



SheVANA ASC Minutes (Approved)

Meeting opened by Meredith S-C. @ 6:30 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Frank.

The 12 Concepts for NA Service were read by Jess.

The SheVANA Purpose was read by Heather.

First ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery	William	
Experience Strength & Hope	Shaunna	
Eyes To the Sky	Frank	
Finding a New Way to Live		INACTIVE
Fire, Faith and Fellowship	Turner	
Last Connection	Mercedes	
Midday NA	Norman	
NA at Millcreek		INACTIVE
New Chance	Danny	
New Freedom	Taylor	
N.O.A.N.D.A.	Steve	
Out of the Cage		CLOSED
Recovery and Beyond	Danny	INACTIVE
Renegade	Kevin	
Save Uranus		
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesdays	Mary	

Quorum Met for the first roll call with 14 groups present. 3 home groups are inactive..

Norman motioned to approve the minutes, Heather made an amendment to add regional nominations to the new business regional section, Norman seconded the amended motions.

1 – abstentions

11 – yes with amendments

0 – no

REPORTS:

- **Chair: Meredith S-C** – Present, no report
- **Vice Chair: David T.** – Present, no report
- **Secretary: Liz C.** – Present, no report

- **RCM: Heather R.** – Present and read the following report

Tonight we have 3 things to vote on over old business
next RSC meeting December 20, 2025 11am
Gordon Avenue Branch, Charlottesville. 1500 Gordon Avenue, 22903

- **RCM Alt: - Chris M.** – Present, no report
- **VRCC: Bailey R** – Absent, report read by Liz

Hi everyone,
I apologize for my absence tonight. I'm feeling unwell and a virtual VRCC meeting was scheduled for today at 7:00 pm. I will be attending this meeting. All planning for the 42nd AVCNA is on schedule and will be happening January 23rd-25th. If anyone has any questions about how to register or book your hotel, please reach out to me!

In loving service, Bailey R

- **VRCC Alt: OPEN**
- **H & I Chair: Stephen P.** - Absent, report was read by Liz

Good evening, Family I am sorry for my absence this evening as the VRCC is Holding an important meeting tonight at 7 PM so I have to be at that. Everything is well in the subcommittee we do need our rent of \$25 as well and we have the Zoom account set up. I got with the treasurer and we are good to go with that and we would like to start announcing the Zoom subcommittee meeting as hybrid. Our link information is on the flyers that are here tonight. We hope this drives more interest and gets more addicts involved with the subcommittee so please spread the word thank you for allowing us to be of service.

Sincerely yours,
Stephen P.
H&I Chair.

- **Newsletter: OPEN**
- **Outreach: OPEN**
- **Parliamentarian: Frank Y** – Present, no report
- **Public Relations: Wendy D.** – Present, read the following report

November 24, 2025 Public Relations Report

PR met on the phone for November, due to the facility accidentally had the storage door locked. We had two in attendance. Our next subcommittee meeting will be Dec. 22nd at The Wellhouse Ministry 7-830. .

PR Business handled throughout the month:

- Verified all celebrations currently known & updated on calendar.
- Took Out of the Cage off website & calendar – unfortunately we did not catch this change in time for meeting list print.
- Uploaded ASC & H&I - minutes to website
- Next PR Subcommittee meeting is Dec. 22nd from 7-830pm
- I will use the October rent check for December, so will not need standing budget.
- Our meeting lists / business cards will be picked up tomorrow evening. I have attached the invoice from Commercial Press for \$186.25 – I am requesting a check for that amount.

I am sending my report to our secretary in case I am late arriving at ASC, but will definitely be there!!! Thank you for letting me serve!!

ILS, Wendy D.

- **Special Events: Kevin I** – Present, oral report

Holiday marathon meeting is coming up

- **Literature Chair: Cat Bell** – Present and read the attached report

QUESTIONS ON REPORTS:

What is the percentage increase for literature next year? It is all over the board, there is not a standard percentage increase.

NON-STANDING BUDGET REQUESTS: None

OPEN FORUM:

Concept of the month read by Norman.

This has to do with the holiday marathon meeting – we have 4 slots available for chair still for Christmas Day afternoon – if anyone is interested – see me at the break

Next month we will be taking nominations for all positions – take that to your meetings

Women's Warrior Wednesday will be cancelled on Christmas Eve, 12/24 due to the church being unavailable. The marathon meeting starts directly after.

Is there a conversation we can have about using Winchester Bible instead of the actual meeting name? It seems like there is a correlation between church and NA. A lot of people use geographical identifiers. It SHOULD be the name of the meeting at...We are a spiritual, not religious program, but the fact is a lot of our meetings are at churches. We should familiarize ourselves with the physical address.

*******10 MINUTE BREAK*******

Meredith S-C called the meeting back to order with a moment of silence and the Serenity Prayer.

Second ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery	William	
Experience Strength & Hope	Shaunna	
Eyes To the Sky	Frank	
Finding a New Way to Live		INACTIVE
Fire, Faith and Fellowship	Turner	
Last Connection	Mercedes	
Midday NA	Norman	
NA at Millcreek		INACTIVE
New Chance	Danny	
New Freedom	Taylor	
N.O.A.N.D.A.	Steve	
Out of the Cage		CLOSED
Recovery and Beyond	Danny	INACTIVE
Renegade	Kevin	
Save Uranus		
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesday	Mary	

Quorum met for the second roll call with 14 groups present
Liz C. read the announcements.

- **ANNOUNCEMENTS**

- Thomas S – 2 years – 1/8/26 – New Chance
- Randy D – 30 years – 1/31/26 – Experience, Strength and Hope
- Ashlee A – 8 years – 12/16/26 – Recovery and Beyond
- Holiday Meeting Marathon – 9 pm 12/24 – 6 pm 12/25 – Winchester Bible Church - 501 S. Cameron Street
- Super Bowl Party 2/8/2026 - Winchester Bible Church - 501 S. Cameron Street
- Wendy – 11 years – 1/6/2026 – Welcome Home in Recovery

- **PLANNED SUBCOMMITTEE MEETINGS:**

- PR Subcommittee meeting is, 7-830pm – 12/22 - Wellhouse Ministry – 5488 Main Street, Stephens City
- Special Events subcommittee meetings – 3:15 at Edgehill – Third Sunday of the month, 12/21
- H&I Subcommittee – 1st Monday of every month at the Adams Nelson building – 303 Loudoun, Winchester, VA
- Literature subcommittee – Every Saturday after area – 1:30 pm at Edgehill

- **OLD BUSINESS:**

- 1. **Nominations:**

- 2. **Area Motions: None**

- 3. **Regional Motions:**

- 235-1 – Regional Budget

- Abstentions – 4

- Yes – 10

- No – 0

- Motion passes**

- 4. **Regional Nominations**

- Heather for secretary –

- Secretary: Heather R. nominated by Marla second by Rhonda

- Has been pro tempore since August 2025

- Take nomination back to areas/groups

- Qualifications: Clean date 3/1/22

- I have an NA sponsor I actively works the NA steps, NA traditions, and concepts

- NA home group

- I have 3 years area/Regional experience

- willingness to serve

- clerical skills

- my own laptop

- a solid foundation w the steps, traditions, and concepts
- time and resources available to be an active participant
- I have been of service in my home group with multiple positions
- has been a gsr
- has been an rcm
- has knowledge of area, regional guidelines, and the guide to local service
- in Secretary role as pro tempore as of August 2025

I have the skill necessary to take minutes and have utilized this in taking minutes between the area and region as an rcm

Pros: very articulated well versed in delegating versed in policy procedures know narcotics anonymous literature also very eager to expand her knowledge as well as share that knowledge with others

Cons: NONE

Abstentions – 4

Yes – 10

No – 0

Heather is ELECTED

Cindy K – regional delegate alternate

Cindy K pro tempore into position and has the nominations

Service Resume

NAME: Cindy K CLEAN DATE: 5/20/1998 HOME GROUP/AREA/REGION:
virtual HG NANA 24-7 Marathon Meeting / Trusted Servants Group,
Beach Area, CARNA

SERVICE COMMITMENTS HELD (GROUP, AREA, REGION, CONVENTION,
VIRTUAL):

AREA EXPERIENCE

Rochester Area 1998-2001:
Rosedale Group: member, key tag person, GSR; AREA: assistant treasurer, PI
member &; secretary,
Steering Committee, Ad Hoc Chair Outreach Committee

Westside Area (MD) 2001-2007ish:
Shot of Hope Homegroup: Coffeemaker/set up, Treasurer, GSR; AREA: RCM,
RCM alternate, secretary, H&I panel member and coordinator, Sponsorship
Behind the Walls Ad Hoc.

Bay Area (MD) 2007ish-2015ish:
Constantly Changing: member, GSR, setup/coffee; Shelter from the Storm:
member, speaker finder, GSR alternate, greeter

East of the Bay Area (MD) 2015-2020:
Clean and Serene Dreamers HG: secretary, GSR, speaker finder.

Virtual NA Meeting Platforms (2020-present) NA NA 24-7 Marathon Meeting
Group: April 2020-current: meeting host and co-host;
Policy Chair 2022-present

Beach Area (VA)

Trusted Servants homegroup: member, Secretary Feb 2024-Aug 2024)

Cindy K, Service Resume, continued

REGIONAL EXPERIENCE

Free State Region, MD 2005-2019 Regional Assistant Secretary/Secretary,
Regional Assistant Treasurer, Regional Vice
Chair (2), Chair (2) Convention Board Liaison, GSR Workshop Facilitator;
Various Ad Hoc Committees, Regional PR and Regional Policy committees.
Regional Convention Board of Directors, 2006-2010: Secretary, Vice Chair,
Chair. Subcommittee liaison for Merchandise, Hotels/Hospitality sub committees.
Regional Convention Board of Directors, 2014-2018: Secretary, Vice Chair (2x)
chair (2x); Subcommittee liaison: Convention Information, Merchandise, Hotels
and Hospitality and Programming. Negotiations of hotel contracts.
CARNA (Central Atlantic Region) RDA2- December 2024- present.

OTHER SERVICE COMMITMENTS:

Circle of Sisters XXV: 2020-2023. "Executive body "Secretary, Liaison for
Registration and Programming.

WCNA38 Workgroup, January 2024- Aug 2024 (Convention Information)

NAWS Focus Group: Virtual Services Basics July 2024-

Above all, a love and gratitude for Narcotics Anonymous, with a desire to serve
NA fellowship that has saving lives and fanning flames for decades, becoming
more involved at regional and world level. Thank you for the nomination, it's an
honor to be considered.

In loving service

Cindy K

Savedtoserve98@gmail.com 410.905.0994

Pros her service resume, her current position, her love and positive attitude
towards people and our fellowship

Cons none

Abstentions – 4

Yes – 10

No – 0

Cindy is elected

- **NEW BUSINESS:**
 - **REGIONAL MOTIONS: NONE**
 - **AREA NOMINATIONS: NONE**

**All positions will be open for nominations in January – you must be in
attendance to accept a nomination**

- Chair

- Vice Chair
- Secretary
- RCM
- RCM Alt.
- VRCC
- VRCC Alt
- H & I Chair
- Newsletter
- Outreach
- Parliamentarian
- Public Relations
- Special Events
- Literature Chair

Take these back to your home groups please

○ **AREA MOTIONS:**

12-01-25

Motion Maker: Michelle M

Seconded by: Danny M

Motion: To increase our prudent reserve by \$500 to cover approved expenses for the VRCC and RCM travel and to add expenses under duties and make financial changes on Article 14.

Intent: To ensure we have funds to cover approved expenses for VRCC and RCM.

It is currently \$1600, this would bring this to the prudent reserve to \$2100.

Questions:

So, once a year you might have to send the VRCC and RCM out and cover their expenses, would we pay that per month or per year? Typically we do not have to pay for the RCM, however, this time we did have to pay for this. Is \$500 enough because we have 2 two-days? Yes, because there is time to recoup the prudent reserve in between the two-days. Main focus is the VRCC because theirs is not covered. It will always be \$2100, if there is any overage, the overage still goes to Region each month. So, we are raising this to ensure we are able to send people to the necessary meetings.

To update the guidelines, where will this need to go? Wendy suggested an amendment to clarify where this will go in the guidelines

Pro: to continue to be fiscally responsible in line with the 11th concept

Pro: 7th tradition, to be fully self-supporting

Cons: NONE

[illegible]
