



SheVANA ASC Minutes
September 8, 2025

Meeting opened by Meredith S-C. @ 6:30 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Shaunna.

The 12 Concepts for NA Service were read by Bailey.

The SheVANA Purpose was read by Norman.

First ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery		Inactive
Experience Strength & Hope	Shaunna	
Eyes To the Sky	Frank	
Finding a New Way to Live		
Fire, Faith and Fellowship		
Last Connection	Mercedes	
Midday NA	Norman	
NA at Millcreek		Inactive
New Chance	Danny	
New Freedom	Taylor	
N.O.A.N.D.A.	Steve	
Out of the Cage		
Recovery and Beyond	Danny	Inactive
Renegade	Kevin	
Save Uranus	Ken	
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesdays	Mary	

Quorum Met for the first roll call. With 13 groups present. 2 home groups are inactive.

Motion to accept minutes made by Norman, Wendy seconded. 0 – abstentions, 12 yes, 0 - no

REPORTS:

- **Chair: Meredith S-C** – Present and read the following report
Good Evening Family,
I attended the Special Events Picnic. Shout out to our Special Events Sub Committee for a well attended event.

Last week I was alerted by The Bank of Clarke County that our Area Bank Account was overdrawn and in the negative. I reached out to our Treasurer immediately and it was discovered that there was fraudulent activity on the Area's Bank Account. Multiple ACH charges were made by Edward and Lucietta Clay who we do now know nor are they involved in our area or on our bank account.

Due to the fraudulent charges on the account, our Area Bank Account was closed and a new account was opened. Michelle and I went to the bank to get this resolved. All of the money that was stolen from the account has been refunded. Myself, Michelle, David T., Heather R., and Chris M. signed appropriate Docusign documents for our new account to be opened.

These charges were made by ACH transaction which means that The Clay's used our bank account number and routing number and somehow more than likely got this information from one of our checks. It was not our bank card or online banking. This area may want to consider other options besides checks to conduct business. A check is very dangerous to give someone as it includes the bank account number and routing numbers. Once we give a check to an organization, we are powerless over who has access to the check.

In Loving Service-
Meredith S-C

- **Vice Chair: David T.** – Present, nothing to report
- **Secretary: Liz C.** – Present, no report
- **RCM: Heather R.** – Present and read the following report

Hello I am Heather and I am an addict

Full minutes from the August 2025 can be found on car-na.org.

Open forum we had a lengthy discussion of budget, “prudent reserve,” and the recent donation from our Central Atlantic Region to World Services. Members expressed concern and suggested that donations be halted until further review and better clarity on the budget.

There were 11 areas present.

Chair: Our new chair stepped into his positions

Vice Chair: nominations

Secretary: nominations, I have been pro tempore into the Secretary position until someone is nominated

Treasurer: presented digital Treasurer report

Vice Treasurer: nominations

Regional Delegate: presented car survey priority for WSC, and zonal reports for the Northeast Zones and the collaboration of zones

Regional Delegate Alternate: was not there and stepped down. The rda2 will now move into that position

Regional Delegate Alternate2: nominations but was present and will now move up to Regional Delegate Alternate went over NAWs annual report. They are talking about holding off the world convention to celebrate in 2028 the 75 years of narcotics anonymous

VRCC present looking for a Treasurer. They are taking bids for for 43rd avcna held at the founders inn in VA Beach. The 42 convention is coming up in January at Hotel Roanoke if u all want to register or reserve a hotel room.

Public Relations: nominations

H&I nominations

Speaker Jam: nominations

Policy: nominations

Ad-hoc was successful for the Virginia of summer institute

The next region will be a 2 day in October location will be in Peninsula Area. The facility location will be announced.

From now on the single days will be in Louisa at the library

We have been having a budget meeting on Wednesday nights at 7pm on the subcommittee zoom account and will have an extra one Saturday 13th at 10am

The subcommittee meeting will be September 20 10am

There is a nomination for rda2 but...nominations are to be sent back to groups for inclusiveness and that wasn't done nor were references emailed.

Requesting 60.79 reimbursement for gas to the region.

In loving service heather

- **RCM Alt: - Chris M.** – Present and read the following report

Hello everyone

I attended the August 16th RSC on zoom

Open positions are vice chair, vice treasurer, HNI chair, secretary, speaker jam chair, PR chair, RDA2 position

There will be a budget meeting sept 13th on zoom

More information is available on car-na.org

In addition I did the docu-sign for the area bank account

Thank you

In service

Chris M

- **VRCC: Bailey R** – Present and read the following report

Hi Everyone,

Nothing to report. I'll be attending the next meeting on Sept 21st.

In loving service, Bailey R.

- **VRCC Alt: OPEN**

- **H & I Chair: Stephen P.** - Present and read the following report

All is well in H&I land! We are carrying the message in and thriving. We hope that everyone had a chance to look over the Online meeting breakdown sheet that was provided. We are requesting our \$25 for rent and that will be all.

Sincerely yours,
Stephen P.

- **Newsletter: OPEN**
- **Outreach: Logan O – Absent**
- **Parliamentarian: Frank Y – Present, no report**
- **Public Relations: Wendy D. – Present, read the following report**

August 25, 2025 Public Relations Report

Public Relations met on August 25th at Wellhouse Ministry Church. We had 4 in attendance. We read from the PR Handbook for our literature study, pgs. 63-66, then proceeded with our business meeting. Below are highlights.

PR Business handled:

- Verified all celebrations currently known & updated on calendar.
- Uploaded ASC & H&I - minutes to website
- PR was contacted by Renegade homegroup – their meeting location changed effective 8/29 to 501 S. Cameron St. – updated website, calendar & BMLT. Please note this change for meeting lists handed out to newcomers. The pdf on the website is also updated.
- Next PR Subcommittee meeting is Sept. 22nd from 7-830pm
- We will need our standing budget request for rent please.
- PR was invited to participate with an info table at the annual Addicted to Hope Rally. The event was on Sept. 6, 2025, at 400 Campus Blvd. Public Relations had our information table until about 630 pm and had a lot of interaction.
- PR was invited to hold an information table at the Recovery Celebration Picnic, put on by Warren Coalition, on Sept 13th 12-2 pm. We committed to at least 2 addicts being present – and **anyone can show up to help!!!**
- H&I invited PR to do a presentation to Northwest Regional Adult Detention Center for the purpose of their agreement on meeting schedules & procedures. Wendy from PR attended the next H&I subcommittee to discuss, and its been agreed that H&I will keep me / PR member apprised as we get more info and closer to a date.
- Meeting lists have been left at:
 - o Lord Fairfax Comm. Halfway house
 - o Division of Court Services
 - o Juvenile Detention Center
 - o NRADC & Community Corrections

- o Winchester Courthouse
- o Northwestern Comm. Center

I am sending my report to our secretary in case I am late arriving at ASC but will definitely be there!!! Thank you for letting me serve!!

ILS, Wendy D.

- **Special Events: Kevin I** – Present, verbal report
- **Literature Chair: Cat Bell** – Present and read the following report

Literature Subcommittee Report

September 8, 2025

Hello family,

The subcommittee met in person on Saturday, 8/16/25 @ 1:30pm at Jim Barnett Park Lion's Shelter during the SheVANA picnic. No rent was paid to Edgehill.

All literature orders for August 2025 were fulfilled at ASC with the exception of:

Experience, Strength & Hope: (1) 24 year laser-etched medallion

H&I: (20) IP #8; (35) IP #11; (15) IP # 12; (30) IP #21

Which have all since been delivered

As discussed last month at ASC, paper bank statements for the Literature subcommittee account have been disabled. Digital copies are now being obtained online and emailed to the ASC secretary each month.

A literature inventory was taken by Cat Bell and Randy D. in preparation for the annual financial reconciliation. The literature quantities and stockpile amounts were updated. The literature guidelines are being updated to reflect these changes.

Financial Report

Period: 8/11/2025 – 9/8/2025 (August ASC to September ASC)

Beginning Bank Balance: \$327.73 (As of 8/11/25)

Cash on Hand: \$59.00

Income: \$341.20 (\$ Bank Credits)

Literature Sold in August: \$393.49 (\$341.20 Deposit)

Interest Earned: \$0.00

Expenses: \$406.58 (\$ Bank Debits)

NAWS Order: \$406.58

Rent: \$0.00 (Cash)

Supplies: \$0.00

Cash on Hand: \$59.00

Ones 5 Pennies 10

Fives 4 Nickels 6

Tens 1 Dimes 11
Twenties 1 Quarters 10

Ending Bank Balance: \$262.35
Prudent Reserve: \$550.00 (not yet met)
Thank you for allowing me to serve, Cat Bell

QUESTIONS ON REPORTS:

Question for Heather: Can you explain the nomination that will not go back to groups?
How did the RDA automatically move up? It is regional policy for that to happen.
As part of special events, I think it is important to mention that the last function lost about \$300.

Have you seen in policy what they are breaking with the RDA? Yes.
Can you explain what you meant by bringing events back to the groups?
Since groups put on functions, it is a perception that there are too many events.

Norman made a motion to suspend the order of business so the treasurer can do her report. Archer seconded.

13 yes votes for this.

- **TREASURERS REPORT Michelle M** - Present and read the following report
Hello Family,

As stated by our Chair, our area bank account was hacked. All monies have been returned, and a new bank account has been opened. Due to the recent fraudulent activity, it has prompted me to use the online banking which I will set up shortly. I will add to my duties to log in and check the account weekly. I would like the body to explore paying our bills electronically with a debit card, Venmo, pay pal etc.. The banker mentioned that checks are the least secure form of payment. The person(s) that hacked our account used our checking information to pay capitol one accounts with ach transactions. They were able to overdraw our account by over \$2000.

Financial information:

Beginning Balance 2402.88 (estimated)

Paper statement fee: \$2.00

Storage Unit: \$ 104.00

Checks Written/Cash given

0001 Adams Nelson \$25

0002 Canvas Community

Cash PR Standing Budget \$20

Regional RCM Reimbursement \$ 68.79

Donations: \$ 414.00

Ending Balance: \$2653.09 estimated)

Over Prudent: \$ 1153.09 (estimated)

ILS,

Michelle M

Questions on Treasurer's report:

Sometime this month we should get a final statement on the old account? No, the account is closed and done. Next month's statement will reflect our new account.

The email has been fixed, Meredith's email is now associated with the account.

Do we know if Bank of Clarke County is going after them? The bank put in the information with the fraudulent payments, Capital One will go after them.

Typically you only get 24 hours to report fraudulent activity, they did refund our money though.

Do we know who it was? No one we know. As far as we know it was no one from NA. It's not NAs fault, it was a bank error? Yes, sort of, someone got our information and the bank let it go through.

Checks are the most dangerous form of payment.

ACH payments are checks online without the actual check.

We do not have overdraft protection. We do not, they do charge a fee.

Michelle had them make a note on the account to never let it overdraft again.

There are no outstanding checks left to be cashed on the account. Everything that was written has been cashed.

We will wait on donating to area until we get the next bank statement.

NON-STANDING BUDGET REQUESTS:

\$68.79 for gas reimbursement for RCM.

Policy chair requests \$11.50 for a public relations handbook.

OPEN FORUM:

Concept of the month read by Norman.

Thank you, Heather, for supplying coffee and cookies.

Mid-Day is mostly a newcomers meeting. I find it is helpful for the new comers to hear from members with clean time.

Brothers in Recovery would like to change their meeting day to Wednesday.

To hold a meeting at the same time around the same location seems less inclusive.

Having a men's meeting on Wednesday would give men a choice.

David read the policy for region about the positions. The RDA2 becomes an automatic nomination for the RDA.

Is there anything in the area policy where the RCM cannot hold a regional position? No

RCM cannot have a position with an opinion but can be the secretary.

Online meeting account, did we discuss with our groups?

One group did not want it, another did not see the point.

For the zoom service? Should we try a free version first?

The free version is only 40 minutes on zoom.

Since we are having problems with the bank? Is Zelle an option? It is FDIC. Can those who take checks for their rent as their vendors? Can we find out if they can take electronic payments?

Can we do cashier's check? It is financially irresponsible since there are fees associated.

*******10 MINUTE BREAK*******

Meredith S-C called the meeting back to order with a moment of silence and the Serenity Prayer.

Second ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery	William	
Experience Strength & Hope	Shaunna	
Eyes To the Sky	Frank	
Finding a New Way to Live		
Fire, Faith and Fellowship		
Last Connection	Mercedes	
Midday NA	Norman	
NA at Millcreek		Inactive
New Chance	Danny	
New Freedom	Taylor	
N.O.A.N.D.A.	Steve	
Out of the Cage		
Recovery and Beyond	Danny	Inactive
Renegade	Kevin	
Save Uranus	Kenny	
Solution Seekers	Archer	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesday	Mary	

Quorum met for the second roll call with 14 groups present

Liz C. read the announcements.

- **ANNOUNCEMENTS**

- Bailey R – 6 years- 10/7 – Solution Seekers
- Peyton C – 6 years – 9/28 – NOANDA
- Brad C – 2 years – 10/26 – MIDDAY
- Niki C – 1 year – 9/14 – MIDDAY
- Duane F – 10 years – 9/13 – Experience, Strength and Hope
- Shaun H – 1 year – 9/27 @ – Experience, Strength and Hope
- Willy K 0 2 years – 9/20 – Fire, Faith and Fellowship
- Melissa P – 1 year – 9/15 – New Freedom
- Bekah B – 2 years – 9/29 - New Freedom
- Ginny W – 2 years – 9/22 - New Freedom
- Ryan H – 12 years – 9/17 – Last Connection
- Brian M – 2 years – 9/22 – Weekend Survivors, Ft. Ashby
- Danny C – 25 years – 9/23 – Recovery and Beyond, Capon Bridge
- Danny M – 15 years – 9/11 – New Chance
- Sherry V – 39 years – 9/9 – New Hope, Martinsburg, WV
- Spiritual Breakfast – 10/18 – A Brand New Day NA, Charlestown, WV

- **PLANNED SUBCOMMITTEE MEETINGS:**

- PR Subcommittee meeting is 9/22, 7-830pm – Wellhouse Ministry – 5488 Main Street, Stephens City
- Special Events subcommittee meetings – 3:15 at Edgehill – 3rd Sunday in September
- H&I Subcommittee – 1st Monday of every month at the Adams Nelson building – 303 Loudoun, Winchester, VA
- Literature subcommittee – Every Saturday after area – 1:30 pm at Edgehill

- **OLD BUSINESS: None**

- **NEW BUSINESS: REGIONAL MOTIONS:**

Motion: 234-2

Motion by Peter P., Blue Ridge Area; Seconded by Marla M. Gateway to Freedom Area,

Motion 234-2 Goes back to Homegroups

For the period between October 1, 2025 until February 1, 2026, that the Central Atlantic Region Treasurer suspended donations to NAWS. After that time the 2026 RSC Budget should be active.

The intention of this motion is to allow the groups and Areas of the Central Atlantic Region to discern clarity of the Region Guidelines (RSC Guideline Section IX, 4A, #8) regarding the calculation of contributions to NAWS.

RSC Guideline Section IX, 4A, 8: After expenses are paid and prudent reserve is met, all remaining money will be donated to NAWS.

(This is a request to temporarily suspend active Policy so it will only happen with the agreement of the homegroups by 2/3rds agreement.)

- **NEW BUSINESS:**
Nominations – None

Open positions:
Newsletter chair
VRCC Alternate

Take these back to your homegroups

- **NEXT ASC MEETING:** Next Area Service Meeting will be held on Monday, October 13, at 6:30 pm. at Canvas Community Church, 2333 Roosevelt Blvd. Winchester VA 22601

MOTION TO CLOSE – Motion to close by Danny, seconded by Frank.

