



SheVANA ASC Minutes

Monday, May 8, 2023

Meeting opened by Michelle M. @ 6:30 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Willie W.

The 12 Concepts for NA Service were read by Chris M.

The SheVANA Purpose was read by Norman C.

First ROLL CALL		
Group Name	Representative / Title	Status
Experience Strength & Hope	GSR – Robin M.	Present
Eyes To the Sky	GSR – Tori S.	Present
Finding a New Way to Live	GSR – Katie H.	Present
Fire, Faith and Fellowship	GSR – Heather R.	Present
Last Connection	GSR – Chris M.	Present
Midday NA	GSR – Danielle A.	Present
NA at Millcreek		Inactive
New Chance	GSR Alt. – Tony B.	Present
New Freedom	GSR – Drew P.	Present
N.O.A.N.D.A.	GSR Alt. – Liz C.	Present
Out of the Cage	GSR – Willie W.	Present
Recovery and Beyond	GSR – Danny C.	Present
Renegade	GSR – Michelle A.	Present
Regardless Of	GSR – Brandon R.	Present
Save Uranus		Inactive
Sisters in Spirit	GSR – Barbara S.	Present
Solution Seekers	GSR – Paul G.	Present
The War Is Over	GSR – Jared S.	Present
Vision of Hope	GSR – Nora F.	Present
Welcome Home in Recovery	GSR – Wendy D.	Present

Quorum Met ☺

EXECUTIVE REPORTS –

- **Chair: Michelle M.** – Present – report read

Hello Family,

Not much to report at this time. Thank you all for holding it down last month in my absence, special thanks to Stephen and Robin.

This will be my official first meeting as chair please be patient and offer some grace as I am learning my role in this position. I have made a plan with the previous chair to have him removed from the area bank account. I have not checked the PO Box I sent someone to get them :) my apologies I simply forgot that needed to be done. I would like to discuss in open forum the possibility of being able to access the bank information online.

VRCC Report

The VRCC will be holding a one day retreat and business meeting on Saturday May 20 from 9-5 in Charlottesville, Va. We have established an adhoc subcommittee meeting to discuss various topics. One

that requires fellowship input is the possibility of centralizing the AVCNA. I would like to talk about this during open forum.

ILS,
Michelle

- **Vice Chair: OPEN**
- **Secretary: Meredith S.** – Present – report read
Hello Family,
Thank you for your understanding regarding last month’s minutes. I typed the minutes in “real time” and it did not save on my laptop. Please continue to send reports to my email address which is meredith@trc-va.com.
In Loving Service,
Meredith S.
- **Motion – Motion made to approve last month’s ASC minutes.** Heather informed the body that the Special Events report from last month’s minutes was an old report. The Secretary will amend the Minutes are resend via email.
- Motion made to approve the Minutes as Amended by Norman C. Seconded by Chris M.
- MOTION PASSES

- **RCM: Sarah M.** – Present – report read
I attended the RSC in April. The only motion coming back is the same motion from last time that failed due to abstentions. I did bring forward our suggestion to revise the motion to show exactly what would change in policy but that feedback was not implemented. Also, they started an ad box committee because there is a serious need for participation and trusted servants at the regional level.
Sarah M.

- SEE ATTACHMENT – APRIL 2023 CAR MINUTES

- **RCM Alt: Robin M** – Present – report read
RCM ALT REPORT FOR RSC on 4/16/23:
Greetings!
On 4/16 I attended the RSC and the most notable and urgent part of business is the need for trusted servant positions to be filled at the region level. Presently the vacant positions are as follows:

Vice-Chair
Vice-Treasurer
H&I chair
Policy chair
Speaker Jam chair

The chair has also expressed that her term will be up soon (June?) and she will not be interested in continuing.

There was an ad hoc committee formed to recruit, draft, suggest and or direct, future trusted servants who qualify to serve both upcoming and unexpired terms and help get the message out.

If any members have interest in service for the region or interested in finding out what takes place, the next RSC will be held on June 17-18th at 10am on Zoom. The link can be found at: CAR-NA.ORG

I would be happy to assist in any way I can.

Robin M.

- **VRCC: OPEN** – see Chair’s Report above

- **VRCC Alt: OPEN**

- **H & I Chair: Chris M.** – Present – report read

Hello family

We met on May 1st with 19 members in attendance. Minutes were approved with amendments. I appointed a adhoc chair Stephen P. To head up the HNI/PR learning day they are holding the first meeting on Monday June 19th @6:00pm at THROX market upstairs. Also I need a check for \$25.00 for adams nelson also I need a check for Luke T for \$37.26 to reimburse him for making copies at staples from our budget.

Next HNI meeting will be June 5th at 7:00pm following the handbook study at 6:00pm.

Thank you in loving service

Chris M.

PS we did receive the reaching out from world service..

- **Literature Chair: Katie H.** – Present – report read

All order requests fulfilled in time this month. I am still having issues with orders being placed at the last minute, if everyone could please let their home groups know to please have orders placed by the Saturday before Area I would greatly appreciate it.

I did my starting balance last month going off previous literatures ending balance. That balance was not correct nor have I been able to figure it out. On 3/31/23 ending balance was \$224.92. I did not have access to that statement at that time. I have all receipts for every order placed since becoming literature chair, all invoices for all orders placed, as well as deposits I’ve made since taking over.

Ending balance as of today - \$270.41

Expenses - \$358.97

Bank Fee - \$2.00

Income - \$439.30

Deposit - \$406.30

SEE LITERATURE ATTACHMENTS TO THE MINUTES (2 attachments – bank statement is included below.

5-7-23

Invoice No: 100255
Date: 04/24/23



2 East Main Street
Berryville, VA 22611

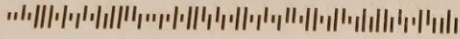
Statement Ending 03/31/2023

Page 1 of 4

ADDRESS SERVICE REQUESTED

>000895 3527774 0001 92332 10Z

01813044
REP 1065
SHENANDOAH VALLEY AREA OF NA
SHEVANA LITERATURE
PO BOX 2436
WINCHESTER VA 22604-1636



Managing Your Accounts

- Phone (540) 955-2510
- Toll-Free 1-800-650-8723
- 24-HOUR Banking 1-888-378-1881
- Online Access bankofclarke.bank
- Mailing Address P.O. Box 391
Berryville VA 22611

Summary of Accounts

Account Type	Account Number	Ending Balance
Eagle Non-Profit Checking	XXX3465	\$224.92

Eagle Non-Profit Checking-XXX3465

Account Summary

Date	Description	Amount
03/01/2023	Beginning Balance	\$764.67
	2 Credit(s) This Period	\$225.09
	4 Debit(s) This Period	\$764.84
03/31/2023	Ending Balance	\$224.92

Interest Summary

Description	Amount
Annual Percentage Yield Earned	0.59%
Interest Days	31
Interest Earned	\$0.00
Interest Paid This Period	\$0.24
Interest Paid Year-to-Date	\$0.52
Minimum Balance	\$226.68

Deposits

Date	Description	Amount
03/27/2023	Deposit	\$224.85
03/31/2023	Accr Earning Pymt Added to Account	\$0.24

Other Debits

Date	Description	Amount
03/31/2023	Service Charge Paper Statement Fee	\$2.00

Checks Cleared

Check Nbr	Date	Amount	Check Nbr	Date	Amount	Check Nbr	Date	Amount
1008	03/06/2023	\$183.74	1061*	03/20/2023	\$339.70	1062	03/27/2023	\$239.40

* Indicates skipped check number

Daily Balances

Date	Amount	Date	Amount
03/01/2023	\$764.67	03/20/2023	\$241.23
03/06/2023	\$580.93	03/27/2023	\$226.68
		03/31/2023	\$224.92



- **Outreach: Ian** – Absent – Meredith read the report

Hello ASC. This month we HAD attendance at the Outreach subcommittee meeting on 5/4. Was great to see some folks interested in service and learning about Outreach. There's a plan in place to visit the "NA @ Millcreek" group in Mt. Jackson on Saturday 5/13. Anyone interested in joining the group of addicts attending or interested in being added to the Outreach subcommittee phone list can contact me directly. 7034398555

This month we also visited "The War is Over" group in Berryville on 4/27. The meeting was great. Meeting place is welcoming and private. Very small group with only 1 HG member but was very receptive to Outreach. We talked with them about what Outreach and the area can do for the group and when asked how we can help, this member was unable to clearly voice their needs. I strongly encourage members to venture out and show support. Was a very good atmosphere of recovery. The immediate need of this group is to change the "inactive" tag on the areas website.

Please continue to spread the word about Outreach Subcommittee meetings being held the first Thursday of every month, 6PM, at the Strasburg Christian Church. Thanks

Ian B

- **Newsletter: OPEN**

- **Parliamentarian: OPEN**

- **Public Relations: Wendy D.** – Present – read report

Hello everyone! PR had our Phone Line Basics study on April 23, followed by Public Relations subcommittee meeting at 3. We had a great meeting. We handed out the pull tabs to be distributed. We have also been working on a phone line volunteer schedule. We have been distributing meeting lists to various facilities as well. Website & Calender have been updated as I get information. I also attended H&I and we have scheduled the first AdHoc meeting for the Learning Day, which will be held June 19th at Throx Market in Winchester.

I have meeting lists on order, am waiting for the invoice to request a check.

Next PR meeting is May 28th, with Phone Line @ 2pm, and Subcommittee at 3, at Daily Grind in Front Royal VA.

Please continue to send flyers or announcements to me or Luke.

ILS, Wendy D.

Wendy Horton Darr

540-303-1675

wj_horton@yahoo.com

- **Special Events: Bailey** – Present – read report

May 8th, 2023

Shevana Special Events ASC March Report

Hi everyone!

This past month we have met twice and have been planning our summer events. We have \$621.02 in our account currently. A \$25 check is still processing which was written to Peyton C for printing flyers and a \$20 check was written out to Edgehill for our meeting space. Which will leave our account at 576.02.

The hiking event that was scheduled in April was canceled due to the weather. We will look into another day maybe in the fall. The next event is the fishing tournament on June 4th. We are also working on a spaghetti dinner/speaker jam on July 29th. More details to come soon!

I have flyers for everyone to take back to their home groups for the fishing tournament. Our next meeting is 5.20 @ 1:15 pm in the meeting room at Edgehill.

-In loving service, Shevana Area Special Events Chair Bailey R.

BANK STATEMENT IS INCLUDED BELOW.

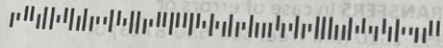
Bank of Clarke

2 East Main Street
Berryville, VA 22611

ADDRESS SERVICE REQUESTED

>001421 3871180 0001 92332 10Z

0044461
MSP 1001
SHENANDOAH VALLEY AREA OF NA
SHEVANA SPECIAL EVENTS
PO BOX 2436
WINCHESTER VA 22604-1636



Statement Ending 04/30/2023

Page 1 of 2

Managing Your Accounts

- Phone (540) 955-2510
- Toll-Free 1-800-650-8723
- 24-HOUR Banking 1-888-378-1881
- Online Access bankofclarke.bank
- Mailing Address P.O. Box 391
Berryville VA 22611



Summary of Accounts

Account Type	Account Number	Ending Balance
Eagle Non-Profit Checking	XXX5189	\$621.02

Eagle Non-Profit Checking-XXX5189

Account Summary

Date	Description	Amount	Interest Summary Description	Amount
04/01/2023	Beginning Balance	\$622.71	Annual Percentage Yield Earned	0.61%
	1 Credit(s) This Period	\$0.31	Interest Days	30
	1 Debit(s) This Period	\$2.00	Interest Earned	\$0.00
04/30/2023	Ending Balance	\$621.02	Interest Paid This Period	\$0.31
			Interest Paid Year-to-Date	\$1.27
			Minimum Balance	\$622.71

Deposits

Date	Description	Amount
04/30/2023	Accr Earning Pymt Added to Account	\$0.31

Other Debits

Date	Description	Amount
04/30/2023	Service Charge Paper Statement Fee	\$2.00

Daily Balances

Date	Amount	Date	Amount
04/01/2023	\$622.71	04/30/2023	\$621.02

Overdraft and Returned Item Fees

	Total for this period	Total year-to-date
Total Overdraft Fees	\$0.00	\$0.00
Total Returned Item Fees	\$0.00	\$0.00



QUESTIONS ON REPORTS:

- Questions were raised in regard to questions after reports and if questions should be asked after each individual report. Guidelines were read and it was determined that it is at the Chair's discretion. This will be addressed in Open Forum.
- The BHU is in need of Literature. Danny M. should have some literature at the present time.
- A question was asked about the inactive status of The War is Over and Meredith reread the Outreach Chair's report.
- A question was asked if it is too soon to get World Conference results? RCM said that was NOT discussed at the RSC. Randy advised that it is too soon to get results as of tonight.
- Meeting lists are on the way! They are done and we are waiting on the invoice. PR will reach out to Treasurer regarding the payment.
- A member of the body said that she did not see a bank statements from the Area or the Literature Sub Committee from last month's minutes. Concerns were raised that motions are not being updated in the guidelines as a result of not having a Parliamentarian.
- PR Chair will update celebrations on SheVANA's website – not Facebook. Anyone can post celebrations on the Facebook page.
- Questions were asked about receipts that were attached to last month's minutes. The attachments were for Literature, Special Events and the Area bank statements. No Special Events and Literature bank statements were attached. They will be attached in the next month's minutes because the Chair has copies of the bank statements. Audit may need to be done for Literature, Special Events, and the Area this month. Year-end reports are due by the end of this month, and this will be discussed in New Business.

OPEN FORUM:

1. PR Chair will receive the invoice next week for the updated Meeting Lists. Wendy asked if she should bring the invoice next month or should she reach out to the Treasurer. The cost will be approximately \$332. Guidelines state that this may be automatically paid for. PR Chair will forward the invoice once she receives it.
2. The Fifth Concept was read by Norman C.
3. Learning Day will be held on June 19th – 6 pm Throx Market Station (upstairs).
4. How long was the lease for the storage unit for? The price went up on the last invoice. \$120 per month was charged. Michelle will touch base with Bailey R. and Stephen P. and will bring information back to the body next month.
5. Bank statements are available online. Michelle is able to contact the bank to be able to view this information. Michelle has access to go into the accounts because she is the Chair. Each subcommittee that has a bank account is only able to view their committee's account.
6. Questions are held until the end of ALL reports.
7. The Secretary will try to get out the minutes within 10-days. She apologizes for not getting the minutes out in a timely fashion. Meredith also expressed gratitude for entertaining questions on reports at the end of reports. A motion may be submitted if we as a body would like to change this.
8. Randy – YOU ARE APPRECIATED for your six (6) years of service! Thank you for your service.
9. AVCNA information was included in last month's minutes regarding the three-month rotation for the Convention. Sisters In Spirit discussed this at their Group Conscience. The Chair of the Area explained the rotation. The RCM would be disappointed if our Area was no longer able to host every few years.
10. Raffle will occur at Special Events Fishing Event. Please contact Bailey if there is anything that you would like to donate.

*****BREAK @ 7:35 pm *****

● **ANNOUNCEMENTS**

- **6/4** Special Events SheVANA Fishing Tournament – 224 Lake View Circle, Stephens City at the Rock Pavilion, Sherando Park from 11 am – 4 pm

IMPORTANT ANNOUNCEMENT – Regardless Of is now a 45-minute meeting – meets on Wednesday evenings from 6:15-7 pm

● **OLD BUSINESS – none discussed**

● **AREA OPEN POSITIONS & NOMINATIONS & ELECTIONS**

- Vice Chair – NO NOMINATIONS/TAKE BACK TO HOME GROUPS
- Newsletter – NO NOMINATIONS/TAKE BACK TO HOME GROUPS
- Parliamentarian – NO NOMINATIONS/TAKE BACK TO HOME GROUPS
- **VRCC– STEPHEN P. NOMINATED – see new business below!**
- VRCC Alternate – NO NOMINATIONS/TAKE BACK TO HOME GROUPS

● **NEW BUSINESS**

The VRCC Business Meeting is **Saturday May 20th – Open Forum starts at 1 pm**. New Business will be discussed from 2-5 pm. Included below is a summary of the discussion from our ASC meeting.

- Randy believed that using the term of “centralization” for the AVCNA is incorrect.
- It was brought up that the three-city rotation would be a disservice for the other areas.
- Michelle is willing to report our group conscience to the VRCC.
- Stephen likes the idea of the three-city rotation and posed a question that if there are no bids then perhaps the three-city rotation could be used.
- Barbara S. asked if financial mistakes from the past could be explored and asked if there could be another solution outside of the three-city standardization.
- Norman C. said it would be shame to eliminate the opportunity from the experience that others had in putting on the AVCNA.
- We do not have a currently a VRCC Director or Alternate and we are missing out to provide input regarding the AVCNA. Meredith shared that service work at the AVCNA was her “favorite” position. Also, our area typically has to find a hotel outside of Winchester because there is a not a hotel in the area that is large enough to accommodate the number of attendees.
- Drew P. asked if the AVCNA rotation is designed to reach the max amount of people and that feels like a good thing.
- Paul G. asked about areas hosting in the three-city rotation.
- Linda A. read the Motion again which was also in last month’s minutes.
- The VRCC is struggling with people showing up as well as the Regional. Our Area is also able to send a representative to the VRCC meeting to report our area’s conscience. Meredith nominated Stephen P. as pro temp – VRCC Chair. Norman C. explained the Guidelines that this motion would need to be voted on by home groups. We have done this before for Roberts Rule of Order and emergency votes were voted via email and texts. It is not an option to send out a vote because it must be voted on the floor tonight. Stephen P. has a sponsor and does not have a home group and will

have one within the next 24-hours. Stephen politely said “no” and then said, “I am willing to do it.” Emergency vote is able to be included in the minutes and this would be the Secretary’s responsibility.

- Meredith explained that we have spent a lot of time on this tonight, and this may be our learning opportunity to have a trusted servant in the position. By the end of the meeting, we had lost quorum nor decided how we would vote (there was only discussion that occurred). Stephen does plan on attending the VRCC Meeting.
- Nora then nominated Stephen P. for VRCC Director. Heather R. seconded the Motion. Michelle M. read the qualifications. Stephen accepted the nomination and stated his qualifications which are included below.

NOMINATION FOR VRCC – STEPHEN P. – TAKE BACK TO HOME GROUPS

Nominate by: Nora F.

Seconded by: Heather R.

Qualifications - 11 years clean.

I have a Home group, sponsor and working steps.

Served the VRCC and AVCNA and gladly do it again.

Sincerely yours,

Stephen Price

- Barbara S. apologized to Heather R.
 - Also, the ADHOC will need to be appointed at next month’s ASC.
- **BUDGET REQUESTS** – standing budget requests and a check for updated Meeting Sheets will be cut once PR Chair receives the invoice.
 - **TREASURERS REPORT** – Liz – present and read report
Hi everyone!



My report is as follows

Beginning balance: \$1000.00

Checks written:

1833 - Canvas Community church - area rent \$50.00

1834 - Adam's Nelson - \$25.00 - H&I

1835 - Luke Tippett - \$37.26 - copies for H&I

Debits:

Bank service charge - \$2.00

Extra storage space - \$120.00

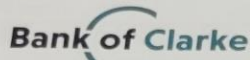
Total debits: \$234.26

Total donations: \$337.00

Ending Balance: \$1102.74

In Loving Service,
Liz

***BANK STATEMENTS INCLUDED BELOW.**



2 East Main Street
Berryville, VA 22611

ADDRESS SERVICE REQUESTED

>000536 3650751 0001 92332 10Z

SHENANDOAH VALLEY AREA OF NA
PO BOX 2436
WINCHESTER VA 22604-1636



Statement Ending 04/11/2023

Page 1 of 4

Managing Your Accounts

- Phone (540) 955-2510
- Toll-Free 1-800-650-8723
- 24-HOUR Banking 1-888-378-1881
- Online Access bankofclarke.bank
- Mailing Address P.O. Box 391
Berryville VA 22611

Summary of Accounts

Account Type	Account Number	Ending Balance
Eagle Non-Profit Checking	XXX7086	\$969.84

Eagle Non-Profit Checking-XXX7086

Account Summary

Date	Description	Amount
03/13/2023	Beginning Balance	\$614.43
	3 Credit(s) This Period	\$617.41
	6 Debit(s) This Period	\$262.00
04/11/2023	Ending Balance	\$969.84

Interest Summary

Description	Amount
Annual Percentage Yield Earned	0.61%
Interest Days	30
Interest Earned	\$0.00
Interest Paid This Period	\$0.41
Interest Paid Year-to-Date	\$1.64
Minimum Balance	\$583.43

Deposits

Date	Description	Amount
03/13/2023	Deposit	\$189.00
03/27/2023	Deposit	\$428.00
04/11/2023	Accr Earning Pymt Added to Account	\$0.41

Electronic Debits

Date	Description	Amount
03/16/2023	ACH Payment 7475 Extra Space PAYMENT	\$120.00

Other Debits

Date	Description	Amount
04/11/2023	Service Charge Paper Statement Fee	\$2.00

Checks Cleared

Check Nbr	Date	Amount	Check Nbr	Date	Amount
1874	03/17/2023	\$25.00	1877*	03/21/2023	\$50.00
1875	03/27/2023	\$40.00	1878	03/17/2023	\$25.00

* Indicates skipped check number



Eagle Non-Profit Checking-XXX7086 (continued)

Daily Balances

<u>Date</u>	<u>Amount</u>	<u>Date</u>	<u>Amount</u>	<u>Date</u>	<u>Amount</u>
03/13/2023	\$803.43	03/17/2023	\$633.43	03/27/2023	\$971.43
03/16/2023	\$683.43	03/21/2023	\$583.43	04/11/2023	\$969.84

Overdraft and Returned Item Fees

	Total for this period	Total year-to-date
Total Overdraft Fees	\$0.00	\$0.00
Total Returned Item Fees	\$0.00	\$0.00

NEXT ASC MEETING: The next Area Service Meeting will be held on Monday, June 12th, 2023, at 6:30 pm. at Canvas Community Church 2333 Roosevelt Blvd. Winchester VA 22601. The Secretary will NOT be in attendance at this meeting.

MOTION TO CLOSE - Motion made by Meredith S. Seconded by Wendy D.

Meeting Adjourned.

