



## SheVANA ASC Minutes

Monday, March 13, 2023

Meeting opened by Stephen P. @ 6:30 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Norman C.

The 12 Concepts for NA Service were read by Bailey R.

The SheVANA Purpose was read by Stephen P.

First ROLL CALL		
Group Name	Representative / Title	Status
Experience Strength & Hope	GSR – Robin M.	Present
Eyes To the Sky	GSR – John A.	Present
Finding a New Way to Live	GSR – Chris Z.	Present
Fire, Faith and Fellowship	GSR – Heather R.	Present
Last Connection	GSR – Chris M.	Present
Midday NA	GSR – Danielle A.	Absent
New Chance	GSR – David T.	Present
New Freedom	GSR Alt. – Drew P.	Present
N.O.A.N.D.A.	GSR – Liz C.	Present
Out of the Cage	GSR – Willie W.	Present
Recovery and Beyond	GSR – Danny C.	Present
Renegade	GSR – Michelle A.	Present
Regardless Of	GSR – Brandon R.	Present
Save Uranus		Inactive
Sisters in Spirit	GSR – Barbara S.	Present
Solution Seekers	GSR – Paul G.	Present
The War Is Over		Inactive
Vision of Hope	GSR – Nora F.	Present
Welcome Home in Recovery		Absent

*Quorum Met ☺*

### EXECUTIVE REPORTS –

- **Chair: Stephen P.** – Present – report read

Dear ASC,

I am so excited for our new Chair to step in, it has been an amazing time, learning, growing, forgiving and loving. Thank you for stepping up and showing up for your Home Group, your Recovery and for N.A. We are the program. No long report needed here but I just wanted I really appreciate you all and extend my love to each of you. I have everything set up and handed over to the New Chair as far as my duties went. We will arrange a day and time to get the Banks updated and Special Events, Lit... make sure you guys complete your duties and submit the Year end Reports to the Area and be available for the Audits that will follow. Simple easy process. Please give the New Chair some Grace and love as she steps into her duties at this time.

Thanks again for your Service and time, and thank you for teaching me how it works.

Stephen P.

- **Vice Chair: Michelle M.** – Present – report read

Hi Family

Not much to report for this month. Thank you to the body and the groups for entrusting me with the Chair position. Please be patient , this is a new position for me and I'm sure there is a lot to learn.

Unfortunately, I will be on travel for my job for our next ASC. I have no other travel pending for quite some time. In the absence of a Vice Chair, it would fall to the RCM to chair the meeting. I will prepare the agenda for the April meeting.

ILS,

Michelle M.

- **Secretary: Meredith S.** – Present – report read

Hello Family,

Please continue to send reports to my email address which is [meredith@trc-va.com](mailto:meredith@trc-va.com). If you are not receiving the minutes, it may be because I am unable to read your email address. Please see me if you did not receive the ASC minutes from last month! Thank you!

In Loving Service,

Meredith S.

- **Motion – Motion made to approve last month’s ASC minutes.** Motion made by Chris M. Seconded by Nora F.

- MOTION PASSES – YES – 11 NO – 0 ABSTAIN – 2

- **RCM: Chris M.** – Present – report read

Hello family I attended the RSC on February 18

10 RCMs were present quorum was met and minutes were approved

Open positions are

Vice chair, vice treasurer, HNI chair, policy chair, and speaker jam chair. All positions will be open at next RSC.

Regional accounts bank balance is \$19,178 as of the Feb 18th the secretary did say there are some checks in the P.O. Box that she hasn't been able to deposit yet. She also said send donations via Zelle or her personal address.

The 501 (c)3 adhoc was not well attended

There is a new power point for the 501(c)3

For the cons in the minutes I will attach to my report I advise everyone to check them out the pro and cons.

The two motions 218-2 and 218-3 both passed

There were no nominations except RD which sherry v is an automatic nomination.

There is a motion

219-1 get debit cards

To amend policy to allow chair to get RD team debit cards for approved budget item request.

There was a lot of discussion about the 501(c)3 they sent it back to groups for 90 days to discuss and be ready to vote in the June RSC.

The NA world convention is in DC in 2024 Labor Day weekend

There will be no AVCNA in 2024 due to jo bids in time. The 41st will be in 2025

The 41st AVCNA lost 16,000 dollars so the vrcc is having a adhoc to discuss policy and procedures and possible centralization.

The April 2 day gsr assembly is April 15th with the RSC being on the 16th

Next subcommittee meeting is March 18th the will also be discussing the 501(c)3 as well as a car/cat group.

This is my last RCM report it's been a learning experience for sure I just want to thank everyone for there help over the last couple years thank you.

In service  
Chris M.

**PLEASE NOTE – THERE ARE THREE REGIONAL ATTACHMENTS TO THIS MONTH'S MINUTES**

- 2023 February Public Relations
- 2023 CARNA CARCAT Workshop
- 219<sup>th</sup> RSC Minutes

- **RCM Alt: OPEN**
- **VRCC: OPEN**
- **VRCC Alt: OPEN**
- **H & I Chair: Linda A. – Present – report read**

March 13, 2023

To begin with, WE met on our regularly scheduled date of March 6, 2023, with 17-addicts present and 4 of which were Newcomer's to the meeting. Welcome! and Keep Coming Back.

The Sub-committee has filled all positions with the exception of Panel Coordinator for RSW Jail. Positions filled are as follows:

- (a) Chair -- Chris M nominated; awaiting results later on this evening when Elections are rendered
- (b) Vice Chair -- Leigh S
- (c) Secretary -- Luke T

- (d) Literature Coordinator -- Danny M
- (e) NRADC Panel Coordinator -- Randy D
- (f) Juvenile Detention Panel Coordinator -- Peyton C
- (g) BHU Panel Coordinator -- Lizzie L

There will be (3) H&I member's meeting with Public Relations Sub-committee to discuss the probability of hosting an H& I and Public Relations Learning Day. The meeting will take place on 03/26/23 at 2 pm at The Daily Grind in Front Royal.

WE are asking for our standing budget of \$25.00 for rent to the Adams-Nelson Building.

During the year of 2022, WE utilized \$300.00 of our budget for facilities rent at Adams-Nelson and \$20.64 for photo copies of the H&I Guidelines.

Also, WE were able to return to the Juvenile Detention Center in October after Covid and NRADC in November. The BHU was able to carry a message during the entire year.

Finally, in closing, I am very Grateful and Humbled to the Area and Sub-committee for nominating and electing me to serve and be of service. It has been a learning experience and Maybe You Didn't Die Because of H&I.

In Loving Service to  
 H&I and NA,  
 Linda A., Addict/  
 Outgoing Chair/  
 H&I

- **Literature Chair: Vi N.** – Present – report read  
 LITERATURE SUBCOMMITTEE REPORT

Greetings ASC,

All order requests fulfilled in time this month. FSRSC accidentally sent too many 3 year medallions instead of the one year ones ordered. New order should arrive end of the week to replenish that.

Deposit totals aren't on this reporting because I forgot to take photos of the deposit slips, but I can add them in later since I'll have the full printed statement by the time I read this.

All else is good.

-V.

Financial Reporting:

Starting Balance – \$41.82

Income – \$488.25

Deposit Total=

Expenses – \$339.47 FSRSC Order

Ending Balance- \$530.07

Accounts Receivable – None

**SEE LITERATURE ATTACHMENT TO THE MINUTES.**

- **Outreach: Ian** – Present – report read

I acquired the Outreach Binder from the previous chairperson and have started to prioritize meetings in need of outreach visitation. I will start the Outreach Subcommittee meetings in April, to be held on the first Thursday of every month, at Strasburg Christian Church at 6pm. Thanks. Ian B.

- **Newsletter: OPEN**
- **Parliamentarian: OPEN**
- **Public Relations: Wendy D. – Present – read report**
- **Special Events: Bailey – Present – read report**  
March 13th, 2023  
Shevana Special Events ASC March Report

Hi everyone!

This past month we have met and have had several new faces attend. We have \$602.75 in our account currently. This past month we have paid rent for our meeting space at edgehill which was \$5 and \$20 towards printing flyers.

I have attached a spreadsheet including all events and costs since I have taken over as SE chair. I also have a copy with me if anyone would like to exact numbers for all events now. The account was \$700 when I became chair and we currently have a balance of \$602.75.

There will be a skating event set for March 25th. We are planning hiking event for the month of May, a fishing event in June, and more events are in the works for summer.

I have enjoyed being of service this past year and excited for all to come over this next year.

-In loving service, Shevana Area Special Events Chair Bailey R.

**SEE SPECIAL EVENTS ATTACHMENT TO THE MINUTES.**

#### **QUESTIONS ON REPORTS:**

- Questions were raised in regard to VRCC. How would a person or an area communicate views in regard to upcoming VRCC events? This would be communicated through the VRCC Director which our area does not have one at the present time.
- Donations are able to be made through Zelle for the region. Our area has been mailing checks to the region.

#### **OPEN FORUM:**

1. The Third Concept was read by Norman C.
2. Our Area is celebrating our 25<sup>th</sup> birthday today! Way to go SheVANA!
3. Norman C. apologized to the body for not fulfilling his role as Parliamentarian. He will not take a position until he is able to fulfill the commitment.
4. World Service Conference is coming up! There are motions to vote on. Home groups are able to have a group conscience to vote on these motions. Norman is happy to provide GSR's with more information regarding the motions. Randy D. is able to answer questions as he serves as our Regional Delegate.
5. CAR/CAT Workshop – March 18<sup>th</sup> at 2 pm – Meeting ID on Zoom – 82545381039. Chris M. encouraged everyone to attend.
6. A member of the body asked about updated meeting lists. PR Chair informed us that we will get updated meeting lists in a few months.
7. Randy D. thanked everyone for attending the ASC. Great attendance tonight!
8. Michelle welcomed new attendees and encouraged all to ask questions.
9. NA.ORG webpage and Instagram page is posting often! Randy D. encouraged everyone to check out these pages. Service Day is on 5/1.

\*\*\*\*\*BREAK @ 7:11 pm \*\*\*\*\*

Michelle M. called the meeting back to order and read the Serenity Prayer. New positions are in full effect!

Second ROLL CALL		
Group Name	Representative / Title	Status
Experience Strength & Hope	GSR – Robin M.	Present
Eyes To the Sky	GSR – John A.	Present
Finding a New Way to Live	GSR – Chris Z.	Present
Fire, Faith and Fellowship	GSR – Heather R.	Present
Last Connection	GSR – Chris M.	Present
Midday NA	GSR – Danielle A.	Absent
New Chance	GSR – David T.	Present
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Save Uranus		Inactive
Sisters in Spirit	GSR – Barbara S.	Present
Solution Seekers	GSR – Paul G.	Present
The War Is Over		Inactive
Vision of Hope	GSR – Nora F.	Present
Welcome Home in Recovery	GSR – Wendy D.	Present

Quorum was met for the second roll call.

Meredith S. read the announcements.

• **CELEBRATIONS OF RECOVERY**

- Meredith S.                      14 Years              Solution Seekers              Mar. 14 @ 6 pm
- Misty H.                            5 Years                Last Connection              Mar. 15 @ 7 pm
- Royce F.                            1 Year                  Out of the Cage                Mar. 16 @ 7 pm
- Nicole L.                           1 Year                  Fire Faith & Fellowship      Mar. 18 @ 9 pm
- Emmett                              5 Years                Noanda                         Mar. 19 @ 7 pm
- John A.                             24 Years              Eyes to the Sky                Mar. 21 @ 7 pm
- James F.                            4 Years                Finding a New Way to Live    April 16 @ 7 pm
- Norman C.                         10 Years              New Chance                    May 4 @ 7 pm

• **ANNOUNCEMENTS**

- **3/25**                      Special Events hosts Skating Day from 1- 4 pm
- **3/30**                      Out of the Cage – Eating Meeting Potluck – starts at 6 pm and will be followed by the regular scheduled meeting at 7 pm
- **4/2**                         CAR/CAT Workshop from 1-4 pm
- **4/14-4/16**              Ocean City NA Convention

- **OLD BUSINESS**
- **AREA OPEN POSITIONS & NOMINATIONS & ELECTIONS**

**ELECTIONS:**

The following nominees were voted into new positions. Congratulations!

- Katie H. – Literature Chair
- Chris M. – H&I Chair
- Robin M. – RCM Alternate

**NOMINATIONS/TAKE BACK TO HOME GROUPS:**

- Vice Chair – NO NOMINATIONS/TAKE BACK TO HOME GROUPS
- Newsletter – NO NOMINATIONS/TAKE BACK TO HOME GROUPS
- Parliamentarian – NO NOMINATIONS/TAKE BACK TO HOME GROUPS
- VRCC – NO NOMINATIONS/TAKE BACK TO HOME GROUPS
- VRCC Alternate – NO NOMINATIONS/TAKE BACK TO HOME GROUPS

- **NEW BUSINESS – REGIONAL MOTIONS**

**219-1 TAKE BACK TO GROUPS** – SEE ATTACHMENT TO THE MINUTES FOR DETAILED INFORMATION OUTLINING THE MOTION. IT IS IMPORTANT TO READ THE ATTACHMENTS ☺

Motion is also included below from the Regional Minutes.

**219-1 Debit Card Motion**

**Motion Maker: Roland C. Tidewater RCM Second: Greg H. Roanoke Valley**

**RCM Motion: To amend Policy to allow the Treasurer to order and distribute debit cards to the RD Team only and transfer approved budgeted item request.**

**Intent: To change Policy to allow Treasurer to order debit cards for the RD Team budgeted item request.. Needs to be voted on.**

**Pro: Would be extremely helpful for members who cannot truly afford it.**

**Pro: Would be like a prepaid card, where the only amount on the card can be used.**

**Con: Not spelling that out not a debit, but put a cap on it or what part of policy needs changed.**

- **NEW BUSINESS – AREA MOTIONS** – no new motions submitted
- **BUDGET REQUESTS** – standing budget requests only.
- **TREASURERS REPORT** – Liz – present and read report  
*Per Stephen P. – Please do not donate to the Venmo account. It is no longer active for our area.*

Hi family,  
Beginning balance: \$989.41

Checks written:  
1877 - \$50.00 - Canvas Community - rent

1878 - \$25.00 - Adam's Nelson h&I rent

Debited: \$71.00 - Extra Space payment

Donations:

\$171.00

Total deposits: \$314.00

Total debits: \$146.00

Ending balance: \$1157.41

\$100 venmo posted

\$400 region checks still have not posted

Bank statements are attached!

In loving service,



Liz

**\*SEE THREE ATTACHEMENTS TO THE MINUTES.**

- **NEXT ASC MEETING:** The next Area Service Meeting will be held on Monday, April 10<sup>th</sup>, 2023, at 6:30 pm. at Canvas Community Church 2333 Roosevelt Blvd. Winchester VA 22601.

**MOTION TO CLOSE - Motion made by Danny C. Seconded by Heather R.**

Meeting Adjourned.



**ASC MEMBER CONTACT INFORMATION**

Barbara S.	540-327-6134	<a href="mailto:Barbara.Sadhana@fema.dhs.gov">Barbara.Sadhana@fema.dhs.gov</a>	<i>GSR – Sisters In Spirit</i>
Danny Mc.	540-303-4936	<a href="mailto:Dannym246@gmail.com">Dannym246@gmail.com</a>	<i>RCM Alt.</i>
Linda A.	540-664-6077	<a href="mailto:cleanduetona@yahoo.com">cleanduetona@yahoo.com</a>	<i>H &amp; I Chair</i>
Michelle M.	540-532-9631	<a href="mailto:Ponylady90@hotmail.com">Ponylady90@hotmail.com</a>	<i>ASC Vice Chair</i>
Randy D.	540-322-3335	<a href="mailto:Der12296@comcast.net">Der12296@comcast.net</a>	<i>Alt GSR-Exp., Str., &amp; Hope</i>
Chris M.	304-279-2966	<a href="mailto:Chrismauck84@yahoo.com">Chrismauck84@yahoo.com</a>	<i>RCM</i>
David T	540-514-5077	<a href="mailto:drcustombuilds@gmail.com">drcustombuilds@gmail.com</a>	<i>New Chance</i>
Liz C	703-585-3301	<a href="mailto:elizabethchppll@yahoo.com">elizabethchppll@yahoo.com</a>	<i>GSR – Noanda / Treasurer</i>
Stephen P	540-539-2177	<a href="mailto:stephen.price02@comcast.net">stephen.price02@comcast.net</a>	



Paul G	540-550-7116	<a href="mailto:paulgallagherjr@aol.com">paulgallagherjr@aol.com</a>	<i>GSR – Solution Seekers</i>
Kevin I	202-944-0386	<a href="mailto:jazirock@gmail.com">jazirock@gmail.com</a>	<i>GSR Renegade Meeting</i>
Vijay H	540-409-1273	<a href="mailto:Nairvihang@gmail.com">Nairvihang@gmail.com</a>	<i>GSR Midday</i>
Noah M	540-664-1459	<a href="mailto:Noahmahoney1999@gmail.com">Noahmahoney1999@gmail.com</a>	<i>GSR Alt Renegade</i>
Lee B	540-532-5133	<a href="mailto:bowmanhomeremodeling@gmail.com">bowmanhomeremodeling@gmail.com</a>	<i>GSR – New Freedom</i>
Brandon R	757-819-8777	<a href="mailto:brandonrumbaugh@gmail.com">brandonrumbaugh@gmail.com</a>	<i>GSR Alt – Regardless of</i>
Wendy D	540-303-1675	<a href="mailto:Wj_horton@yahoo.com">Wj_horton@yahoo.com</a>	<i>GSR – Welcome Home in Recovery &amp; PR</i>
Leigh S	202-292-9191	<a href="mailto:leigh.stride108@gmail.com">leigh.stride108@gmail.com</a>	<i>GSR Experience, Strength, &amp; Hope</i>
Norman C	540-931-5042	<a href="mailto:Norman2500@aol.com">Norman2500@aol.com</a>	<i>Parliamentarian</i>
Meredith S	703-582-5639	<a href="mailto:meredith@therecoveryconnectionllc.com">meredith@therecoveryconnectionllc.com</a>	<i>ASC Secretary</i>
Bailey R	772-773-0713	<a href="mailto:lynnb9498@gmail.com">lynnb9498@gmail.com</a>	<i>Chair Special Events</i>
Willie W	540-368-1603	<a href="mailto:mrwadesr@hotmail.com">mrwadesr@hotmail.com</a>	<i>GSR – Out of the Cage</i>
Nora	540-630-0164	<a href="mailto:norafinny0176@gmail.com">norafinny0176@gmail.com</a>	<i>GSR - Finding A New Way to Live</i>
Heather R	540-575-0999	<a href="mailto:rollinsheather0@gmail.com">rollinsheather0@gmail.com</a>	<i>GSR- Eyes to the Sky</i>
Tony B	703-915-1601	<a href="mailto:tbrooks2972@gmail.com">tbrooks2972@gmail.com</a>	<i>GSR – New Chance</i>
Nick P	540-504-2469	<a href="mailto:pnickel88@yahoo.com">pnickel88@yahoo.com</a>	<i>GSR – The War Is Over</i>
Quinton K.	757-927-7130	<a href="mailto:qkeyhea18@gmail.com">qkeyhea18@gmail.com</a>	<i>Midday</i>
Robin M.	540-660-1809	<a href="mailto:graciousmountain@protonmail.com">graciousmountain@protonmail.com</a>	<i>GSR Experience, Strength &amp; Hope/RCM Alt.</i>
Katie H.	540-236-4349	<a href="mailto:katiecharlow91@gmail.com">katiecharlow91@gmail.com</a>	<i>Literature Chair</i>
Ian B.	703-438-8555	<a href="mailto:iangagnell@msn.com">iangagnell@msn.com</a>	<i>Outreach Chair</i>
Sarah M.	540-671-1487	<a href="mailto:london13751@gmail.com">london13751@gmail.com</a>	<i>RCM</i>
Chris Z.	202-760-1446	<a href="mailto:ccziobro@gmail.com">ccziobro@gmail.com</a>	<i>GSR</i>
Michelle A.	540-327-3335	<a href="mailto:alfansomichelle7@gmail.com">alfansomichelle7@gmail.com</a>	<i>GSR-Renegade</i>
Danielle A.	540-823-0232	<a href="mailto:bekindstayhumble1@gmail.com">bekindstayhumble1@gmail.com</a>	<i>GSR – Midday</i>
Tori S.	540-398-7193	<a href="mailto:victorialaine12@yahoo.com">victorialaine12@yahoo.com</a>	<i>GSR – Eyes to the Sky</i>
John A.	540-303-2797	<a href="mailto:jandsarrington@aol.com">jandsarrington@aol.com</a>	<i>GSR Alt – Eyes to the Sky</i>
Danny C.	304-359-3438	Need to verify email – unable to read	<i>GSR</i>