



SheVANA ASC Minutes

Monday, January 9, 2023

Meeting opened by Stephen P. @ 6:30 pm with a moment of silence followed by the Serenity Prayer.

The Twelve Traditions were read by Nora F.

The 12 Concepts for NA Service were read by Meredith S.

The SheVANA Purpose was read by Stephen P.

First ROLL CALL		
Group Name	Representative / Title	Status
Experience Strength & Hope	GSR – Robin M.	Present
Eyes To the Sky	GSR – Heather R.	Present
Finding a New Way to Live	GSR – Nora F.	Present
Fire, Faith and Fellowship		Inactive
Last Connection	GSR – Chris M.	Present
Midday NA	GSR – Quinton K.	Present
New Chance	GSR Alt. – Tony B.	Present
New Freedom	GSR – Lee B.	Present
N.O.A.N.D.A.	GSR – Liz C.	Present
Out of the Cage	GSR – Willie W.	Present
Recovery and Beyond		Absent
Renegade		Inactive
Regardless Of	GSR – Brandon R.	Present
Save Uranus		Inactive
Sisters in Spirit	GSR – Barbara S.	Present
Solution Seekers	GSR – Paul G.	Present
The War Is Over	GSR – Nick P.	Present
Welcome Home in Recovery		Absent

Quorum Met – three inactive home groups at the present time.

EXECUTIVE REPORTS –

- **Chair: Stephen P.** – Present – report read

Dear ASC,

All is well and my term is coming to an end. I am excited to see the spirit of rotation happen and new people coming in for Service Work. Thank you all for showing up and making things happen. We can not do it without you so do not ever think we do not need you, that's a lie. WE NEED YOU. Please bare with us tonight as we have nominations and this takes a bit if time, we do not want to rush Service. If you need to leave please do so and remember to respect each other. Also please respect the person who has the floor and take the side conversations outside and come back when you are done. It's important we give the addict who has the floor our attention. Let's get it!

In loving Service,

Stephen P. Addict, ASC Chair

- **Vice Chair: Michelle M.** – Present – report read

Hello Family

I made the deposit of \$245; it will not show on the bank statement as the deposit was just made last week. I have also mailed the donation to the regional treasurer. As noted in my December report I did not hold subcommittee meetings for newsletter or outreach. I am hoping for nominations for these positions. I will not be holding subcommittee meetings for these vacant committees. More will be revealed on that later this evening.

VRCC Report:

The AVCNA was held this past weekend. It was well attended with close to 1000 in attendance. We distributed 100 newcomer packets. The hotel was beautiful, the speakers were amazing, and it was wonderful to see so many addicts fellowshiping and having a good time.

The directors voted to not hold an AVCNA for 2024. We did not receive any bids and per our policy bids are due 18 months prior to the convention. Even if an area got a bid together it could not be approved until March leaving only 9 months to get a convention together. The directors deemed this to be not enough time to pull off a convention.

As a point of information, the VRCC is a not-for-profit board that serves as a fiduciary for the AVCNA. The board is not NA. When areas send trusted servants to serve on the board, we would like to remind areas to trust the trusted servant elected. Motions and business approved at the VRCC business meeting do not have to go back to areas for approval. If you have any questions regarding the VRCC policy or the way the body does business, please ask someone. Negative talk and gossip destroy trust, create animosity, and tear down the service structure.

ILS,

Michelle M.

- **Secretary: Meredith S.** – Present – report read

Hello Family,

I forgot my computer tonight, so I ask for your patience in advance as I am taking handwritten notes for tonight's meeting. Please continue to send reports and anything you would like included in the minutes to my new email address which is meredith@trc-va.com. My old email address will no longer forward to the new one. Thank you! Then end.

In Loving Service,

Meredith S.

- **Motion – Motion made to approve last month's ASC minutes.** Motion made by Heather R.

Seconded by Quinton K.

- MOTION PASSES – YES – 10 NO – 0 ABSTAIN – 2

- **RCM: Chris M.** – Present – report read

Hi Hello family,

I attended the December RSC.

Open positions are vice chair, vice treasurer, HNI chair, policy, and speaker jam chair.

12 rcms were present. Quorum was met and minutes were approved. CARNA is hosting the autonomy zonal forum on Jan 28th and 29th at the comfort inn in at aikens center in Martinsburg WV. The adhoc committee for the articles of incorporation is set for January 21st starting at 10am. I abstained from voting on the budget at the last RSC because I wasn't aware of the emails that were sent out. I wasn't the

only abstention so that's why I am bringing it up now. Each area is getting 5 basic texts for HNI from the east coast convention. There is also a gsr assembly 2-day on April 15th and 16th I am attaching the flyers to my report. Next RSC is Feb 18th on zoom at 10am.

Thank you

In service

Chris M.

SEE FOUR ATTACHMENTS TO THE MINUTES FROM THE RCM.

- **RCM Alt: Danny M.** – Present – No report
- **VRCC: OPEN** – See Vice Chair's Report
- **VRCC Alt: OPEN**
- **H & I Chair: Linda A.** – Absent – Randy D. read report
H&I would like to report the following:
#1) WE held our regularly scheduled meeting on January 2nd, 2023, with 12 Addicts present, 1 addict being a newcomer to the meeting.
#2) Rent has been paid for December and the receipt has been mailed to the Area's post office box. WE are requesting our standing budget of \$25.00 for rent for January and WE are requesting that the check be given to our Chair, Stephen P. who will give to me. Thank you.
#3) The Committee is in receipt of 5-Basic Texts from the East Coast Convention of NA thru the Central Atlantic Region.
#4) Elections (annual) were held and WE elected (a) Lizzie L., Secretary and (b) Peyton C., Juvenile Panel Coordinator. The following positions are OPEN at the Sub-committee: (a) Chair, (b) Vice Chair, (c) Literature Chair, (d) Panel Coordinator for the Behavioral Health Unit, and (e) Panel Coordinator for Northwestern Adult Detention Center.
The next meeting will be held on February 6, 2023 starting at 6 pm with the Handbook Study Group and at 7 pm will be the regular H&I meeting at 303 S. Loudoun Street (Adams-Nelson Building) in the back.
WE need your support.
In Service to H&I and NA,
Linda A., Addict/H&I Chair
- **Literature Chair: Vi N.** – Present – no report read – Secretary included email from Literature Chair below.
I made an error on last month's report. The ending balance was calculated incorrectly. It reads ENDING Balance = \$831.23, but it was actually \$59.21.
I know this is a large difference but happy to walk through the last two months of reports which contain all the receipts, invoices, etc., and explain the careless mistake I made last minute in December.
In a nutshell, I incorrectly added the two deposits into the ending balance. This doesn't make sense because I usually only add the INCOME part.
If you look at the attached, corrected report, and add in the two deposits to the correct ending balance, you'll see that it lines up with the incorrect ending balance figure from last month. Sorry if this

explanation does not make sense, but see me at ASC tonight and I will show you what I mean. This month's report will begin with the correct ending balance from the previous month, and a revised report has been sent out to everyone in this email as mentioned, I apologize for the error on my end.
Thanks,
Vi

Greetings ASC,

All order requests fulfilled in time this month. Stocks are adequate on all material. I have copies of order forms here with me. We have the Spiritual Principles a Day literature in stock.

-V.

Financial Reporting:

Starting Balance – \$418.92

Income – \$579.01

Deposit Total= \$281.22+ \$490.80

Expenses – 2\$ bank service charge – \$617.74 and -318.98 (FSRSC ORDERS)

Ending Balance- \$59.21

Accounts Receivable – Q SPECIAL EVENTS

***SEE ATTACHED LITERATURE REPORT WITH BANK STATEMENT AND COPIES OF RECEIPTS.**

- **Newsletter: OPEN**
- **Outreach: OPEN**
- **Parliamentarian: Norman C. – Absent – no report (3rd consecutive absence)**
- **Public Relations: Wendy D. – Present – read report**
Hello family. I updated website and calendar with all celebrations or announcements I received. Please continue to send me updates, flyers or celebrations and I will post them.
Next PR meeting is January 22 @ 3 pm @ Daily Grind in Front Royal.
ILS, Wendy D
Wendy Horton Darr
540-303-1675
- **Special Events: Bailey – Present – read report**
January 9th, 2023
Shevana Special Events ASC November Report
Hi everyone!
Nominations are tonight and I am hoping to serve 1 more year as SE chair. I have learned a lot this past year and hope to continue to learn.
This past month we have had 2 meetings and have had a few new faces attend.
We had a New Years Eve event on 12.31. \$115 was made from the 50/50 Raffle and we had \$101 in donations from the Event. Our cost for the event supplies and prizes were \$146.01. There have been 2 checks written in the past month; \$100 to Grace Downtown for a donation and \$146.01 to Bailey R. for

supplies reimbursement. We also paid \$25 in cash to Edgehill for rent. We will have \$627.75 in our account after all checks have cleared.

Our next event is still in the works and we will have updates after our next meeting on Sunday 1.22.23 @ 3:15 pm in the meeting room at Edgehill.

-In loving service, Shevana Area Special Events Chair Bailey R.

NO ADDITIONAL ATTACHMENTS RECEIVED.

QUESTIONS ON REPORTS:

- Barbara asked if we did or did not donate to the Region. The Vice Chair, Michelle M. informed the body that we did donate.
- The importance of writing legibly on the Attendance Sheet was brought up. Barbara S. encouraged attendees to connect with the Secretary if for some reason a person is not receiving the ASC minutes.
- Randy D. asked if there are specific questions regarding the region’s budget, if Chris M. is willing to answer questions. Chris is willing to answer questions and attendees are encouraged to review the attachments included with this month’s minutes.

OPEN FORUM:

1. The First Concept was read by Michelle M.
2. A new meeting will start very soon in Strasburg, VA! The meeting is called “A Vision of Hope” and it will be a Literature Meeting that will be held on Friday evenings from 7-8:15 pm. Meeting location is awaiting approval. More will be revealed very soon!
3. Hard copy flyers are available for the following events: Autonomy Zone Forum, Speaker Jam in Delaware and the National CAR/CAT Workshop.
4. The new meeting in Strasburg will be readdressed at the February ASC once the location is confirmed. The PR Chair will then add to the website once the meeting is official.
5. Randy has been on the phone line for quite some time. Peyton C. has volunteered to do this. Wendy will take Randy’s name off the volunteer list. Quinton K. also volunteered for this and there is a phone line guide. *(Names included for this portion because this is necessary regarding the phone line)*
6. The Chair welcomed new attendees to ASC! Open Forum ended early at 7:00 pm.

*****BREAK @ 7:10 pm *****

Stephen P. called the meeting back to order and read the Serenity Prayer.

Second ROLL CALL		
Group Name	Representative / Title	Status
Experience Strength & Hope	GSR – Robin M.	Present
Eyes To the Sky	GSR – Heather R.	Present
Finding a New Way to Live	GSR – Nora F.	Present
Fire, Faith and Fellowship		Inactive
Last Connection	GSR – Chris M.	Present
Midday NA	GSR – Quinton K.	Present
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N.O.A.N.D.A.	GSR – Liz C.	Present
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Sisters in Spirit	GSR – Barbara S.	Present
Solution Seekers	GSR – Paul G.	Present
The War Is Over	GSR – Nick P.	Present
Welcome Home in Recovery	GSR – Wendy D.	Present

Quorum was met for the second roll call.

Meredith S. read the announcements.

- **CELEBRATIONS OF RECOVERY**

○ John D.	2 Years	Eyes to the Sky	Jan. 17 @ 7 pm
○ Parker W.	9 Years	Exp, Strength & Hope	Jan. 21 @ 7 pm
○ Willie W.	28 Years	Out of the Cage	Jan. 23 @ 7 pm
○ Bruce C.	28 Years	Eyes to the Sky	Jan 24 @ 7 pm
○ Kat T.	33 Years	Exp, Strength & Hope	Feb. 11 @ 7 pm
○ Annette D. & Randy D.	27 Years Each	Exp, Strength & Hope	Feb 4 @ 7 pm
○ Linda A. & Patricia K.	31/36 Years	New Chance	Feb. 9 @ 7 pm
○ Luke T.	1 Year	New Chance	Feb. 16 @ 7 pm
○ Dave C.	31 Years	Out of the Cage	Feb. 23 @ 7 pm

- **ANNOUNCEMENTS**

- **1/20-1/22** Mid Atlantic Regional Conference in Lancaster, PA
- **1/20** New Meeting Starting – Vision of Hope 7-8:15 pm (awaiting for confirmation)
- **1/22** Special Events @ Edgehill Meeting Room – 3:15 pm
- **1/28-1/29** Autonomy Zonal Forum in Martinsburg, WV at Comfort Inn – flyer on carna.org
- **1/31** Eyes to the Sky is Celebrating 24 Years!
- **3/23** Eating Meeting at Out of the Cage – 6 pm
- **4/14-4/16** Ocean City NA Convention
- **9/15-9/17** RACNA Convention – 2371 Carl D. Silver Pkwy, Fredericksburg, VA
- **3/8-3/10 of 2024!** Speaker Jam in Wilmington, DE – Grace Church 116 W. 41st Street

- **OLD BUSINESS – PLEASE REVIEW MOTION 12-01-2022. THIS WAS TABLED UNTIL NEXT MONTH AND IS INCLUDED BELOW.**

Motion #12-01-2022

Date: 11/14/2022

Mover: Danny C.

Seconded: Willie W.

Motion: To withhold the regional contributions until the RSC passes a budget.

Intent: Responsible handing of SheVANA's money.

Pros and Cons were not indicated. The RSC has not disclosed a budget as of this evening. **PLEASE TAKE THIS MOTION BACK TO HOME GROUPS IF YOU DID NOT VOTE ON THIS MOTION PREVIOUSLY.**

- **REGIONAL OPEN POSITIONS & MOTIONS – Will need to vote next month – see attachment from RCM.**

Questions were raised by Barbara S. regarding the RD, RD Alt and RDA 2 positions essentially having the same functions. She asked if the region might be open to more tiered positions because of high travel expenses. Randy said that this is more of a mentorship program designed to help trusted servants learn. Michelle asked if the travel expenses typically exceed the 10K? Randy said typically travel is under budget. Barbara asked if the events are solely in person? Randy said that the events are hybrid.

- **AREA OPEN POSITIONS & NOMINATIONS & ELECTIONS**

- **ALL POSITIONS ARE OPEN! WE NEED YOUR HELP! IF YOU ARE INTERESTED IN GETTING INVOLVED WITH SERVICE, PLEASE COME TO THE NEXT ASC MEETING!**

Chair – Barbara S. nominated Michelle M. Michelle accepted the nomination. Randy D. and Stephen P. were nominated. Both declined the position. The Chair explained that he will not be accepting any area positions at the present time.

Michelle's Qualifications:

I have 10.5 years clean. I have a sponsor. I work steps. I have a working knowledge of the traditions and concepts. I have served every position in my home group, served as Area Outreach Chair, Area Secretary, Area Vice Chair, VRCC director, VRCC policy chair, VRCC Vice chair, and VRCC chair.

I am willing and able to serve.

TAKE BACK TO HOME GROUPS

Vice Chair – OPEN POSITION – TAKE BACK TO HOME GROUPS

Sarah M., Robin M., Nora F. and Vi N. were all nominated. All declined the nomination.

Outreach – Lee B. nominated Ian B. Ian accepted the nomination.

Bailey R. was nominated. She declined the nomination.

Ian's Qualification:

My qualifications are I'm clean, I've served at the area level in the past, I've accompanied previous chair person to outreach service commitments and I'm willing and able. Thanks
Ian B.

Note: Ian does have a sponsor and this was a question that was asked.

TAKE BACK TO HOME GROUPS

Secretary – Chris M. nominated Meredith S. Meredith accepted the nomination.

Heather R. was also nominated. She declined the nomination.

Meredith's Qualifications:

Over 13 years clean, has a new sponsor who has a sponsor, sponsors women in NA, has been involved with area service before and has served as the RCM, Vice Chair and most recently Secretary of the area. She believes in service work and is willing and able to serve.

TAKE BACK TO HOME GROUPS

RCM – Sarah M. nominated herself and accepted the nomination.

Willie W., Lee B. and Robin M. were all nominated. Each declined the nomination.

Sarah's Qualifications:

19 years clean. Have a sponsor who has a sponsor. Work steps, working knowledge of steps and traditions. Have served in various roles including ASC Chair, vice chair, secretary, special events chair, AVCNA host committee chair, program chair, vice treasurer, pre-convention chair.

TAKE BACK TO HOME GROUPS

RCM Alternate – OPEN POSITION – TAKE BACK TO HOME GROUPS

Danny M. was nominated. He declined the nomination.

VRCC – OPEN POSITION – TAKE BACK TO HOME GROUPS

Barbara S. was nominated. She declined the nomination.

VRCC Alternate – OPEN POSITION – TAKE BACK TO HOME GROUPS

H & I – OPEN POSITION – TAKE BACK TO HOME GROUPS

Randy D. and Chris M. were nominated. They both declined the nomination.

Literature – OPEN POSITION – TAKE BACK TO HOME GROUPS

Vi N., Chris M., and Willie W. were nominated. All declined the nomination.

Newsletter – OPEN POSITION – TAKE BACK TO HOME GROUPS

Vi N. was nominated. He declined the nomination. Quinton K. is interested. More will be revealed!

Parliamentarian – OPEN POSITION – TAKE BACK TO HOME GROUPS.

Public Relations – Danny M. nominated Wendy D. Wendy accepted the nomination.

Wendy's Qualifications:

8 years clean - I have a Sponsor who has a sponsor and we work the steps/traditions. I have sponsees who I work steps with. I've held multiple homegroup positions, and area positions. I've been chair, secretary, and PR chair as well ad been on multiple area subcommittees. I am willing and able.
Wendy D.

TAKE BACK TO HOME GROUPS

Special Events – Danny M. nominated Bailey R. Bailey accepted the nomination.

Brandon R. and Stephen P. were nominated. Both declined the nomination.

Bailey's Qualifications:

I have a sponsor who has a sponsor
A home group
I work the steps
I have 3 years clean
I am active in my recovery and service work
I have experience with planning events
I am active as special events chair now
I am willing and able

TAKE BACK TO HOME GROUPS

Treasurer – Wendy D. nominated Liz C. Liz accepted the nomination. Paul G. and Stephen P. were nominated. Both declined the nomination.

Qualifications not received.

TAKE BACK TO HOME GROUPS

• **NEW BUSINESS**

Motion #01-01-2023

Mover: Barbara S.

Seconded: Brandon R.

Motion: To Change bullet five of 12.2 ASC VICE CHAIR

From: Serve as Acting Chair of any standing subcommittee or other Trusted Servant position vacated during the term when no alternative is available to do so.

To: ... no alternative is available to do so except for Newsletter; Outreach and Parliamentarian.

Intent: To lessen the burden on the Vice Chair to try to fill in for these chronically inactive subcommittees and thereby make the position of Vice Chair more reasonable and attractive.

Pros:

- For anyone seeking the Vice Chair position, it would be less daunting (Michelle M).

Cons

- It's a doable position with or without help and has been done in the past (Randy D).

Questions

- Q: Did we always have these positions? A: Perhaps not newsletter and there was a Policy Sub Committee rather than PR.

PLEASE TAKE THIS MOTION BACK TO HOME GROUPS.

- **BUDGET REQUESTS - none discussed.**
- **TREASURERS REPORT – Liz read report. No report received via email.**
- **NEXT ASC MEETING:** The next Area Service Meeting will be held on Monday, February 13, 2023, at 6:30 pm. at Canvas Community Church 2333 Roosevelt Blvd. Winchester VA 22601.

MOTION TO CLOSE - Motion made by Wendy D. Seconded by Paul G.

Meeting Adjourned.



ASC MEMBER CONTACT INFORMATION

Barbara S.	540-327-6134	Barbara.Sadhana@fema.dhs.gov	GSR – Sisters In Spirit
Danny Mc.	540-303-4936	Dannym246@gmail.com	RCM Alt.

Linda A.	540-664-6077	cleanduetona@yahoo.com	<i>H & I Chair</i>
Michelle M.	540-532-9631	Ponylady90@hotmail.com	<i>ASC Vice Chair</i>
Randy D.	540-322-3335	Der12296@comcast.net	<i>Alt GSR-Exp., Str., & Hope</i>
Chris M.	304-279-2966	Chrismauck84@yahoo.com	<i>RCM</i>
David T	540-514-5077	dtcustombuilds@gmail.com	<i>New Chance</i>
Liz C	703-585-3301	elizabethchppll@yahoo.com	<i>GSR – Noanda / Treasurer</i>
Stephen P	540-539-2177	stephen.price02@comcast.net	
Paul G	540-550-7116	paulgallagherjr@aol.com	<i>GSR – Solution Seekers</i>
Kevin I	202-944-0386	jazirock@gmail.com	<i>GSR Renegade Meeting</i>
Vijay H	540-409-1273	Nairvihang@gmail.com	<i>GSR Midday</i>
Noah M	540-664-1459	Noahmahoney1999@gmail.com	<i>GSR Alt Renegade</i>
Lee B	540-532-5133	bowmanhomeremodeling@gmail.com	<i>GSR – New Freedom</i>
Brandon R	757-819-8777	brandonrumbaugh@gmail.com	<i>GSR Alt – Regardless of</i>
Wendy D	540-303-1675	Wj_horton@yahoo.com	<i>GSR – Welcome Home in Recovery & PR</i>
Leigh S	202-292-9191	leigh.stride108@gmail.com	<i>GSR Experience, Strength, & Hope</i>
Norman C	540-931-5042	Norman2500@aol.com	<i>Parliamentarian</i>
Meredith S	703-582-5639	meredith@trc-va.com	<i>ASC Secretary</i>
Bailey R	772-773-0713	lynnb9498@gmail.com	<i>Chair Special Events</i>
Willie W	540-368-1603	mrwadesr@hotmail.com	<i>GSR – Out of the Cage</i>
Nora F.	540-630-0164	norafinny0176@gmail.com	<i>GSR - Finding A New Way to Live</i>
Heather R	540-575-0999	rollinsheather0@gmail.com	<i>GSR- Eyes to the Sky</i>
Tony B	703-915-1601	tbrooks2972@gmail.com	<i>GSR – New Chance</i>
Nick P	540-504-2469	pnickel88@yahoo.com	<i>GSR – The War Is Over</i>
Quinton K.	757-927-7130	qkayheal8@gmail.com	<i>Midday</i>
Robin M.	540-660-1809	graciousmountain@protonmail.com	<i>Experience, Strength & Hope</i>
Ian B.		ianbagnell@msn.com	
Sarah M.		london13751@gmail.com	