Business**
 - Learning Day
 - Randy D: Probably a 4-hour meeting starting at 11am. We have posters in the storage unit. One time we had an H&I skit. We can have food too. If we are in conjunction with PR (like last year) we can have them involved too. Randy will check with PR.
 - February 2026 is too soon – we can target the end of March (3/28 @ 11am-3pm) but need to work around CPRCNA and the GSR assembly.
 - Randy D. will check around at the library and ESH. Stephen P will check on NOANDA. NOANDA is a local place where people can walk. Amber R. will check on New Chance.

- **Elections**
 - Chair: Will Stephen P. be willing to continue? Yes.
 - Danny M/Kim S. (Unanimous)
 - Vice-Chair
 - Randy D. nominated Mike H. – declined
 - Randy D. nominated Peyton C. – accepted
 - 1. Randy D/Steve H. (Unanimous)
 - Secretary
 - Cat Bell nominated Amber R. – accepted
 - 1. Cat Bell/Murphy P. (Unanimous)
 - Literature
 - Randy D. nominated Kim S. – accepted
 - 1. Randy D./Danny M. (Unanimous)
 - Panel Coordinators
 - JDC
 - 1. Peyton C. nominated Murphy P. – accepted
 - a. Peyton C./Amber R. (Unanimous)
 - NRADC
 - 1. Murphy P. nominated Steve H. – accepted
 - a. Murphy P./Amber R. (Unanimous)

- BHU
 1. Danny M. nominated Logan O. – declined
 2. Danny M. nominated Mike H. – accepted
 - a. Danny M./Kim S. (Unanimous)
- WATTS
 1. Cat Bell nominated Randy D. – accepted
 - a. Cat Bell/Steve H. (Unanimous)

- **New Business**

- None

- **Facility Scheduling**

BHU (*Meets every Thursday @ 5:45pm*) **Phone Number to Call Upon Arrival: 540-536-8140**

- 1/8: Amber R. & Johnny C.
- 1/15: Amber R. & Stephen P.
- 1/22: Murphy P. & Johnny C.
- 1/29: Cat Bell & Steve H.

JDC (*Meets 2nd & 4th Tuesday (Possibly every Tuesday) @ 6:30pm*)

- 1/13: Kim S. & Steve H.
- 1/20: Tara C., Peyton C. & Stephen P.
- 1/27: Danny M., Logan O., & Randy D.

NRADC (*Men meet 2nd & 4th Wed; Women meet 3rd Wed*)

- 1/14: Randy D. & Steve H.
- 1/21: Kim S. & Cat Bell
- 1/28: Peyton C. & Stephen P.

WATTS (*Every Friday @ 8pm*)

- 1/9: Johnny C. & Amber R. @ Braddock Street UMC 115 Wolfe Street
- 1/16: Johnny C. & Peyton C. @ Stonewall Ruritan Building 136 Ruritan Way, Clearbrook
- 1/23: Johnny C. & Kim S. @ Clarke County Ruritan Building, 890 W. Main St, Berryville
- 1/30: Johnny C. & Amber R. @ New Life Christian Church 2930 Middle Road

NOTE: *If you have contact with someone while they are incarcerated or sponsor that person, you cannot take a meeting into that facility while they are there*

- **Announcements** by Cat Bell (See www.shevana.org for more information)

- 1/6: Wendy D. 11y @ Welcome Home in Recovery
- 1/8: Thomas S. 2y @ New Chance
- 1/9: Almost Heaven Area H&I Task Group @ 5pm on Zoom. ID:942 188 2896 Passcode: AHA
- Central Atlantic Regional Subcommittees

- 11am-12pm on 3rd Saturday in January
 - Zoom Meeting ID: 850 6216 7488
- 1/23/26-1/25/26 42nd AVCNA in Roanoke, VA
- Central Atlantic Regional Conference <https://car-na.org>
 - 11am-12pm on 3rd Saturday in February
 - Zoom Meeting ID: 850 6216 7488
- 1/31: Randy D. 30y & Willie S. 31y @ Experience, Strength & Hope
- 2/7: Annette D. 30y & Kat T. 36y @ Experience, Strength & Hope
- *The next **H&I Hybrid Subcommittee Meeting** will be held on Monday, February 2, 2026, at 7pm*
 - *In person: rear of The Adams Nelson Building, 303 S Loudoun St, Winchester, VA 22601*
 - *Zoom ID: 747 6277 3711 Passcode: Recovery*
- *The next **H&I Hybrid Handbook Study** will be held on Monday, February 2, 2026, at 6pm*
 - *In person: rear of The Adams Nelson Building, 303 S Loudoun St, Winchester, VA 22601*
 - *Zoom ID: 747 6277 3711 Passcode: Recovery*
 - *Page 60 **WSC H&I Committee 1995-1996 Internal Guidelines***
 - **Area H&I Guidelines**
 - *Page 12 **IV. Additional Guidelines***
 - **NOTE:** *Review clean time requirements for different facilities*
- **Motion to Close** by Steve H.; 2nd by Steve H.
In Favor (11); Opposed (0); Abstains (0); **Motion Passes**

Meeting was closed with the Serenity Prayer