



## SheVANA ASC Minutes (Unapproved)

Monday, November 11, 2024

Meeting opened by Michelle M. @ 6:31 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Luke T.

The 12 Concepts for NA Service were read by Heather R.

The SheVANA Purpose was read by Willie W.

First ROLL CALL		
Group Name	Representative / Title	Status
Experience Strength & Hope	Alt. GSR – Robin M.	Present
Eyes To the Sky	GSR – Andre A.	Present
Finding a New Way to Live	GSR – James F.	Present
Fire, Faith and Fellowship	GSR – Logan O.	Present
Last Connection	GSR – Chris M.	Present
Midday NA	GSR – Janna S.	Present
NA at Millcreek		Inactive
New Chance	GSR – Tony B.	Present
New Freedom	GSR – Nelson S.	Present
N.O.A.N.D.A.	GSR – David T.	Present
Out of the Cage	GSR – Willie W.	Present
Recovery and Beyond	GSR – Danny C.	Absent
Regardless Of	GSR – Heather R.	Present
Renegade	GSR – Kevin I.	Absent
Save Uranus	GSR – Christine M.	Present
Solution Seekers	GSR – Ashley W.	Present
Welcome Home in Recovery	GSR – Wendy D	Absent
Women Warriors Wednesdays	GSR – Mary H.	Present

**Quorum Met for the first roll call. 1 home group is inactive. 14 home groups are present.**

### REPORTS:

- **Chair: Michelle M.** – Present and gave the following report:

Hi Family,

My apologies for not being in attendance last month and thank you to Meredith for covering. I don't have much time report this month other than I picked up the mail from the PO Box and distributed it and got a key for the storage unit for the literature committee.

ILS,

Michelle M

- **Vice Chair: Meredith S-C** – Present and gave the following report:

Hello Family,

Thank you for allowing me the opportunity to Chair last month's meeting. I am learning a lot by being involved in service as the Vice Chair and familiarizing myself with the guidelines. Thank you for allowing me to be of service.

In Loving Service,  
Meredith S-C

- Heather R. moved and Mary H. seconded a motion to approve the October 2024 minutes.

**ABSTAIN – YES – 10 NO – 0 MOTION PASSES –**

- **Secretary: Norman C.** – Present and read the following report:

Dear ASC,

I am pleased to report that the October minutes were distributed in a timely manner. If you did not receive them, then I do not have your correct email address. To remedy this, when you fill out the Attendance sheet, please mark the column headed "Add email."

Also, a reminder to please send all reports and/or attachments to be included in the minutes to my email address, Norman2500@aol.com, no later than the end of the week to ensure their inclusion in the minutes.

Thank you for allowing me to serve

ILS,  
Norman C.

- **RCM: Heather R.** - Present and read the following report:

229 Central Atlantic Regional Conference

Saturday October 19,2024

Topics:

\*Carrying the NA message and making NA attractive: creating an atmosphere of recovery not just writing ur number but introducing urself teaching people how can we learn if we are not taught. There is no and a Using the clarity statement

\*DRT/MAT:

when do u tell people they are not clean how do u tell them they are not and keep them coming back the solution is informing them and letting them know there limits We follow the traditions Being in a position on MAT at an area or Regional level even GSR although homegroups are autonomous gives the perception that this is OK and can flow futher into the fellowship/area. It causes disunity and affects NA as a whole. Although we want to welcome people where they are and accept them for as well as they want to be we follow the traditions. That is abstinence so picking up key tags and celebrating while on mat is not part of the narcotics anonymous program. There are other ways to work the steps on MAT other then formally which says we are clean before we work them

\*Predatory Behavior

keep ur stuff in ur pants and give the new comer a chance. Make NA a safe place sometimes we have to work in unity against what we know is predatory be careful getting rides, accepting money gifts food drinks cigarettes not just men on woman it's woman on men, men on men, woman on woman and they can be banned from a meeting and be considered at a later time through group conscious. When no other approaches has worked. With violence the meeting as a whole is more important u call the police

What is:

Personal responsibility And how do u approach these people wo harm When should members intervene Whats the group responsibility How do groups take an inventory of these issues or create bylaws on how to make our groups safe there is a safety statement ip29 Also racism, homophobic languages, recording during meeting, being loud loud children/pets The delegate teams is willing to come in and talk about this w shevana

\*Our freedom our fellowship our responsibility putting believe into action, step out of comfort zone, include inspire others, carry message to all addicts who suffer, better communication efforts, How do u exercise ur sense of responsibility for NA what are u willing to help out w Group conscious is help by the groups for the groups to have a voice. If groups are not having groups then gsr should not be coming to area to vote There is a slack app u can join to keep up w service let me know if u are interested

Sunday October 20, 2024

We have 17 areas in our region 14 of which were present.

Vacancies:

Treasurer

Vice Treasure

H&I

Policy

PR

Speaker Jam

We need these spots filled if anyone is interested please we need ur service. I joined the slack group if anyone is interested in that let me know. Motion 228-1 to be in person on Saturday of the April 2 day did pass. All in person Saturday virtual Sunday for the april 2 day only. Chair has been filled by Craig Vice Chair There were loads of great information presented and equally informative personal experiences and today's realities of the most pressing issue discussion topics our fellowship face today. As a worldwide fellowship we are still defining our concrete approach to some of these topics. Others like our "48 must" "everything that occurs in the course of NA service MUST be motivated by the desire to more successfully carry the message of recovery to the addict who still suffers, are clearly defined. The information was recorded, and I am sure will be available in the days to come. I welcome all Areas to continue the discussions by hosting learning days and maybe even inviting our Delegate Team to assist in quadrant presentations in the future

Carna opening balance 22,586.92

Secretary has a new email [laurenhrecovery@gmail.com](mailto:laurenhrecovery@gmail.com) or u can still use the [secretary@car-na.org](mailto:secretary@car-na.org)

Regional Delegate I attended the Conference Participate Webinar. participated in the World Workgroup the Future of the World Service Conference. attended the VRCC, the website ad-hoc, and the rotation ad-hoc for the VRCC. attended the Northeast Zone steering committee to listen about the 2-day event in Cherry Hill,

Regional Delegate Alternate 2 One of the things rolled out at WCNA, as is traditionally done at each WCNA, is our Membership Survey. The survey results help find out "who is missing," and educate professionals about the people and program of NA. If you missed it at WCNA, you can still fill it out online until January 30, 2025. The link is here: [https://www.surveymonkey.com/r/membership\\_survey\\_2024](https://www.surveymonkey.com/r/membership_survey_2024) Another survey active and waiting for your input and participation is the new Survey about Step Working Materials: [na.org/survey](https://www.surveymonkey.com/r/step_working_material) (if you have resources you use to work Steps, please send them to [wb@na.org](mailto:wb@na.org)) The direct link is here:

[https://www.surveymonkey.com/r/step\\_working\\_material](https://www.surveymonkey.com/r/step_working_material) Please take this back to your

reas and groups, and encourage our members to fill these out—our voices are important, our input is essential as we all continue to work together in strengthening our fellowship, and carrying our message.

VRCC Stephen will fill you in

Policy Chair adhoc in the process of making changes I emailed put all events to members of area. The full reports are on the carna website car-na.org

Thank u for letting me be of service

Heather R.

- **RCM Alt: OPEN**

- **VRCC: Stephen P.** – Present and read the following report:

Dear ASC,

VRCC meets this coming Sunday (17th) and I plan to be in person. Just a few things have come up over the last month. VRCC updated the Bank Accounts and now AVCNA registration checks need to be written out to the VRCC instead of AVCNA. The Host Committee is sending the checks back with a letter of explanation. The price will stay the same if you did preregistration. Sorry for the confusion and inconvenience this has caused some members.

Also we were unable to conduct our special meeting to approve the host bids because we did not have enough directors show up for the meeting so we have to take care of all that this coming Sunday. The convention is fast approaching so please make sure you're getting registered and getting your hotel booked. Thank you for allowing me to be of service.

ILS,

Stephen P

- **VRCC Alt: OPEN**

- **H & I Chair: Chris M.** – Present and read the following report:

Hello

We had our subcommittee meeting on November 4th I would like to request \$25 for rent to Adams Nelson our next meeting will be on December 2nd our handbook study will be at 6:00 pm with the subcommittee at 7:00 pm

Thank you

In service

Chris M

- **Newsletter: OPEN**

- **Outreach: Danny C.** – Absent and sent the following report:

Hello family, I won't be able to make it tonight however I attended my home group, experience strength, and hope meeting on Saturday and the renegade meeting also weekend survivors in Fort Ashby, which is a gateway to freedom meeting. The next Outreach subcommittee meeting will be November 19 6 o'clock before the recovery beyond meeting in Capon Bridge, West Virginia. Thanks for letting me serve, Danny C.

- **Parliamentarian: OPEN**

- **Public Relations: Luke T.** – Present and read the following report:

Hey family,

PR met on October 27th with 3 members in attendance. We further discussed how we can better print our meeting lists to ensure addicts in the public have the most up to date information. For the time being, we have moved our subcommittee to the 4th Monday of the month. For the following month we will meet from 4-6pm on November 25th at Bowman Library in Stephens City. This new time and date is subject to change. We had a website workshop on Wednesday

November 30th to assist a member in learning how to update our calendar and website. We had 3 members in attendance. If you would like to get involved in PR please reach out to me. We are also willing to make our handbook study and business meeting available virtually. Please send any meeting updates, events, and calendar updates to Randy, Wendy, or myself.

If you have any urgent questions please call me at (754) 303-6805. Other requests can be sent to [publicrelations@shevana.org](mailto:publicrelations@shevana.org).

In loving service,  
Luke T

● **Special Events: Bailey R.** – Present and read the following report:

Hi everyone!

This past month we met and have been planning our next events.

The special events account is at \$809.90 There was a \$2.00 fee and a \$.41 credit. Our next event is a chili cook off on November 23rd.

As always, we are accepting book and memorabilia donations to raffle off at our events.

Our next meeting is 11/17 @ 3:15 pm in the meeting room at Edgehill.

In loving service, Shevana Area Special Events Chair Bailey R.

● **Reconciliation Ad-Hoc: Norman C.** – Present and read the following report:

Dear ASC,

The committee is scheduled to complete the reconciliation of the Special Events financial records on Sunday and is hoping to schedule the review of Literature financial records this month as well.

Thank you for allowing me to serve.

ILS,  
Norman C.

● **Policy Ad Hoc: Meredith S-C** -- Present and read the following report:

Hello Again Family,

The Policy Ad Hoc Sub Committee met on Sunday, November 3rd at 4 pm. There were two people in attendance at this meeting. The policy ad hoc will submit our first motion tonight to hopefully provide clarity regarding the guidelines as often they can be confusing or misinterpreted. Also, we have an item for open forum and would love to hear the ASC members feedback on. I will bring this up during an open forum tonight.

The Policy Ad Hoc Sub Committee will meet again on Sunday, December 1st at 4 pm. Meeting will be held at The Recovery Connection, 320 Westside Station Drive, Winchester, VA 22601.

Thank you for allowing me to be of service.

In Loving Service,  
Meredith S-C

● **GSR Work Shop Ad Hoc: Linda A.** – Present and read the following report:

The Ad Hoc GSR Workshop met on 10/21/24 with 4 members in attendance. We discussed getting a listing of current GSR's and GSR-Alternate names and phone numbers. We also discussed getting everyone who attends to be involved informally with the workshop.

The next meeting of will be held on 11/18/24 at 7 p.m. at 809 No. Loudoun Street, Winchester, VA.

In Service to NA,  
Linda A., Addict

**QUESTIONS ON REPORTS:**

1. Michelle M. to VRCC: Concerning check problem? It was resolved.
2. Linda A. to VRCC: What is the bank account balance? Will find out and report.

**NON-STANDING BUDGET REQUESTS:** Literature submitted a request for \$13.25 for literature and A Guide to Local Services provided to our newest home group that was not paid last month. Since this is a standing budget item, a check was written to literature without a vote.

**OPEN FORUM:**

1. 11<sup>th</sup> Concept read.
2. Discussion regarding whether it violates the 6<sup>th</sup> Tradition to either announce NarAnon meetings or have NarAnon flyers available at our meetings.
3. Literature Chair announces her resignation effective at the close of the meeting. The vice chair of the committee will perform her duties, including depositing funds collected into their bank account, until a new chair is elected.
4. Discussion concerning how to treat abstentions when voting on motions. Currently, if a third or more of those eligible to vote on a motion abstain, voting is halted. If less than a third abstain, voting continues. If voting continues, should the vote needed to pass a motion be determined based on the total number of eligible votes or the total number of those voting yeah or nay?

\*\*\*\*\*10 MINUTE BREAK\*\*\*\*\*

Michelle M. called the meeting back to order at 7:30 pm with a moment of silence and the Serenity Prayer.

<b>Second ROLL CALL</b>		
<b>Group Name</b>	<b>Representative / Title</b>	<b>Status</b>
Experience Strength & Hope	Alt. GSR – Robin M.	Present
Eyes To the Sky	GSR – Andre A.	Present
Finding a New Way to Live	GSR – James F.	Present
Fire, Faith and Fellowship	GSR – Logan O.	Present
Last Connection	GSR – Chris M.	Present
Midday NA	GSR – Janna S.	Present
NA at Millcreek		Inactive
New Chance	GSR – Tony B.	Present
New Freedom	GSR – Nelson A.	Present
N.O.A.N.D.A.	GSR – David T.	Present
Out of the Cage	GSR – Willie W.	Absent
Recovery and Beyond	GSR – Danny C.	Absent
Regardless Of	GSR – Heather R.	Present
Renegade	GSR – Kevin I.	Absent
Save Uranus	GSR – Christine M.	Present
Solution Seekers	GSR – Ashley W.	Present
Welcome Home in Recovery	GSR – Wendy D.	Absent
Women Warriors Wednesday	GSR – Mary H.	Present

Quorum met for the second roll call with 13 home groups in attendance.

Norman C. read the announcements.

● **ANNOUNCEMENTS**

- |  |  |                            |                     |
|--|--|----------------------------|---------------------|
| 1. Jason L.  | 21 years   | Experience Strength & Hope | December 7          |
| 2. Steve H.  | 3 years  | NOANDA                     | December 1          |
| 3. GSR Workshop Ad Hoc                                 | Wreck It Room, 809 N. Loudoun                        |                            | November at 7       |
| 4. Policy Ad Hoc                                       | TRC, 320 Westside Station Drive                      |                            | December 1 at 4     |
| 5. Special Events                                      | Edgehill meeting room                                |                            | December 15 at 3:15 |
| 6. Public Relations                                    | Bowman Library, 871 Tasker Road, St. City            |                            | November 25 at 4    |
| 7. Outreach  | Ruritan Comm. Center Capon Bridge, WV                |                            | December 17 at 6    |
| 8. H&I   | Adams/Nelson 301 S. Loudoun, Winchester              |                            | November 4 at 7     |
| 9. Spaghetti Dinner & Speaker Meeting hosted by NOANDA |  |                            | December 8 at 5     |
| 10. Women Warriors Wednesdays                          | Winchester Bible Church, 302 N. Braddock, October 23 |                            |                     |

- **OLD BUSINESS: NONE**

- **AREA OPEN POSITIONS: ELECTIONS & NOMINATIONS**

1. Christine M. accepted a nomination to be RCM Alt.
  - A. Qualifications: I am an active member of NA. I currently have 1 year 1 month and 8 days of clean time. I have a home group, am currently GSR of Save Uranus home group. I have a sponsor am actively working steps and I am very willing to serve and learn. Thank you for your Considering in this matter.
  - B. Questions:
    - i. Have you ever attended a Regional Service Committee meeting? No
    - ii. Are you familiar with the 12 Steps, Traditions and Concepts? Working Steps and have some working knowledge of the Traditions and Concepts.

**BACK TO HOME GROUPS FOR A GROUP CONSCIENCE VOTE**

2. No nominations received for the following positions, which remain open:
  - A. Parliamentarian
  - B. Newsletter Chair
  - C. VRRRC Alternate Director
  - D. Literature Chair

- **NEW BUSINESS: REGIONAL MOTIONS**

1. **Motion 229-2:** Greg H. moved and Dana R. seconded a motion to approve the attached budget for the Region for 2025.

**BACK TO HOME GROUPS FOR GROUP CONSCIENCE VOTE**

- **NEW BUSINESS: AREA MOTIONS**

1. **Motion 11-01-24:** Policy Ad Hoc Subcommittee moved and David T. seconded a motion to amend Section 4.1.2 of the Guidelines as follows:

**FROM:**

4.1.2 Special (non-scheduled) meetings

May be called by the Chair of the ASC. A special non-scheduled meeting shall be called upon the written request of no fewer than two (2) active voting members of the ASC. The purpose of the meeting shall be stated in the written request. No business other

than that which is stated in the written request shall be conducted a minimum of seven (7) days' notice shall be given to all active voting members of the ASC.

**TO:**

4.1.2 Special (non-scheduled) meetings

A special non-scheduled meeting shall be called by the Chair upon the written request submitted to the Chair at any time of no fewer than two (2) active voting members of the ASC. The purpose of the meeting shall be stated in the written request. No business other than that which is stated in the written request shall be conducted. A minimum of seven (7) days' notice shall be given to all active voting members of the ASC.

- A. **INTENT:** To provide clarity as to who can request for a non-scheduled meeting. How it read in the guidelines presently could be interpreted that the Chair alone would be able to schedule a meeting. The Chair is responsible for conducting the meetings with impartiality and fairness. The second concept for NA service states, "the final responsibility and authority for NA services rests with the NA groups." Although non-scheduled meetings rarely happen, a non-scheduled meeting should be requested by the active voting members for urgent matters that cannot wait until the next scheduled ASC meeting as the Chair is impartial.
- B. **QUESTIONS:**
  - 1. What is the purpose of the Motion? To make clear that the Chair cannot call a special meeting on his/her own.
  - 2. What constitutes an emergency? We do not attempt to define an emergency in this motion.
- C. **PROS:** From Ashley W.: Clarifies how an emergency meeting can come about.
- D. **CONS:** None

**BACK TO HOME GROUPS FOR A GROUP CONSCIENCE VOTE**

2. **Motion 11-02-24:** Robin M. moved and Ashley W. seconded a motion to:

Retroactively remove all personal contact information from the SHEVANA website, ie. Full last name, phone number, email address unless explicit consent is given (example would be event flyers). Personal information is currently found on the SHEVANA website under all ASC meeting minutes from October 2023 and H&I meeting minutes dated January 2024 and older.

- A. **INTENT:** To follow our Twelve tradition, "Anonymity is the spiritual foundation of all our traditions".
- B. **QUESTIONS:**
  - 1. Applies to contact information posted on SheVANA website? Yes
  - 2. How long are minutes available on the website? No policy covers that.
  - 3. Should motion cover all? It does



4. Who would be responsible to execute the motion? Public Relations
5. What is different that creates this concern? The ease of finding information

**C. PROS**

1. Norman C.: In the age of Google this motion is needed to protect the anonymity of our members.
2. Luke T: To be consistent with our previous actions which now prevent contact information being posted on our website.

**D. CONS: NONE**

E. Motion of Mary H., seconded by Tony B. to end debate and vote passed unanimously.

F. **VOTE ON MOTION:** Abstentions: 1 Yes: 11 No: 0 **MOTION PASSES**

3. **Motion 11-03-24:** Robin M moved and Christine M. seconded a motion to have our RCM bring the following motion at the next RSC:

Amending Central Atlantic Region Policy, Section VIII 'Additional Guidelines' by adding the following:

12. All in person Regional meetings (RSC, GSR assemblies, adhoc or other meetings) will offer a virtual option via zoom or other readily accessible web meeting platform. This motion is to exclude the GSR assembly scheduled in April 2025 as to not be in direct conflict with prior approved motion.

**A. QUESTIONS:**

1. Would this create a virtual requirement? Yes
2. Who would do this? Not covered by the motion
3. Would this prevent future non virtual events? Yes
4. Has the Region done hybrid events before? Yes
5. Would this require the Region to purchase new equipment? No, they already have the needed equipment

**B. PROS:**

1. Norman C.: This would allow more people to participate at the RSC and thus better served by the Region.
2. Luke T.: The argument that making the RSC more accessible would reduce participation is illogical.

**C. CONS:**

1. Heather R.: Currently the RSC is only virtual and participation has been low. So, how would this help?
2. David T.: Too costly

**D. By request of a GSR this motion will be sent back to home groups.**

**BACK TO HOMEGROUPS FOR A GROUP CONSCIENCE VOTE**

- **LITERATURE REPORT: Augusta W.** – Present and read report that was not received by the secretary.

● **TREASURERS REPORT** – Present and read the following report:

Hi y'all!

**Beginning balance: \$959.94**

**Debits:**

Statement fee: \$2.00

Extra Space Storage: \$131.00

Extra Space storage: (august) \$131.00

**Checks:**

1946 - Adam's Nelson - H&I rent - \$25.00

1947 - Canvas Community - rent - \$50.00

1948 - Shevana Literature - new group- \$13.25

**Total debits: \$607.69**

**Total donations: \$295.22**

**Ending balance: \$647.47**

Love yall!

Liz

**NEXT ASC MEETING:** Next Area Service Meeting will be held on Monday, December 9 at 6:30 pm. at Canvas Community Church, 2333 Roosevelt Blvd. Winchester VA 22601

**MOTION TO CLOSE** – Motion to close moved and approved by consensus.

Meeting Adjourned at 8:40

