



Hospitals & Institutions
Subcommittee Minutes
September 1, 2025

Call to Order by Stephen P. @ 7:00pm

Moment of Silence: Who WE Serve

- **Reading of the 12 Traditions:** Read by **Cat Bell**
- **Reading of the 12 Concepts:** Read by **Danny M.**

Members in Attendance (14): Amber R., Cat Bell, Danny M., Elena P., Geanita S., Kim S., Mike H., Mike K., Murphy P., Randy D., Shane S., Shirley J., Stephen P., Steve H.

New Attendees (3): Amy J., Jessica K. ****Welcome!**** Paul C. ****Welcome Back!****

Motion to approve previous month's minutes by Randy D., 2nd by Danny M.
In Favor (14); Opposed (0); Abstains (0); **Motion Passes**

Trusted Servant Reports

- **Chair** (Stephen P. - *Written*) *Dear Family, all is well here with Stephen P. I held my commitment to the NRADC last month! I hope you all had a great month and thank you for all you do for NA and H&I. Sincerely yours, Stephen P. H&I Chair*
- **Vice-Chair** (Randy D. - *Written*) *Hello H&I family, I honored my commitment to the NRADC with Danny M. on August 27, 2025. The facility was locked down. No meeting went in. I was making my rounds doing PR work by putting out updated meeting list into facilities. I called the NRADC and spoke with Officer Schneider (now the new programs coordinator replacing Officer Dill) and asked if he would accept the new meeting list. He said yes and we talked. He gave me his contact card, and I forwarded this to Steve H. and Stephen P.*

The new meeting list has changes to them. They are New Freedom, Warrior Women, Brothers In Recovery and Renegade all meet now at 501 South Cameron Street, Winchester VA 22601. The Regardless Of homegroup no longer meets. Please make changes to your meeting lists. In Loving Service, Randy D. Vice Chair H&I

- **Secretary** (Cat Bell – *Verbal*) *Hello family. I held my commitment to the Women's Correctional Facility and compiled a list of online meeting platform features for the Chair to present to ASC. We can discuss under new business. Thank you for letting me serve. Cat Bell*
- **Literature Coordinator** (Danny M. – *Verbal*) *Just received the literature ordered from area. We are fully stocked. If any facility needs literature let me know. I did honor my commitment to NRADC but as Randy D. stated they were on lock down. ILS, Danny M.*
- **NRADC Panel Coordinator** (Steve H. - *Written*) *Hey family, I attended JDC on 8/12 with 9 in attendance. I also attended BHU on 8/7 very good meeting. On 8/13 Stephen P., Peyton C.,*

and Steve H. took in a meeting to NRADC. 1 meeting had 4 in Pod 3. 1 meeting had 4 in Pod 2. It was a good meeting.

On 8/20, Cat Bell and Kim S. took a meeting into Community Corrections. There were 4 in attendance. On 8/27, Danny M. and Randy D. showed up to take a meeting in. However, the jail was on lock down and we were not able to take in a meeting.

I have recently sent an email to Officer Schneider and asked about where the literature ended up. Waiting on a response. We may need to get another order. I also asked about maybe obtaining a copy of our agreement that we have in place to refresh on the times and dates. I also asked to meet with or talk to him to get to know him. Always looking for people to help out and get involved. In Loving Service, Steve H.

- *Danny M: What literature are you talking about?*
 - *Steve H: We sent literature into the facility last month, but it never ended up in our box. We are asking if anyone has found it. I also have 2 books to add to the box*
 - *Cat Bell: Can you just put the literature in the box?*
 - *Steve H: No, the literature has to go through our contact at the facility*
 - *Randy D: If you cannot get there during the day, I can take the books and ask about the other literature.*
- *Kim M: Cat & I came across IPs that had staples in them. We didn't feel comfortable taking them out. Is there something you want to do about it? We don't want to put that literature out. We can discuss under new business.*
- **JDC Panel Coordinator** (Peyton C. – Absent - Written) *Hi family, I hope all is well. My report is as follows. On August 12th Steve H. and Kim S. took a meeting into the Juvenile facility. It was a great meeting with 7 residents present. 1 post D resident. On August 26th, Tara C., William H., and Mary J. were scheduled to take a meeting in. I was contacted ahead of time by Tara letting me know she was going to be out of town. However, the meeting didn't happen and I've yet to follow up with William or Mary. Hopefully, we can get back on track for September as I hope to push for 3 meetings a month coming soon as the committee allows! So, we can further carry the NA message. Thank you for allowing me to serve! ILS, Peyton C.*
- **BHU Panel Coordinator** (Amber R. - Written) *Hi family. On 8/7, Steve H. and Stephen P. took a meeting in and had a lot of participants and a great meeting. On 8/14, Amber R. and Murphy P. took a meeting in. On 8/21, Amber R. and Murphy P. took a meeting in. On 8/28, we were not able to hold a meeting. The people scheduled were not able to make it and I was not able to find replacements. Our "Who Is An Addict" reading is starting to not look so great, we may need to laminate a new one soon. In Loving Service, Amber R.*

Addition: We do need some of "The Loner: Staying Clean in Isolation" IPs

- **RSWDC Panel Coordinator** (N/A)
- **WATTS Panel Coordinator** (Johnny C. – No report until October)

NA H&I Handbook Review

- Read paragraph under **Long-Term Facilities** on page 39, paragraph 1

Open Forum (10 minutes)

- Paul C: I am moving to this area, I cannot take on a commitment but am willing to serve. (Gave applications for JDC and NRADC)
- Steve H: I'm not sure that ASC understands the importance of the online meeting idea. I believe we should emphasize the importance. I think it's a great idea.
 - Kim S: Asked for clarification – Steve explained his interpretation of what ASC's feedback. Steve is asking about H&I usage. Kim S. is asking about just ASC having an online meeting platform available. 2 different topics.
 - Randy D: Regional is already using Zoom without any conflict. Someone replied to the ASC meeting minutes that they would like to see one facility use it before they would agree. We could save some money by consolidating.
 - Kim S: Why wouldn't we use Regional?
 - Randy D: You have to be part of the Region to use the Regional account.
 - Danny M: I would like to see the area pick it up but we have the budget to use it ourselves within H&I
 - Cat Bell: I've got a problem with people giving feedback to topics by replying to the meeting minutes emails. I don't think this feedback should be considered. Furthermore, the minutes state that the feedback is to be provided from the homegroups, not individuals and it should be discussed at ASC.
 - Kim S: Do we want to decide as a group that H&I have its own subcommittee account?
 - Stephen P: It has never been an H&I motion. I'm not sure that ASC is going to agree.
 - Danny M: I would like to see what ASC is going to do. We can always go with our own.
 - Kim S: How long do we wait?
 - Randy D: Elections are coming up in January. I have a feeling we are moving forward.

• Old Business

- Public Relations Presentation
 - No update
- Phonenumber stamp for literature
 - Self-inking 4 lines \$19.99 or 2 for \$39.99
 - **SheVANA 24/7**
 - **Phonenumber: 800-777-1515**
 - **Local website: shevana.org**
 - **Region website: car-na.org**
 - Steve H: Made motion; 2nd by Amber R. (unanimous)
In Favor (17); Opposed (0); Abstains (0); **Motion Passes**
 1. Black ink; Stephen P will order (2)
 2. H&I literature will own and carry the stamp

• Elections

- None

• New Business

- IPs with staples

- Randy D: We should not be using NRADC stamped material in the facility during our meetings. We should only use NA provided materials.
- Steve H: Do you need literature? Is that something I should be asking when I talk to the new coordinator? Where should we keep our literature?
- Randy D: I can buy a box.

• **Facility Scheduling**

BHU (*Meets every Thursday @ 5:45pm*)

- 9/4: Steve H. & Murphy P.
- 9/11: Amber R. & Shirley J.
- 9/18: Amber R. & Amanda S.
- 9/25: Steve H. & Cat Bell
- 10/2: Johnny C. & Murphy P.

JDC (*Meets every other Tuesday @ 6:30pm*)

- 9/9: Steve H., Stephen P., Peyton C.
- 9/23: Kim S.
- 9/30: TBD

NRADC (*Men meet 2nd & 4th Wed; Women meet 3rd Wed*)

- 9/10: Stephen P. & Steve H.
- 9/17: No meeting scheduled: Only Kim S. is available
- 9/24: Danny M. & Randy D.

NOTE: *If you have contact with someone while they are incarcerated or sponsor that person, you cannot take a meeting into that facility while they are there*

• **Announcements** by Cat Bell

- 9/6 NA World Unity Day online events (info @ na.org)
- 9/7 Joe A. celebrates 1y @ NOANDA
- 9/7 Battlefield Area Unity Potluck 3pm-4:45pm @ Church of Brethren, Manassas (info @ cprna.org)
- 9/11 Danny M. 15y @ New Chance
- 9/19-9/21 CAMPJAM! Hosted by Gateway to Freedom Area @ Camp Minco, Mineral County, WV (info @ car-na.org)
- 9/26-9/28 River of Hope Campout XIX, Nanjemoy, MD (info @ cprna.org)
- 9/27 Frederick Area Spiritual Breakfast 9am-Noon, Frederick, MD (info @ cprna.org)
- 9/28 Gateway to Freedom Area End of Summer Picnic, Noon-4pm, Constitution Park, Cumberland, MD
- 10/4 Dulles Corridor Area Fall Picnic 1pm-5pm @ Algonkian Regional Park, Sterling (info @ na.org)
- 10/18-10/19 Regional Service Committee 2-day meeting and workshops (info @ car-na.org)
- 10/25 Northern VA Area Halloween Dance 8:30-Midnight, Arlington, VA (info @ cprna.org)

- Central Atlantic Regional Subcommittees
 - 10am-12pm on 3rd Saturday in Sep, Nov
 - Zoom Meeting ID: 850 6216 7488
- 1/23/26-1/25/26 42nd AVCNA in Roanoke, VA
- *The next **H&I Subcommittee Meeting** will be held on Monday, October 6, 2025, at 7pm in the rear of The Adams Nelson Building, 303 S Loudoun St, Winchester, VA 22601*
- *The next **H&I Handbook Study** will be held on Monday, October 6, 2025, at 6pm in the rear of The Adams Nelson Building, 303 S Loudoun St, Winchester, VA 22601*
 - *Page 50 **Sample Format** (Psychiatric and Forensic)*
 - ***NOTE:** Review clean time requirements for different facilities*
- **Motion to Close** by Danny M.; 2nd by Steve H.
In Favor (17); Opposed (0); Abstains (0); **Motion Passes**

Meeting was closed with the Serenity Prayer