

SheVANA ASC Minutes

July 14, 2025

Meeting opened by Meredith S-C @ 6:30 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by David T.

The 12 Concepts for NA Service were read by Bailey.

The SheVANA Purpose was read by Liz C.

First ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery		Inactive
Experience Strength & Hope	Robin	
Eyes To the Sky	Frank	
Finding a New Way to Live	Phil	
Fire, Faith and Fellowship	Tara	
Last Connection		Inactive
Midday NA	Brad	
NA at Millcreek		Inactive
New Chance	Danny	
New Freedom	Taylor	
N.O.A.N.D.A.	Steve	
Out of the Cage		
Recovery and Beyond	Danny	
Regardless Of	Heather	
Renegade		
Save Uranus		
Solution Seekers	Bailey	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesdays		Inactive

Quorum met for the first roll call with 12 groups present. 4 home groups are inactive..

Wendy motioned to approve last month's minutes. Heather seconded the motion.
Minutes passed 0-12-0

REPORTS:

- **Chair: Meredith S-C** – Present and read the following report

Good Evening ASC,

I am happy to report that all of the appropriate signers are on the BCC bank accounts. Thank you so much!

In Loving Service-
Meredith S-C

- **Vice Chair: David T.** – Present and read the following report

David T, addict,

I don't have much, except shout out to all who got the bank accounts taken care of.

In loving Service

David

- **Secretary: Liz C.** – Present – no report

- **RCM: Heather R.** – Present and read the following report

I attended the 233rd regional subcommittee quorum was met w 6 rcms 7 areas present. I had Chris m added as rcm alt

Roland C is now the Regional chair.

Vice chair vacant

Secretary absent her position is up in August.

VRCC absent

Treasure I gave donation from Shevana

Vice Treasure vacant

Speaker Jam vacant

H&I vacant

PR vacant

Policy was presented and stepped down so position is vacant

Basic Text were given out two per area. I do have two tonight

There is a new motion 233-1 from region which will be under new business tonight

After many views of the Regional policy

30,179.80 was donated to world leaving Regional balance at 18,250.

There will be a subcommittee meeting this Saturday on trying to fix the Regional website

the chair is supposed to contact the correct people to be there.

Virginia summer institute is this month we will have a table

New Regional time will be at 11am next Regional is held in Luisa VA 3rd Saturday of August.

The delegate team is working on a survey for topics for the October 2 day.

NAWS H&I Webinar July 19 Topics and Zoom Info

Dear H&I Webinar Participants,

This Saturday, July 19th at 9am Pacific Daylight Time will be the next H&I webinar.

Spanish translations will be available. Hope to see you there!

Also, please note that the next PR webinar has been pushed back to August 9th, 9am Pacific Daylight Time, more info will be sent out as that gets closer.

Topics will include:

- New Zealand Presentation on creating a PSA

- Sponsor Letter Writing Committees best practices
- How to get into a new institution when efforts to reach out have failed?
- H&I Basics rewrite - Treatment Basics Section

Zoom Info:

Topic: NAWS H&I Webinar

Time: Jul 19, 2025 09:00 AM Pacific Time (US and Canada)

Join Zoom Meeting

https://go.na.org/e/1004602/TcLZAmzmmeGkGjF5MwHki170aSeG-1/6w85lm/6866313192/h/nn_kP9eDLJ32IBHXaKXKudUidpxS4WwpG35piE9o0Bw

Meeting ID: 867 7028 0990

Passcode: H&I

Find your local number: https://go.na.org/e/1004602/u-kbaTx0E6TA/6w85lq/6866313192/h/nn_kP9eDLJ32IBHXaKXKudUidpxS4WwpG35piE9o0Bw

Richard Roy

Public Relations Team Assistant

Rich@na.org

818-773-9999 extension 153

Narcotics Anonymous World Services

- **RCM Alt: Chris M.** – Absent but Liz C. read the following report

Sorry family I once again can not make it tonight. I sincerely apologize. I did attend the RSC on June 21st via zoom open positions are vice chair, vice Treasurer, HNI chair, PR, speaker jam chair, policy chair, and secretary if anyone is interested they should attend the next RSC. Roland C was elected as chair and there is a regional motion I'm sure Heather has already reported.

Thank you for allowing me to serve
Chris M

- **VRCC: Bailey R** – Present and read the following report

Hi Everyone,
I will be attending the VRCC meeting this Sunday on zoom. The meeting is only happening on zoom this month.
In loving service, Bailey R.

- **VRCC Alt: OPEN**

- **H & I Chair: Stephen P.** - Present and read the following report

Dear ASC, all is well in H&I land. We are continuing to carry the message and the subcommittee is thriving! Our next meeting will be August 4th at 6pm for our Handbook/Guideline review at 303 South Loudoun Street Winchester Virginia. Thank you for allowing us to be of Service.
Addict named Stephen P.

- **Newsletter: OPEN**

- **Outreach: Logan O** – Present and read the following report

The men's meeting opened, and they need support. Thank you for letting me serve.
Logan O.

- **Parliamentarian: Frank Y** – No report

- **Public Relations: Wendy D.** – Present and read the following report

June 23, 2025 Public Relations Report

Public Relations met on June 23rd at Wellhouse Ministry Church. We had two in attendance. We read from the PR Handbook for our literature study, then proceeded with our business meeting. Below are highlights.

PR Business handled:

- Verified all celebrations currently known & updated on calendar.
- Uploaded ASC & H&I minutes to website
- Next PR Subcommittee meeting is July 28th from 7-830pm
- We will need our standing budget request for rent please.
- New meeting lists are here!!! Please see me during break or after ASC for some!
- I have the invoice from Commercial Press for our Treasurer
- PR is working to get the new meeting lists out into the community
 - o Probation & Parole offices of Winchester
 - o Probation & Parole Warren Co.; and Shenandoah County
 - o Winchester & Front Royal Courthouses
 - o Handley Library
 - o Shenandoah Valley Community Health Clinic
 - o Front Royal Social Services
 - o CCAP in Front Royal
 - o Loaves of Fish (food Pantry)
 - o Health Department Front Royal

- PR was forwarded an email from Shenandoah Valley Community Health Clinic. They expressed interest in PR having a table at future events, and having meeting lists available in their offices. The event she originally reached out about was cancelled/did not happen, however I have explained we would be happy to have an info table if they do have an event, and we are working out getting meeting lists to their office.

I am sending my report to our secretary in case I am late arriving at ASC, but will definitely be there!!!

Thank you for letting me serve!!

ILS, Wendy D.

- **Special Events: Kevin I – Absent**
- **Video Conferencing Ad- Hoc – Stephen P – Present and read the following report**

I am bringing this back to the group. We were unable to get a meeting set. I am hoping that someone else will step up to be the chair. I will bring this up in New Business.

QUESTIONS ON REPORTS:

RCM reported that you brought back two basic texts. Are these basic texts from the East Coast convention? Yes, they are.

NON-STANDING BUDGET REQUESTS:

OPEN FORUM:

Concept of the month read by David t.

Ad Hoc zoom – how do y'all want to go about this. I do not think there is a need for the Ad Hoc. I think we wanted to look at more cost-effective options. There is no interest in meeting, so it is hard to get people together. Stephen can bring options next month. Cat, Barbara and Stephen will discuss and bring information next month. There is no need for an Ad Hoc so this Ad Hoc has been disbanded.

We attach the bank statements to the minutes each month. I have 2 years worth of bank statements in this binder. Can I shred them?

How many months of bank statements do we need?

PR keeps minutes on the website for a year.

I didn't want to shred them without the body's permission.

Do people have access to these accounts online?

Treasurer's account is separate from any personal account.

A valid point was raised about access to the accounts.

So, are we going to investigate who has access?

Michelle will find out who can access.

The bank took 5 months to give the proper access to the proper people. It is an ordeal to get people on and off the accounts. It is a challenge.

Resetting passwords is less difficult than getting people on and off the account.

We can get documents from the bank if needed, so we will shred the bank statements that are in the binder.

Right after area service, every Saturday is the literature sub committee meeting at edge hill. Literature could use some support.

Regardless of homegroup needs support. Please come Wednesday at 6 pm at TRC.

Please show support, we do not want to close.

Outreach needs support.

Meeting lists have been ordered – please tell Wendy if your meeting location is changing. She will update the website.

*******10 MINUTE BREAK*******

Meredith S-C. called the meeting back to order at 7:14 with a moment of silence and the Serenity Prayer.

Second ROLL CALL		
Group Name	Representative	Status
Brothers in Recovery	William	
Experience Strength & Hope	Robin	
Eyes To the Sky	Frank	
Finding a New Way to Live	Phil	
Fire, Faith and Fellowship	Tara	
Last Connection		Inactive
Midday NA	Brad	
NA at Millcreek		Inactive
New Chance	Danny	
New Freedom	Taylor	
N.O.A.N.D.A.	Steve	
Out of the Cage		
Recovery and Beyond	Danny	Inactive
Regardless Of	Heather	
Renegade		
Save Uranus		
Solution Seekers	Bailey	
Welcome Home in Recovery	Wendy	
Women Warriors Wednesday	Mary	

Quorum met for the second roll call with 14 GSRs

Liz C. read the announcements.

- **ANNOUNCEMENTS**

- Andon – 1 year – July 29th – Solution Seekers
- John W – 2 years – August 16th – Fire, Faith and Fellowship
- George B 7 years – July 19th – Fire, Faith and Fellowship
- Shawna G – 2 years – August 18th – New Freedom
- Rich B – 24 years and Deandra – 1 year – July 26th – Experience, Strength and Hope
- Amanda S. – 2 years – July 15th – Eyes to the Sky
- Heath – 1 year – August 7th – Mid-Day NA
- Michelle M – 13 years – July 23rd – Regardless Of
- Tim O – 1 year – July 20th – NOANDA
- JC – 1 year – July 27th – NOANDA
- Mike H – 7 years – August 3rd – NOANDA
- Kevin M – 38 years and Meghan G – 11 years – July 22nd – Solution Seekers
- Shevana Picnic – July 16th from 12 pm until 5 pm – Lions Shelter at Jim Barnett Park
- Regional Subcommittee meeting – 10 am the 3rd Saturday of odd months

- **PLANNED SUBCOMMITTEE MEETINGS:**

- PR Subcommittee meeting is July 28th 7-830pm – Wellhouse Ministry – 5488 Main Street, Stephens City
- Special Events subcommittee meetings – 3:15 at Edgehill –July 20, August 17
- H&I Subcommittee – 1st Monday of every month at the Adams Nelson building – 303 Loudoun, Winchester, VA
- Literature subcommittee – Every Saturday after area – 1:30 pm at Edgehill

- **OLD BUSINESS:**

- **NEW BUSINESS:**

- **Regional Motion**

Regional Motion 233-1

Sherry V is motion maker

Seconded by HeatherR.

Description: World Services has paid for the Regional Delegate to attend for many years after the conference voted for it. Then the vote changed for NA world services not to pay for RD unless there are extenuating financial hardships of the region/zone.

Intent: To be fully self-supporting

Motion to change Section VIII: Additional Guidelines

1. RSC will pay for transportation, lodging, and per diem for the RD and the RDA 2 to attend the biannual WSC, and for per diem.

TO:

CARNA will cover the costs of transportation, lodging, and per diem for

the RD, RDA, and RDA2 to attend the World Service Conference (WSC).

Questions:

Is this a delegate team motion or a Sherry V motion? It is a delegate team motion. So we are just taking the burden off the world and bringing it back to the region?

The region takes care of everything for all three people at the regional level? Yes.

Was there discussion if the RDA2 really needs to go? What if there is an amendment that it only covers the RD and RDA? If you put a counter motion in, I will bring it to the meeting.

Did they put a cap on the amount? There was discussion about how much but no cap. Does CARNA have that kind of money? We do, but there is a big discrepancy on how the prudent reserve was read and we just donated to World.

Anyone can put these motions in the CAR and we as NA members can put our 2 cents in. This is how this came about.

I want to clarify in this motion that the change will be: RSC will pay for RDA and RDA2, so the RDs were already covered by the world. With this motion the RD will be covered by the region because it is no longer covered by the world.

If there is a regional financial hardship, the world will step in.

Can we put a motion in to get our \$30,000 back?

There are no pros and cons.

If this is a motion that directly affects the regional finances, was there any discussion of increasing the prudent reserve?

Yes, this will go in the budget next year.

○ **Area Motions**

Motion maker: Barbara S.

Seconded by Frank

Motion 07-01-25

FROM:

13.1.4 Additional Guidelines for Subcommittees with bank accounts

13.1.4a Subcommittee Chair will be a signor on the subcommittee's bank account along with another Trusted Servant, so that two signatures will be on any check.

13.1.4b Subcommittee Treasurer or Chair is to maintain a checkbook register and keep all paper bank statements as well as a receipt ledger

13.1.4c Subcommittee Chair shall participate in an annual reconciliation with the Financial Reconciliation ad hoc committee

13.4.1d Subcommittee Chair shall submit a full annual financial report at the end of each term at the completion of the financial reconciliation

TO:

13.1.4 Additional Guidelines for Subcommittees with bank accounts

13.4.1a Subcommittees shall coordinate with ASC Chair and bank to add/remove members of the subcommittee's executive body

Intent:

To allow subcommittees with bank accounts ability to establish their own guidelines and still be accountable

E.g. Special events has added Vice Chair as a third available check signer and this ASC guideline change allows that subcommittee guideline change to still comply with ASC guidelines

Questions/pros and cons:

Does this mean you can put as many people on the bank account as wanted?

Yes, if it is voted on.

Just two signers still.

I want to bring more clarity, it is decided that the chair, treasurer and vice chair. So that the ASC chair doesn't always have to be called on to sign checks.

Do you feel that this would be helpful and add accountability to checks and check books?

I think it does, it broadens our signer pool and then help subcommittees make their own guidelines. Still coordinate the signing of checks through the chair.

Do we trust our trusted servants to delegate responsibilities?

Yes

Pro:

It helps to effectively reimburse subcommittee members who may be on the bank account

Time efficient

Con:

None

- **LITERATURE REPORT: Cat Bell** – Present and read the following report

July 14, 2025

Hello family,

The subcommittee met in person on Saturday, 6/14/25 at 1:30pm at Edgehill with 1 person in attendance.

The literature debit card has expired and could not be used to place the June literature order with NAWs. The bank had an obsolete physical address where the debit card was mailed. However, they were able to remove that address and will mail any future debit cards to the PO box. I used my personal credit card to place the NAWs order and reimbursed myself with a Literature subcommittee check for the total amount of \$329.45. I was not aware that (2) signatures were required on the check. It may be returned.

I would like to know how to obtain online access to the Literature Subcommittee account.

I would also like to know how to access the literature email account:

literature@shevana.org

The H&I literature order was fulfilled after the last ASC.

Financial Report Period: 6/10/2025 – 7/14/2025 (June ASC to July ASC)

Beginning Bank Balance: \$286.54 (As of 5/30/25)

Cash on Hand: \$59.00

Income: \$394.27 (\$ Bank Credits)

Literature Sold in June: \$394.27 (\$377.07 Deposit)

Interest Earned: \$0.27

Expenses: \$339.45 (\$ Bank Debits)

NAWS Order: \$329.45

ASC Donation: \$0.00

Rent: \$10.00 (Cash)

Paper Statement Fee: \$2.00

Supplies: \$0.00

Cash on Hand: \$59.00

Ones 5

Fives 2

Tens 2

Twenties 1

Pennies 10

Nickels 5

Dimes 9

Quarters 10

Ending Bank Balance: \$332.43

Prudent Reserve: \$550.00

Thank you for allowing me to serve, Cat Bell

- **TREASURERS REPORT Michelle M** - Present and read the following report

Beginning balance \$ 1435.46

Paper statement fee \$2.00

Storage unit \$108

Check Fee \$ 28.95

Checks written

1982 adams nelson \$25

1983 canvas community church \$50

1984 well house ministries (PR standing) \$20

1985 Heather R \$54.18

Total Debits \$288.13

Donations: \$279

Ending Balance: \$1444.59

Under Prudent \$ 55.41

QUESTIONS ON TREASURER'S OR LITERATURE REPORT:

Your reimbursement was \$55? Yes. What is your standing budget? \$100

Cat, are we at prudent reserve? No.

For online access – all you have to do is call the bank and they will give you a link to access.

In order to get online access, she had to include the chair of the area and the chair of the sub-committee.

- **NEXT ASC MEETING:** Next Area Service Meeting will be held on Monday, August 11, at 6:30 pm. at Canvas Community Church, 2333 Roosevelt Blvd. Winchester VA 22601

MOTION TO CLOSE – Motion to close moved by Danny and Frank seconded.
Meeting Adjourned at 7:59.

