



SheVANA ASC Minutes (Approved)

Meeting opened by Meredith S-C. @ 6:33 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Rich.

The 12 Concepts for NA Service were read by Archer.

The SheVANA Purpose was read by Norman.

First ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery	William	
Experience Strength & Hope	Shaunna	
Eyes To the Sky	Frank	
Finding a New Way to Live	James	
Fire, Faith and Fellowship		INACTIVE
Last Connection		
Midday NA	Norman	
NA at Millcreek		INACTIVE
New Chance	Danny	
New Freedom	Taylor	
N.O.A.N.D.A.	Jimmy	
Out of the Cage		INACTIVE
Recovery and Beyond		INACTIVE
Renegade	Kevin	
Save Uranus		
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesdays		

Quorum Met for the first roll call with 11 active homegroups. 3 home groups are inactive.

Motion made to accept minutes by Norman, Frank Seconded.

0 – abstentions

10 – voted yes to approve minutes

0 – none

REPORTS:

- **Chair: Meredith S-C** – Present, no report
- **Vice Chair: David T.** – Present, no report
- **Secretary: Liz C.** – Present, no report
- **RCM: Heather R.** – Absent, Liz read the following report

I have nothing new to report i will take the vote back to region for the regional motion that will be voted on tonight under old business. I will be traveling to Hampton VA this weekend for the two day.
in loving service Heather R

Open Regional positions as emailed by Heather from Roland:

Section VI: NOMINATIONS OF OFFICERS

1. Positions coming open will be announced and nominations will be opened and accepted two conferences prior to the elections. All nominees must be present. RCM's will go back to the Areas for nominations. (139th)
2. In the event of an unexpected/early resignation of an RSC trusted servant, the Chair will send a letter to the Areas requesting that nominations be presented at the next Conference.

Open positions are as follows:

Vice Chair

Secretary

RDA

Vice Treasurer

Policy

H&I

Speaker Jam

Public Relations

- **RCM Alt: - Chris M. – Absent**
- **VRCC: Bailey R –_Present and read the following report**

Hi Everyone,

I was unable to attend the VRCC meeting this past month due to traveling. I plan to attend the next meeting in person. The convention is approaching quickly on Jan 23rd - 25th. The hotel is quickly filling up. I can send out flyers by email to anyone who needs a copy. We're getting flyers for the 43rd convention in 2027 as soon as possible. We have yet to receive a bid for the 43rd.

In loving service, Bailey R.

- **VRCC Alt: OPEN**
- **H & I Chair: Stephen P. -_ Present, verbal report**
- **Newsletter: OPEN**
- **Outreach: Logan O – Absent**

- **Parliamentarian: Frank Y** – Present, no report
- **Public Relations: Wendy D.** – Present and read the following report

September 22, 2025 Public Relations Report

Public Relations met on Sept. 22nd at Wellhouse Ministry Church. We had 4 in attendance. We read from the PR Handbook for our literature study, pgs. 63-65. We then proceeded with our business meeting. Below are highlights.

PR Business handled:

- Verified all celebrations currently known & updated on calendar.
- Uploaded ASC & H&I - minutes to website
- PR was contacted by Renegade homegroup – their meeting location changed effective 8/29 to 501 S. Cameron St. – updated website, calendar & BMLT. Please note this change for meeting lists handed out to newcomers. The pdf on the website is also updated.
- PR was also contacted by Warrior Women Wednesday meeting time has been changed to 6-7pm.
- Next PR Subcommittee meeting is Oct. 27th from 7-830pm
- We will need our standing budget request for rent please.
- PR held a table at the Recovery Picnic put on by the Warren Coalition.

Two members were present.

- Meeting lists have been left at:
 - o Bowman Library

I am sending my report to our secretary in case I am late arriving at ASC, but will definitely be there!!! Thank you for letting me serve!!

ILS, Wendy D.

- **Special Events: Kevin I** – Present, oral report
- **Literature Chair: Cat Bell** – Present and read the following report

Hello family,

The subcommittee met in person on Saturday, 9/13/25 @ 1:30pm at Edgehill with (2) people in attendance (1 on the phone). \$10 rent was not paid but will be paid next month. The subcommittee for October will be postponed until 10/25/25 as I will be attending the 2-day regional conference 10/18/25.

All literature orders for September 2025 were fulfilled at ASC with the exception of: (9) It Works: How & Why books

Which are now in stock and available for purchase.

An extra-large NAWS order was placed this month to accommodate the updated stockpile amounts. NAWS announced that literature prices will be increasing in January 2026. I will send the updated pricelist to the secretary for distribution with the minutes.

Financial Report

Period: 9/9/2025 – 10/13/2025 (September ASC to October ASC)

Beginning Bank Balance: \$262.50 (As of 9/1/25)

Cash on Hand: \$59.00

Ones 5
Fives 4
Tens 1
Twenties 1

Pennies 10
Nickels 6
Dimes 11
Quarters 10

Income: \$458.67 (\$451.27 Bank Credits)

Literature Sold in September: \$458.60 (\$451.20 Deposit)

Interest Earned: \$0.07

Expenses: \$699.87 (\$ Bank Debits)

NAWS Order: \$699.87

Rent: \$0.00 (Cash)

Supplies: \$0.00

Ending Bank Balance: \$13.90

Prudent Reserve: \$550.00 (not yet met)

Thank you for allowing me to serve, Cat Bel

QUESTIONS ON REPORTS:

For H&I – what did you say the literature total was? \$98.40

What is literature prudent reserve? \$550

Where is AVCNA? Roanoke, Hotel Roanoke. I will send the flier to include in the minutes.

Do you know what the VRCC's current bank balance is? I will look in the minutes. It looks like the vice-treasurer did not have a report.

Brothers in Recovery – what day and time do you meet? Friday.

NON-STANDING BUDGET REQUESTS: NONE

OPEN FORUM:

10th concept read by Norman

1. It was sent to me – Almost Heaven has QR code meeting lists. Do we want to revisit. It is a business card and the QR code is on the card. The code can be scanned for the meeting list. It has been at least 4 years since this area took a look at that. If we did that, how would we get that to the facilities? I am not sure, we will have to look at that. Can inmates scan them? Wendy will reach out to our meeting list vendor to get a cost on the cards. I like the idea of a QR card, but the back of the list where we write our numbers is important. What would our area's solution to that be? My first thought to that is, I am old school, but times are changing. If we are using a QR code, then more than likely they have a phone. I will get numbers and we can talk about this next month. We have QR code on our meeting list now, it takes you straight shevana.org. How many meeting lists do you typically have left over? I would say there is maybe 300 left from 1500 we got in May. Meeting lists are being used! Maybe the answer is to split it!
2. We do not have bid for the 43rd VRCC convention. This area has hosted 4, so I am just putting it out there. We do not have to pay anything. We are capable. You have to have the convention in one of the three designated area, Roanoke, Richmond, Hampton Roads area.
3. We were a part of Almost Heaven before we became the Shevana area. NA has always put on an Almost Heaven convention. I just want to give a flier for the Almost Heaven area convention that will be held next year.
4. The 42nd AVCNA convention is coming up. I have contacted the RCM to bring back some fliers. It is coming up in January. Let's put it on the calendar and push it up! We need to register as soon as possible.
5. I am curious, the guidelines are screwed up on the website. It is all there, it is just all chopped up. Can we get those cleaned up? All the way through it has big spaces everywhere! We make the changes on word and then convert it to a pdf, I couldn't figure out how to get rid of the macros that were causing the spaces. We will hopefully have this fixed by next area.
6. We did a budget, the RCM and RCM alt gets \$100, VRCC and VRCC alt get \$100 too. Is there a place in the guidelines where it lists who gets what? Yes, 14.3 and 14.5. I just wanted to point out that the guidelines state \$100 together.

*****10 MINUTE BREAK*****

Meredith S-C called the meeting back to order at 7:27 with a moment of silence and the Serenity Prayer.

Second ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery	William	
Experience Strength & Hope	Shaunna	
Eyes To the Sky	Frank	
Finding a New Way to Live		
Fire, Faith and Fellowship		INACTIVE

Last Connection		
Midday NA	Norman	
NA at Millcreek		INACTIVE
New Chance	Danny	
New Freedom	Taylor	
N.O.A.N.D.A.	Jimmy	
Out of the Cage		INACTIVE
Recovery and Beyond		INACTIVE
Renegade	Kevin	
Save Uranus		
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesday		

Quorum met for the second roll call with 10 groups present
Liz C. read the announcements.

- **ANNOUNCEMENTS**

- Brad C – 2 years – Midday – 10/26
- Jimmy M – 2 years – NOANDA – 11/2
- Murphy P – 1 year – New Chance – 10/30
- Lee B – 4 years – New Freedom – 11/3
- Nikolai O – 20 years – Last Connection – 10/29
- Shirley J – 2 years – Eyes to the Sky
- Cat Bell – 4 years - Experience, Strength and Hope – 11/8
- Sam N – 2years – Experience, Strength and Hope – 11/1

- **PLANNED SUBCOMMITTEE MEETINGS:**

- PR Subcommittee meeting is 10/27, 7-830pm – Wellhouse Ministry – 5488 Main Street, Stephens City
- Special Events subcommittee meetings – 3:15 at Edgehill – 10/20
- H&I Subcommittee – 1st Monday of every month at the Adams Nelson building – 303 Loudoun, Winchester, VA
- Literature subcommittee – Every Saturday after area – 1:30 pm at Edgehill – October will be held on 10/25

- **OLD BUSINESS:**

1. **Nominations: None**

2. **Area Motions: None**

3. Regional Motions:

Motion: 234-2

Motion by Peter P., Blue Ridge Area; Seconded by Marla M. Gateway to Freedom Area,

Motion 234-2 Goes back to Homegroups

For the period between October 1, 2025 until February 1, 2026, that the Central Atlantic Region Treasurer suspended donations to NAWS. After that time the 2026 RSC Budget should be active.

The intention of this motion is to allow the groups and Areas of the Central Atlantic Region to discern clarity of the Region Guidelines (RSC Guideline Section IX, 4A, #8) regarding the calculation of contributions to NAWS.

RSC Guideline Section IX, 4A, 8: After expenses are paid and prudent reserve is met, all remaining money will be donated to NAWS.

(This is a request to temporarily suspend active Policy so it will only happen with the agreement of the homegroups by 2/3rds agreement.)

Abstentions – 1

Yes – 7

No – 2

Motion passes

- **NEW BUSINESS:**

- **Nomintaions**

- Newsletter chair
 - VRCC Alt. – take these back to homegroups
 - Take these back to homegroups

- **REGIONAL MOTIONS: NONE**

- **AREA MOTIONS**

Motion #10 -01-25

Date: 10/13/25

Motion Maker: Michelle M.

Seconded By: Arch C.

Motion: To be added under RCM and RCM Alternate duties.

To provide reimbursement to RCM and the RCM Alternate combined for travel to 2-day regionals when CARNA does not cover expenses. The ASC will reimburse up to \$500 when they have the funds to cover.

Intent: To allow trusted servants to attend the 2-day regionals.

Pros: 1.) It makes this position more accessible to members of the area.

2.) This may only be temporary because of what the region is going through now.

Cons: One con was brought forth and then the member asked for it to be redacted. There are no cons for this motion

Question – How often is 2 day regional? Twice a year

I want to put it into policy in case this happens again.

What happened? CARNA messed up and sent all of their prudent reserve and did not have the money for their budget. So now they do not have the funds to cover the RCM. Their prudent reserve was not their prudent reserve, it was for their budget.

Why don't they get the money back from the world?

We will discuss area budget after this comes back from groups.

Receipts can be submitted for expenses beyond the standing budget.

You don't feel that what is in the guidelines covers them for what they need to do? No

Motion # 10-02-25

Date: 10/13/25

Motion Maker: Michelle M.

Seconded By: Arch C.

Motion: To be added under VRCC and VRCC Alternate duties.

To reimburse expenses for AVCNA up to \$500 if ASC has the funds for VRCC and the VRCC Alternate combined.

Intent: For VRCC Director and the VRCC Alternate to attend the AVCNA.

Pros: 1.) Being accountable and making sure that our area is represented at the AVCNA. 2.) It makes it more accessible for people who may not be able to afford it. Typically, the VRCC does not pay for Directors.

Cons: None

What if we do not have the money?

Then we do not give them the money.

This is just once per year? Correct.

My thought was to put it in the policy and keep it in the policy so if this ever happens again, we have a policy. When the region gets their budget together it will hopefully be a moot point.

We work when we are at these conventions.

Motion #10-03-25

Date: 10/13.25

Motion Maker: Norman C.

Seconded By: Frank Y.

Motion: Over the next five months, try each of the five virtual meeting platforms for one month - Zoom, Go To Meetings, Cisco WebEx, Google Meet, and Teams.

Intent: To sample each of our platform choices before selecting one to purchase.

Pros:

Cons: 1.) We have already discussed this. 2.) Cannot typically have multiple users for a free account.

Procedural Motion Voted On:

Abstain - 0

Yes - 2

No - 8

MOTION FAILS

- **TREASURERS REPORT Michelle M** - Present and read the following report

Hello Family,

We are still trying to get our back account straightened out. A new back account was created and all signatories on or about 9/12/2025. We did not receive a paper bank statement this month due to the account being a new account. I'm working on online access.

Please note due to the fraud on our account we did not make a regional donation for August or September.

Financial information:

Beginning Balance 2653.09 (estimated)

Checks Written:

1001 Adams Nelson \$60

1002 Canvas Community \$50

1003 PR Standing Budget \$20

1004 Storage Solutions \$139

1005 Area Literature \$97.40

Total Debits: \$367.40

Donations: \$ 775 *** mistake on one Homegroup \$193 recorded but \$139 turned in

Ending Balance: \$2954 (estimated)

Over Prudent: \$ 1354. 60 (estimated)

ILS,

Michelle M

Questions on Treasurer's report:

How much did we collect in August? \$958.29

How much was collected in September? \$414.00

Ending balance in July was \$1044.59

What do our guidelines state about donating? In the meeting directly before the RSC meeting the donation needs to be made. Guidelines state that after prudent reserve is met and bills are paid we donate.

We do not have a bank statement to verify the actual state of our account.

We did not write a check in August because the treasurer was not here. We are due for a donation in October.

We are asking to put a regional donation on hold because we do not have a bank statement. We have a new bank account and need to see it.

In favor – 10

We will put the regional donation on hold until the bank statement is acquired.

- **NEXT ASC MEETING:** Next Area Service Meeting will be held on Monday,

November 10, at 6:30 pm. at Canvas Community Church, 2333 Roosevelt Blvd.
Winchester VA 22601

MOTION TO CLOSE – Motion to close by Danny. Seconded by Wendy.

Meeting Adjourned at 8:19

